Analyzing the Effects of Adolescent Risky Behaviors on Suicidal Ideation

Marchelle Elizabeth Sanchez

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ANALYZING THE EFFECTS OF ADOLESCENT RISKY BEHAVIORS ON SUICIDAL IDEATION

by

MARCHELLE E SANCHEZ

Under the Direction of Yu-Sheng Hsu

ABSTRACT

This study is an analysis of adolescent risk behaviors contributing to an increased rate of suicidal ideation for 12 to 18 year olds. The Youth Risk Behavior Surveillance System Survey (YRBSS) is an epidemiologic survey designed to monitor the prevalence of risky behaviors of adolescents in middle and high school\textsuperscript{1}. The YRBSS is a complex sample survey with a three-stage cluster design. Multiple logistic regression is used to analyze the data, including methods of analysis to address issues in complex survey design. Results of this study indicate several different risk factors that influence the rate of suicidal ideation among adolescents, including alcohol and drug use, sexual risky behaviors, unhealthy weight loss methods, depressed mood, sex and race/ethnicity. The conclusions of this study indicate that many risk factors associated with suicidal ideation are behaviors that could be addressed with early intervention strategies to reduce the risk of suicidal ideation.

INDEX WORDS: Logistic regression, Complex sample surveys, Suicidal ideation, Suicide, Suicidal behaviors, Adolescents, Youth risk behaviors
ANALYZING THE EFFECTS OF ADOLESCENT RISKY BEHAVIORS ON SUICIDAL IDEATION

by

MARCHELLE ELIZABETH SANCHEZ

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Masters of Science

In the College of Arts and Sciences

Georgia State University

2006
ANALYZING THE EFFECTS OF ADOLESCENT RISKY BEHAVIORS
ON SUICIDAL IDEATION

by

MARCHELLE ELIZABETH SANCHEZ

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Committee: Dr. Kakoli Roy
Dr. Xu Zhang

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Office of Graduate Studies
College of Arts and Sciences
Georgia State University
December, 2006
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<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>CDC</td>
<td>Centers for Disease Control</td>
</tr>
<tr>
<td>CI</td>
<td>Confidence Interval</td>
</tr>
<tr>
<td>HL</td>
<td>Hosmer-Lemeshow Test</td>
</tr>
<tr>
<td>OR</td>
<td>Odds Ratio</td>
</tr>
<tr>
<td>PSU</td>
<td>Primary Sampling Unit</td>
</tr>
<tr>
<td>ROC</td>
<td>Receiver Operating Characteristic</td>
</tr>
<tr>
<td>YRBSS</td>
<td>Youth Risk Behavior Surveillance System</td>
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Variable Abbreviations for YRBSS Questionnaire¹:

