Assessing the Risk of Observing Multiple Generations of Middle East Respiratory Syndrome (MERS) Cases Given an Imported Case

Nishiura H. Miyamatsu  
University of Tokyo, nishiurah@gmail.com

Y. Miyamatsu

Gerardo Chowell  
Georgia State University, gchowell@gsu.edu

M Saitoh

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Rapid Communications

Assessing the risk of observing multiple generations of Middle East respiratory syndrome (MERS) cases given an imported case

H Nishiura (nishiurah@gmail.com), Y Miyamatsu, G Chowell, M Saitoh
1. Graduate School of Medicine, The University of Tokyo, Tokyo, Japan
2. CREST, Japan Science and Technology Agency, Saitama, Japan
3. School of Public Health, Georgia State University, Atlanta, Georgia, United States
4. Division of International Epidemiology and Population Studies, Fogarty International Center, National Institutes of Health, Bethesda, Maryland, United States
5. The Institute of Statistical Mathematics, Tachikawa, Japan

To guide risk assessment, expected numbers of cases and generations were estimated, assuming a case importation of Middle East respiratory syndrome (MERS). Our analysis of 36 importation events yielded the risk of observing secondary transmission events at 22.7% (95% confidence interval: 19.3–25.1). The risks of observing generations 2, 3 and 4 were estimated at 10.5%, 6.1% and 3.9%, respectively. Countries at risk should be ready for highly variable outcomes following an importation of MERS.

Middle East respiratory syndrome (MERS) has continued to spread globally [1]. A large cluster of MERS cases has been observed in the Republic of Korea since May 2015 [2]. Until 1 July 2015, so-called quaternary cases (i.e. generation 3 counting from the index case as generation 0) have been reported in South Korea [2]. Although the inter-human transmission potential of MERS is considered to be too low to cause large-scale epidemics [3–5], high variability and heterogeneity in the transmission potential have been underscored [6]. As MERS continues to spread globally, it is vital that risk assessment involves an evaluation of the potential outcomes following MERS importation events [7]. Among a total of 23 importation events in countries outside the Middle East region, there have been four MERS case importations that have given rise to at least one secondary transmission event [2].

While the basic reproduction number $R_0$, i.e. the average number of secondary cases produced by a primary case in a fully susceptible population, is less than 1 for MERS and a major epidemic may therefore not occur immediately, it is critical to quantitatively assess several risks of MERS transmission following an importation event, e.g. the expected numbers of cases and generations. The present study aims to analyse the observed importation events of MERS and estimate the expected size of MERS clusters and the number of generations using a stochastic epidemic model.

Importation data

Using secondary data sources [2,7-11], we extracted the numbers of secondary cases and generations for each reported importation event of MERS. We excluded data from the Kingdom of Saudi Arabia, Qatar and the United Arab Emirates from the analysis because cases in these endemic countries have frequently experienced exposures to a domestic animal reservoir (e.g. dromedary camels). Moreover, it has not been possible to fully track the transmission trees (i.e. via contact tracing data) in these countries. Including Middle East countries other than those, a total of 36 importation events were analysed. Of these, 13 events occurred in the Middle East, reported from Egypt, Iran, Jordan, Kuwait, Lebanon, Oman, Turkey and Yemen. In the present study, statistical estimation of parameters was done using two different sets of data, i.e. using all 36 importation events and restricting the analysis to the 23 importation events observed in areas outside of the Middle East. The latter data were analysed separately because the dynamics of case importation including the frequency of exposures and local contact patterns for those 23 events may not be fully comparable with the remaining 13 events.

Mathematical model

The importation event data were analysed using a branching process model which allowed us to jointly estimate the transmissibility, $R_0$, and the dispersion parameter, $k$, by assuming that the distribution of secondary cases per single primary case followed a
negative binomial distribution. Using the branching process model, the risk of observing at least one secondary transmission event, the risk of observing each generation of cases and the total number of cases were estimated. Hence, an important assumption to calculate these risks based on observed importation event data is that each importation event was a random sample drawn from the assumed model. For the estimation of the two model parameters, we used two different pieces of likelihood. The first one analyses the distribution of the total number of cases as described by Breban et al. for MERS [4], but the present study specifically focused on importation events [12]. Given the total number of cases \( z \) for each importation event, the likelihood to estimate \( R_0 \) and \( k \) was calculated as:

\[
L_1(R_0, k; z) = \begin{cases} 
\frac{1}{(1 + R_0)^k}, & \text{for } z = 1 \\
\prod_{j=2}^{z} \left( \frac{1}{1 + R_0} \right)^{R_0} \left( \frac{1}{1 + R_0} \right)^{k(1 + R_0)} \frac{R_0}{(1 + R_0)^k}, & \text{for } z \geq 2 
\end{cases}
\]

The number of observed importation events was limited to 36 and the sample size was small. To reduce uncertainty, we analysed in addition the number of generations per importation. Considering the concept of generation to extinction, we derived the probability distribution of the number of generations, i.e.

\[
\Pr(g \leq h) = \begin{cases} 
\frac{1}{(1 + R_0)^h}, & \text{for } h = 1 \\
\frac{1 + R_0}{1 + R_0 - \frac{R_0}{k(1 + R_0)^h}}, & \text{for } h = 2 \\
\frac{1 + R_0}{1 + R_0 - \frac{R_0}{k(1 + R_0)^h}}^{R_0 - R_0}, & \text{for } h \geq 3 
\end{cases}
\]

and so forth. The total likelihood was given by the product of \( L_1 \) and \( L_2 \), the maximum likelihood method was employed to statistically infer the parameters, and the profile likelihood-based confidence intervals (CI) were computed. To account for both stochasticity and parameter uncertainty in calculating the outbreak size distribution and the risk of observing each generation of cases, the covariance matrix was used to draw random samples of \( R_0 \) and \( k \) from a bivariate normal distribution with the correlation parameter informed by the matrix. The simulations were run 10,000 times, allowing us to take percentile points for the calculation of uncertainty bounds.

