Emerities Newsletter, Fall 2012

Georgia State University Emeriti Association

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VERLE MICKISH: MY STORY AND MY ART

By Dr. Verle Mickish, Professor Emeriti in Art and Education

I grew up living in the sorority house my parents owned, a half block from the college campus in Greeley, Co.

After my junior year in college, I went to Hollywood and got a job drawing one-minute caricatures of celebrities and audience guests on the daily Bill Welch live TV show on KTTV. During the Korean War, I returned to Colorado to finish my B.A., and in 1951, I joined the U.S. Marine Corps (USMC). The USMC cleared me for secret classification, and I was assigned as a staff artist in the General’s Headquarters Squadron. I illustrated classified materials, creating instructional filmstrips, TAD aboard carriers, helicopter exercises, animated cockpit flight images, Leadership School visuals and drawings for General McGee’s military report logs.

You learned to be flexible and match your behavior to the requirement.

Following USMC, I taught K-12 art classes and became K-12 Art Coordinator in Boulder, Co. I earned my M.A. and doctorate degrees before coming to Georgia State in 1971.

It is necessary to redefine our goals and reinvent ourselves as we move through the phases and ages of our lives.

I have created more than 300 published illustrations, more than 200 cartoons, caricatures and corporate images and written a junior high art textbook. In 1983, I was named the Outstanding National Art Educator in the USA and was later honored as a National Art Fellow and Distinguished Georgia Educator. These recognitions led to invitations to present some 800 instructional workshops and keynote addresses throughout the USA, Canada, Europe and South America.

During my 25 years at Georgia State, I had a joint appointment in the College of Arts and Sciences (teaching art education and studio courses) and the College of Education (teaching early childhood art education). After retiring from GSU in 1996, I continued painting, exhibiting, mentoring, workshops, presentations and creating a monthly cartoon for the Emory Eye Center. I was named the Outstanding National Retired Art Educator of the Year in 2006. In 2010, the University of Northern Colorado honored me with a “60-Year Retrospect” and exhibited 100 pieces of my artwork.

Our ongoing journey is like a meandering stream running through the landscapes of our lives.

Although my eyesight is diminishing due to dry and wet macular degeneration, I have a positive attitude and my wife of 57 years by my side.

Every story has a visual image and every visual image has a story.
**Pauline Clance**, Professor Emerita of Psychology, recently received an honorary Doctor of Science degree from her first alma mater, Lynchburg College in Lynchburg, Va. The honor was presented by college president Kenneth R. Garren and the board of trustees on May 12, 2012. Clance graduated cum laude in 1960 with a B.S. in psychology and minor in social science. Clance, who came to Georgia State in 1984, was the first Senior Faculty Associate for the Advancement of Women in the Office of the Provost at Georgia State during 1999-2003. She developed mentoring and leadership programs for women faculty and staff at the senior administrative level. She has presented this work at regional and national professional organizations such as the American Council on Education, American Association of University Women, the Office of Women in Higher Education and the Georgia Association of Women in Higher Education. Clance’s work has also appeared in Time, People, The New York Times and Harvard Business Review. The book for which she is most well known, “The Imposter Phenomenon,” will soon be available online for download; please visit her website: www.paulineroseclance.com.

**Charles Fallis**, Professor Emeritus of Educational Policy Studies, ran his 32nd Peachtree Road Race on July 4, 2012. Fallis is from Tucker, Ga., and turned 86 last year. He ran the race in 1:41:35 and placed 49,118. He first started running in 1981 and has 32 consecutive t-shirts. His average time is 1:36:10. Congratulations, Charles!

**Christine Rosenbloom**, Nutrition Professor Emerita and continuing part-time sports dietitian for Georgia State athletes, recently published “Sports Nutrition: A Practice Manual for Professionals.” This book is considered an essential resource for sports professionals working with athletes of all levels, from school-aged children to master athletes. It includes 22 chapters written by international and national experts in sports nutrition research and practice. The book provides evidence-based guidance on all aspects of sports nutrition, including fueling and hydration strategies, use of dietary supplements and sports-specific information for those involved in high-intensity to ultra-endurance activities.