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<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANYTB</td>
<td>Did you smoke cigarettes, cigars, use chewing tobacco, snuff or dip?*</td>
</tr>
<tr>
<td>CCNL</td>
<td>Have you used any form of cocaine, including powder, crack, or freebase?***</td>
</tr>
<tr>
<td>CCNR</td>
<td>Did you use any form of cocaine, including powder, crack, or freebase?*</td>
</tr>
<tr>
<td>CGUN</td>
<td>Did you carry a gun?*</td>
</tr>
<tr>
<td>CWPN</td>
<td>Did you carry a weapon such as a gun, knife, or club?*</td>
</tr>
<tr>
<td>DRPT</td>
<td>Did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?*</td>
</tr>
<tr>
<td>DWI</td>
<td>Did you drive a car or other vehicle when you had been drinking alcohol?*</td>
</tr>
<tr>
<td>ECST</td>
<td>Have you used ecstasy (also called MDMA)?***</td>
</tr>
<tr>
<td>ETHR1</td>
<td>American Indian or Alaska Native</td>
</tr>
<tr>
<td>ETHR2</td>
<td>Asian, Native Hawaiian or Other Pacific Islander</td>
</tr>
<tr>
<td>ETHR3</td>
<td>Black or African American</td>
</tr>
<tr>
<td>ETHR4</td>
<td>Hispanic or Latino</td>
</tr>
<tr>
<td>ETHR5</td>
<td>White</td>
</tr>
<tr>
<td>FAST</td>
<td>Did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?*</td>
</tr>
<tr>
<td>FGHT</td>
<td>Were you in a physical fight?**</td>
</tr>
<tr>
<td>FRCIG</td>
<td>Did you smoke more than 20 out of the last 30 days?</td>
</tr>
</tbody>
</table>
HAL      Have you ever taken any hallucinogenic drugs?***
HBGF    Did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?***
HLMT    If you rode a motorcycle during the past 12 months, did you wear a helmet?
HLTH    Do you consider your health to be fair or poor?
HRN     Have you used heroin (also called smack, junk, or China White)?***
IDA      Did you drink alcohol or use drugs before you had sexual intercourse the last time?
INJC    Have you used a needle to inject any illegal drug into your body?***
METH    Have you used methamphetamines (also called speed, crystal, crank, or ice)?***
MOOD    Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?**
MRJA    Have you used marijuana??
RALC    Did you have at least one drink of alcohol?*
SIM4    During the past 3 months, did you have sexual intercourse with more than four people?
SNF     Have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?***
SPRT    Did you play on any sports teams? (Include any teams run by your school or community groups.)**
STR     Have you taken steroid pills or shots without a doctor's prescription?***
SUID    Did you ever seriously consider attempting suicide??
THRT    Has someone threatened or injured you with a weapon such as a gun, knife, or club on school property??
UNSF    Did you not go to school because you felt you would be unsafe at school or on your way to or from school?*
VMT     Did you vomit or take laxatives to lose weight or to keep from gaining weight?*

*During the past 30 days?
**During the past 12 months?
***During your life?
Chapter 1

INTRODUCTION

Background

Adolescence is a time in life filled with new experiences, opportunities, and freedom. Adolescence also brings with it a time of stress, concern, family tension, and other difficulties that tend to arise as one gets older. Adolescents may find themselves in difficult situations, with challenges and stressful events that they find very hard to deal with. Many adolescents find unhealthy ways to show their distress by drinking alcohol, experimenting with drugs, violent behavior and other risky behaviors. In 2003, suicide was the third leading cause of death for ages 12 – 18 years. Many experts on suicide and suicide prevention suggest that suicide prevention programs should focus on finding youth that are at risk of suicide and then refer the youth to treatment programs.

Suicidal ideation is a medical term for thoughts about suicide, which can include role playing, a detailed or formulated plan without acting on the plan, or even an unsuccessful attempt at suicide. By determining potential risk factors, suicide prevention programs will be able to assess an individual’s risk of suicidal ideation, and to identify and treat individuals that are at higher risk of suicidal ideation. This study is focused on looking at risky behaviors in adolescents to determine if there is an association of certain risky behaviors and suicidal ideations in youth.
Figure 1: Ten Leading Causes of Death in 2003 for Ages 12 – 18 in the U.S.\textsuperscript{9}

Figure 2: 2003 Causes of Death By Suicide for Ages 12 – 18 \textsuperscript{9}
Much research has been devoted to finding correlations between adolescent risky behaviors and suicidal ideation. Various health risk behaviors have been identified that may lead to suicidal ideation and behaviors\(^2,^5,^7,^8\). Behaviors such as substance use\(^2,^5\), unprotected and precocious sexual activity\(^4\) and reckless driving\(^11\) have been linked to an increase in suicidal behaviors, as well as self-mutilation\(^11\) and previous suicide attempts\(^2,^5\). For different races and ethnic groups, studies have shown that suicide is more common among whites than for African Americans\(^2,^4\). The highest rates of suicide are among Native Americans\(^2,^4\), and Asians and Pacific Islanders tend to have the lowest rates of suicide\(^2,^4,^11\).