**Results**

Figure 1 illustrates the original data employed to quantify our model.

The distribution of the total number of cases was right skewed, including two outbreaks with a total of at least eight cases. Excluding the Middle East countries, only the ongoing South Korean outbreak was the one that involved eight or more cases. With regard to the number of generations, three quarters of the importations (27/36) did not result in any secondary transmission. Secondary transmissions were observed in Iran, Jordan, Kuwait, France, Republic of Korea, Oman (twice), Tunisia and the United Kingdom. Excluding Middle East countries, 19 of 23 importations did not generate any secondary cases (Table 1). Among the total of 36 importations, generation 3 (or the so-called quaternary cases) was observed only for the ongoing South Korean outbreak.

Table 2 shows the estimates of \( R_0 \) and \( k \). Based on a total of 36 events, \( R_0 \) and \( k \) were estimated at 0.75 (95% CI: 0.54–1.09) and 0.14 (95% CI: 0.06–0.32), respectively.

The value of \( k \) was substantially smaller than 1, indicating that the distribution of secondary cases per single primary case was highly over-dispersed. Analysing the 23 importation events out of the Middle East countries, the estimates of \( R_0 \) and \( k \) were 0.81 (95% CI: 0.49–1.46) and 0.07 (95% CI: 0.02–0.21), respectively. These estimates were not significantly different from those obtained using the total set of 36 importation events. For this reason, simulations were conducted using estimates derived from the full set of 36 importation events.
Figure 2 shows the expected total number of cases and the risk of observing each generation conditional on an importation event.

The risk of observing at least one secondary transmission was 22.7% (95% CI: 19.3–25.1) (Figure 2A). The risks of observing generations 2, 3 and 4 were, respectively, 10.5%, 6.1% and 3.9% (Figure 2B). When generation 2 (tertiary cases) was observed, the conditional risk of observing the next generation (quaternary cases) was as large as 63.6% (95% CI: 46.7–74.4) (Figure 2C). The outbreak size distribution appeared to be highly skewed (Figure 2D). Assuming an importation occurred, the risk of observing eight or more cases in total would be 10.9% (95% CI: 7.6–13.6).

Discussion
The present study analysed importation events of MERS with a particular focus on the associated outbreak size
and number of disease generations arising from each importation event. Our findings indicate that if a case of MERS was imported, at least one secondary transmission event would be observed with a probability of 22.7%. The risk of involving tertiary, quaternary and quinary cases was also calculated (Figure 2B). Although our study only relied upon importation events consisting of a small number of clusters, the estimated $R_0$ was broadly consistent with published estimates that analysed larger cluster datasets mainly observed in Middle East countries [3-5] and was smaller than estimates derived from the early phase of hospital-associated outbreaks [13]. Considering that countries at risk of importation (i.e. countries without infected animal reservoirs) have had to confront the uncertainty associated with the risk of experiencing a case importation [14,15,16], our modelling analyses could facilitate quantitative risk assessment.

An important outcome of the present study is that the risk of observing multiple generations of MERS cases was estimated at 22.7% and that of a tertiary case at
10.5% in our model. Since the distribution of secondary cases per single primary case is highly over-dispersed, superspreading events can occur, and thus, the expected total number of cases is highly variable. The finding echoes a recent re-analysis of clusters of MERS cases reported up to August 2013 [17]. Of course, we can expect that secondary transmission events could be prevented by a combination of contact tracing, monitoring suspected cases, early diagnosis and isolation of infectious individuals. Besides, the present study suggests that countries at risk of importation should keep in mind that a large cluster of cases with multiple generations may well occur, even though $R_0$ is clearly below the epidemic threshold at 1.0 [18].

In addition to the risk of observing a certain number of generations following an imported case, we also calculated the conditional risk of observing the next generation of case(s). This is in line with a risk assessment in real time: because the exact number of cases in a single generation cannot be manually counted during the course of an outbreak, it is reasonable to calculate the conditional risk given a generation where the conditional probability of observing the next generation is usually greater than 50%.

Two important limitations should be noted. Firstly, our exercise regarded each observed importation event as a random draw governed by the proposed probability model. Indeed, this assumption is unavoidable for fitting a branching process model to the data [3,4]. While the assumption may be common among modelling studies, it did not allow us to account for the variable type and effectiveness of interventions, especially at later generations of cases in each cluster. Secondly, MERS outbreaks have frequently been amplified in healthcare settings [6,19,20], but we limited ourselves to accounting for individual heterogeneity in a general sense. An improvement on this point was difficult, because MERS outbreaks have been seen mostly in healthcare settings without large-scale community transmission. The transmission dynamics in and out of healthcare settings have not been consistently characterised across individual outbreaks of MERS.

Despite these limitations, the present study successfully characterised the risk of observing a certain number of cases and generations given a case importation of MERS. The risk of at least one secondary case in our model was 22.7%, and that of a tertiary case was 10.5%. Once an untraced case is imported, countries at risk should assume that the secondary transmission risk as well as the risk of observing multiple generations of cases exists and should be ready to respond effectively by following their preparedness plans to manage emerging infectious diseases.

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### Conflict of interest

None declared.

### Authors’ contributions

HN conceived mathematical modelling method and analysed the data. HM, YM, GC and MS drafted and revised the manuscript.

### References