**Charles Williams**, Professor Emeriti in Computer Information Systems, won a silver medal in the 2011 USA Masters Indoor Track & Field Championships in age 75-79 men’s 3000-meter race/walk competition held in Albuquerque, N.M., on March 4. His wife Stanley and he recently visited people from his book, “The Crash of TWA Flight 260,” including Marc Beverly, who was the mountaineering expert for the National Geographic special on the giant crystal cave in Mexico. Marc helped Charles contact the Mountain Rescue Association last fall so that they could review his book. Charles and Stanley ate at the High Finance Restaurant atop Sandia Mountain. They got a great view of the crash pinnacle on the way up the Sandia Peak Tramway.
My first years of teaching were frustrating. My scholarship flourished, but my teaching evaluations were pedestrian, even though I spent more time on class preparation than on my research. I probably would have left academia had I not taken a self-study course on how to be more effective in the classroom. So, when I came to GSU, I developed a doctoral seminar on university teaching so the students would not experience that same frustration. For twenty-five years, Yezdi Bhada and I taught the course, which led to the development of the annual Master Teacher Program at Georgia State. More than 800 faculty members from across the globe have attended, and this May will be the 24th program.

As a result, I have had the opportunity to do the Master Teacher Program all over the world. For the past four years, I have spoken at four universities in Australia, generally in late October to early December (Australia’s spring time). In 2008, I did a program at Deakin University in Melbourne and afterward spent time sightseeing in the area. In 2009, I did a program at Queensland University of Technology (QUT) in Brisbane and again spent time sightseeing in the area. Because of significantly improved student evaluations scores, I returned to QUT again in 2010. This time I had an opportunity to help design a seminar on university teaching for the QUT business doctoral students. Then I spent three days in beautiful Sydney and the surrounding area.

This past October and November, I was presenting at Deakin University in Melbourne and again at QUT. This time I took a helicopter ride to see the 12 Apostles — 45-meter high limestone towers jutting out from the ocean about 80 miles from Melbourne. The apostles were formed by erosion and the harsh weather from the Southern Ocean. The soft limestone eroded to form caves in the cliffs, which then became arches, which in turn collapsed — leaving the rock towers.

After a leisurely day-long train ride from Melbourne to Adelaide, I did a full-day excursion to Kangaroo Island in the South Sea. We took a ferry from the mainland and then visited the entire island — it was absolutely beautiful. However, there was limited Internet service available and so when I returned to the ferry landing at 6:30 p.m., I had an urgent email from my contact at QUT. She told me that Quantas Airlines had shut down its fleet worldwide and wanted to know if I needed help finding another flight as I needed to be in Brisbane (930 miles away) 24 hours later. I called her and told her I would be having intermittent voice and data for the next several hours and asked her to try to book me on a Virgin Australia (VA) flight. She emailed me back that she had called VA but the lines had crashed and she would try the website. She emailed that she thought she had booked a flight but the website had crashed before she could get a confirmation. Then I lost my connection. It wasn’t until two hours later, upon returning to Adelaide, that I received an email saying I had a flight. Those were among the longest two hours I have ever experienced.

I hope to return again, and my plan is to take one of two several-day train rides. The Ghan offers an 1,800-mile journey between Adelaide (Southern Australia), Alice Springs and Darwin (Northern Australia). The Indian Pacific offers a 2,700-mile trip from Sydney (Pacific Ocean) to Perth (Indian Ocean). These are two train services available from Great Southern Rail in Australia.

Volunteering in Retirement

By A.P. Mosby, Emerita, University Library

My backyard links me to some of the most interesting history, culture and natural resources in all of North Georgia — Kennesaw Mountain National Battlefield Park. This 3,000-acre park is managed by the U.S. Department of the Interior to commemorate one of the most important episodes in the Civil War. The word “Kennesaw” comes from the Cherokee “Gah-nee-sah” meaning “burial ground” — an appropriate name for the place where people laid their lives on the line in a complex national drama of bitter combat and social change.
In 2014, events in the park will mark the 150th anniversary of the Atlanta Campaign, and visitors can explore the historic terrain via 20 miles of hiking trails. With one of the trailheads less than a half mile from our home, my husband and I decided to volunteer with the Kennesaw Mountain Trail Club. One thing the club participates in is helping the National Park Service maintain trails with a “calling-all-volunteers workday” on the second Saturday of each month.