Source of Data

The data for this study comes from the 2005 Youth Risk Behavior Surveillance System survey (YRBSS)\(^1\), conducted by the Centers for Disease Control and Prevention (CDC). The YRBSS data is an epidemiologic surveillance system created to monitor the risk behaviors that are most prevalent among youth that adversely affect health. The focus of the questions from the YRBSS come from priority health-risk behaviors that are established during youth and that result in significant mortality, morbidity, disability and social problems that impact youth and can continue to impact their lives through adulthood as well\(^1,^4\).

The YRBSS is a complex survey design comprised of a three-stage cluster sample design to conduct a representative sample of 9\(^{th}\) through 12\(^{th}\) grade students. Data for the
YRBSS was collected from 44 states in the US, including Alaska and Hawaii\textsuperscript{1}. Figure 2 shows the distribution map for the weighted data by state. The data come from many different school settings, such as private, public, and religious schools. The YRBSS oversamples the black and Hispanic population, and therefore a weighting factor is applied to each student in order to account for the oversampling and nonresponses in the survey. Final overall weights are also scaled to adjust the weighted counts of the individuals to equal the total sample population size, and so that the weighted proportions of students in each grade matched population projections for each survey year.

Figure 2: Map of YRBSS States by Weight\textsuperscript{1}
The sample population of the YRBSS data consisted of 13,953 returned surveys in which 13,917 of the questionnaires were useable after data editing. Inclusion criteria for this study was based on all students who responded to the question ‘During the past 12 months, did you ever seriously consider attempting suicide?’, which yielded a total sample size of 13,822 subjects for this study. The weighted sample population consists of 49.4% males and 50.6% females. The mean age of the sample population is 15 years and 10 months old. Weighted frequencies and percent for race and ethnicity in this study are as follows: American Indians - 141 (1.02%), Asians - 563 (4.074%), Black or African Americans -1947 (14.094%), Hispanic – 2054 (14.873%), White – 8473 (61.350%), and Other – 634 (4.59%). For the total sample population, the weighted frequency for students who had seriously considered suicide within the past 12 months was 2327 students, 16.85% of the sample population. The actual and weighted frequencies for age, sex, race and ethnicity, and suicidal ideation are included in Table 1.

<table>
<thead>
<tr>
<th>Age</th>
<th>Frequency</th>
<th>Weighted Freq</th>
<th>%</th>
<th>Weighted Frequency</th>
<th>Race/Ethnicity</th>
<th>Freq</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>≤14</td>
<td>1204</td>
<td>1457</td>
<td>10.58</td>
<td></td>
<td>American Indian</td>
<td>145</td>
<td>1.02</td>
</tr>
<tr>
<td>15</td>
<td>3158</td>
<td>3642</td>
<td>26.46</td>
<td></td>
<td>Asian</td>
<td>450</td>
<td>3.47</td>
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<tr>
<td>16</td>
<td>5762</td>
<td>5445</td>
<td>39.56</td>
<td></td>
<td>Black or African American</td>
<td>3294</td>
<td>1947</td>
</tr>
<tr>
<td>≥17</td>
<td>3649</td>
<td>3221</td>
<td>23.40</td>
<td></td>
<td>Hispanic</td>
<td>3204</td>
<td>2054</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>White</td>
<td></td>
<td>6115</td>
<td>8473</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Other</td>
<td></td>
<td>614</td>
<td>634</td>
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<tr>
<td>Sex</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Female</td>
<td>7147</td>
<td>6803</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Male</td>
<td>6615</td>
<td>6956</td>
</tr>
<tr>
<td>Suicidal Ideation</td>
<td>Yes</td>
<td>2341</td>
<td>2327</td>
<td>83.15</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>No</td>
<td>11481</td>
<td>11484</td>
<td>16.85</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Method of Analysis

The YRBSS questionnaire consists primarily of dichotomous variables. Variables such as race, ethnicity, age and grade are the primary variables that do not have binary responses for the YRBSS data. Many different methods are available to analyze complex sample survey data; however, for this study multiple logistic regression has been chosen as an optimal method to use for the dichotomous variables in the YRBSS data. Due to the complexity of the sampling survey, an inclusion of the weights, stratum and primary sampling units (psu’s) are accounted for in the analysis of this data. While PROC LOGISTIC in SAS v8.2 is a useful tool to use for analyzing simple survey data, SAS v9.1 has developed PROC SURVEYLOGISTIC for analyzing complex survey design. Most statistical programs such as SAS, STATA, and SUDAAN do not have the capability to do full model checking and goodness of fit tests for complex sample survey data at this time\textsuperscript{12}. SUDAAN and STATA do offer some options for model checking, such as the Wald F test and adjusted Wald F test. Therefore, in order to accurately account for the complexities of the YRBSS data, a combination of SAS v9.1 and SUDAAN software has been used for analysis of the YRBSS data.
Chapter 2

METHODOLOGY

Variable Selection

This study focuses on the risk behaviors associated with suicidal ideation. Several questions in the YRBSS questionnaire ask about suicidal thoughts, actions, attempts and injuries from suicidal ideations or behaviors. For this study, suicidal ideation (SUID) is based on the yes/no response to the question ‘During the past 12 months, did you ever seriously consider attempting suicide?’\(^1\). Other questions inquired more specifically into suicidal behaviors; however, due to the nature of sample surveys, associations with successful attempts of suicide are unattainable via sample surveys\(^3\).

Risk behaviors previously shown to contribute to suicidal ideations were tested for significance in the study population. The risk behaviors identified as possible contributors to suicidal ideation were categorized in terms of demographics, drug and alcohol use, violence, sexually risky behaviors, and other health risk behaviors.

The demographic variables assessed for significance were race\(^2\)\(^4\), age\(^4\) and sex\(^2\)\(^4\). The variables of interest for violence\(^11\) included weapon carrying\(^4\)\(^5\), physical fights\(^7\), and being physically threatened by another individual\(^2\). Variables of interest for drug usage\(^4\) included previous and/or current use of hallucinogenic drugs, steroids, cocaine\(^5\), heroine\(^11\), methamphetamines, ecstasy, injection of illegal drugs by needle, and using inhalants such as aerosol sprays to get high\(^5\). Chain smoking was also considered for further
investigation\textsuperscript{5,11}. Alcohol use\textsuperscript{11} questions included for analysis dealt with binge drinking, heavy alcohol use, and driving under the influence of alcohol\textsuperscript{4,5,6}. Sexually risky behaviors\textsuperscript{4} such as multiple partners, use of drugs and/or alcohol prior to sexual intercourse, not using protection during sex, and also being physically hurt or assaulted by a boyfriend/girlfriend were identified as possible influences\textsuperscript{4,5}. Other health risk factors considered for analysis included self-assessment of overall health, and unhealthy behaviors such as vomiting, fasting or using laxatives to lose weight or to keep from gaining weight\textsuperscript{5}. A significant indicator of suicidal ideation is the state of mind of an individual\textsuperscript{2,4,5}. As such, depressed mood is also included as a variable of significance in determining risk for suicidal ideation. Each of the dependent variables aside from age were categorized as dichotomous yes/no questions, which lead to the method of logistic regression as an optimal choice for analyzing this data.

Statistical Analysis

A univariate analysis was conducted on each of the independent variables to determine which variables were significant in predicting suicidal ideation. Variables that were significant at the $\alpha = 0.25$\textsuperscript{12} level were then combined to test the covariates in a full model as predictors for suicidal ideation. Using the process of backwards elimination, starting from the full model, and eliminating those variables that did not contribute to the model at the specified $\alpha = 0.25$ level lead to a preliminary model of independent variables that were selected to model the data. Variables and their significance level for the
univariate models are shown in Table 2, as well as estimated coefficients, standard errors, and Wald $\chi^2$ statistics.