Imagine my surprise when a friend from my Georgia State past — a strong library supporter — showed up to repair a trench line. Wayne Daniel, Professor Emeritus from Decision Sciences, came with his grandson Joshua Daniel who needed the project for his Boy Scout merit badge in conservation. Wayne reports that in the rewarding experience “we met so many interesting and dedicated people. The work provided good exercise. Joshua learned something about the history of Kennesaw Mountain, as well as how to prevent erosion and the importance of historic preservation. We both enjoyed that afternoon very much. It was both educational and calorie-burning!”

In 2011, about 64.3 million Americans volunteered through an organization, according to the Bureau of Labor Statistics. The AARP Experience Corps reports that “nearly half of all Americans age 55 and over volunteered at least once in the past year. Even among those age 75 and older; 43 percent had volunteered at some point in the previous year.” Wayne Daniel is one example of the power of the volunteer. It would be interesting to know about other volunteer efforts of emeriti. Volunteering is a rewarding way to spend time and it is a great opportunity to see old friends and make new ones.
EMERITIES

Upcoming Events

Check out our upcoming events:

- **NOVEMBER**
  **Author Series: Larry Berman, Dean, Honors College**
  Nov. 29, 2012 • 11 a.m.–12:30 p.m. • Colloquium Room (8th Floor), Library South

- **DECEMBER**
  **Holiday Open House**
  Dec. 16, 2012 • 3–5 p.m.
  Hosted by John and Anna Hogan

- **JANUARY**
  **State of the Economy Luncheon: Rajeev Dhawan**
  Jan. 15, 2013 • 11 a.m.–1 p.m. • Brown Room (18th Floor), Commerce Building

- **FEBRUARY**
  **Valentine’s Luncheon**
  Feb. 14, 2012 • 11:30 reception, 12:15 Lunch • Rialto Center for the Arts

Also recommended:
**GSU’s Gala Holiday Concert**
a fantastic annual program!
Dec. 1 at 8 p.m. and Dec. 2 at 3 p.m.
Rialto Center for the Arts
(go to www.rialtocenter.org for tickets)

In Memoriam

**Professor Emerita of Music, Florence Kopleff**

passed away July 24, 2012. Kopleff had a distinguished career as a contralto in numerous choirs and symphonies, as a soloist and a member of many performing and recording groups working with renowned conductors around the world, but particularly with Robert Shaw. When Shaw came to Atlanta to conduct the Atlanta Symphony Orchestra, Kopleff came to Atlanta to become a professor of Music at Georgia State in 1967. She was Georgia State’s first Artist in Residence. She taught hundreds of singers in her 30 years at Georgia State and was honored with the Alumni Distinguished Professor Award in 1982. Her colleagues remember her fondly as one who “made generous gifts to music and academic organizations,” and, unknown to most, to needy music students (Dr. John Haberlen, former director of the school of music) and who “demonstrated and expected the highest level of professionalism of her students and colleagues” (Dr. W. Dwight Coleman, director of the school of music).

**Professor Emeritus of Medical Technology and Nutrition, James L. Groff, 80, of Hoschton, Ga.,**
died suddenly September 26. Groff received his Ph.D. from Indiana University in 1963 and worked with Sterling-Winthrop Research Institute before moving to Georgia to teach at Georgia State University. He wrote several books on biochemistry and nutrition, the most notable titled, “Advanced Nutrition and Metabolism,” a textbook for undergraduates. His research was largely about making biochemical tests clinically accessible by improving methodologies. A colleague of Groff reports that a former student, who is the nutrition advisor to the Navy SEALS, said, “Dr. Groff explained everything so that you had to understand it. He made everything you read interesting.” Groff was an avid tennis player and golfer and enjoyed playing the piano. In retirement, he was a Meals on Wheels volunteer.
RECAP:
SUMMER AUTHORS SERIES
LUCIANO L’ABATE
By Emerita Anne Page Mosby, Chair of Authors Series

Luciano L’Abate discussed his book, “The Seven Sources of Pleasure in Life: Making Way for the Upside in the Midst of Modern Demands.” The GSU Professor Emeritus of Psychology called upon his work in applied psychology, as well as his life experiences, for a free-flowing give and take with the audience. Highlights included talking of his childhood in a Brindisi nautical family with 10 siblings and his student days in Florence, Italy, with its abundant art and music. He found that family, friends, travel and a lifelong devotion to play were at the top of the list for most people desiring a well-rounded healthy life.