Table 2. Variable Significance for Univariate Models

<table>
<thead>
<tr>
<th>Demographics &amp; Mood Factors</th>
<th>Variable</th>
<th>Estimate</th>
<th>StdErr</th>
<th>Wald $\chi^2$</th>
<th>P-Value</th>
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<tbody>
<tr>
<td>AGE</td>
<td>-0.0555</td>
<td>0.0358</td>
<td>2.4092</td>
<td>0.1206</td>
<td></td>
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<tr>
<td>SEX</td>
<td>0.7141</td>
<td>0.0494</td>
<td>208.7169</td>
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<tr>
<td>ETHR1</td>
<td>0.4187</td>
<td>0.2072</td>
<td>4.0854</td>
<td>0.0433</td>
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<tr>
<td>ETHR2</td>
<td>0.1699</td>
<td>0.1285</td>
<td>1.7503</td>
<td>0.1858</td>
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</tr>
<tr>
<td>ETHR3</td>
<td>-0.4324</td>
<td>0.0804</td>
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<td>0.0000</td>
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</tr>
<tr>
<td>ETHR4</td>
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<td>1.7146</td>
<td>0.1904</td>
<td></td>
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<tr>
<td>ETHR5</td>
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<td>0.0633</td>
<td>0.0101</td>
<td>0.9198</td>
<td></td>
</tr>
<tr>
<td>MOOD</td>
<td>2.3253</td>
<td>0.0637</td>
<td>1330.6021</td>
<td>0.0000</td>
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</tr>
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</table>

<table>
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<th>Violence, Sex and Other Risk Factors</th>
<th>Variable</th>
<th>Estimate</th>
<th>StdErr</th>
<th>Wald $\chi^2$</th>
<th>P-Value</th>
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<tbody>
<tr>
<td>CGUN</td>
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<td>7.7731</td>
<td>0.0053</td>
<td></td>
</tr>
<tr>
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<td>44.2957</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>UNSF</td>
<td>0.7304</td>
<td>0.1096</td>
<td>44.4320</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>THRT</td>
<td>1.1124</td>
<td>0.0859</td>
<td>167.5839</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
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<td>0.0628</td>
<td>165.9798</td>
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<tr>
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<tr>
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<td>0.0000</td>
<td></td>
</tr>
<tr>
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<td>0.1405</td>
<td>5.6444</td>
<td>0.0175</td>
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</tr>
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</table>

<table>
<thead>
<tr>
<th>Smoking, Alcohol &amp; Drug Use</th>
<th>Variable</th>
<th>Estimate</th>
<th>StdErr</th>
<th>Wald $\chi^2$</th>
<th>P-Value</th>
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<tbody>
<tr>
<td>DWI</td>
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</tr>
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<td>0.0845</td>
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<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>HRN</td>
<td>1.6693</td>
<td>0.1268</td>
<td>173.3050</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>METH</td>
<td>1.4453</td>
<td>0.0849</td>
<td>289.6941</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>ECST</td>
<td>1.2562</td>
<td>0.1034</td>
<td>147.5151</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>STR</td>
<td>1.3484</td>
<td>0.1036</td>
<td>169.3606</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>INJC</td>
<td>1.7060</td>
<td>0.1204</td>
<td>200.7796</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>IDA</td>
<td>0.5541</td>
<td>0.1171</td>
<td>22.3754</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>HAL</td>
<td>1.2151</td>
<td>0.1031</td>
<td>138.9565</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>ANTYB</td>
<td>0.9193</td>
<td>0.0696</td>
<td>174.2529</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>FRCIG</td>
<td>1.1601</td>
<td>0.0933</td>
<td>154.4996</td>
<td>0.0000</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Factors</th>
<th>Variable</th>
<th>Estimate</th>
<th>StdErr</th>
<th>Wald $\chi^2$</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH</td>
<td>1.0336</td>
<td>0.1056</td>
<td>95.7883</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>FAST</td>
<td>1.4803</td>
<td>0.0816</td>
<td>328.7176</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>VMNT</td>
<td>1.6335</td>
<td>0.1065</td>
<td>235.4574</td>
<td>0.0000</td>
<td></td>
</tr>
<tr>
<td>SPRT</td>
<td>-0.4448</td>
<td>0.0569</td>
<td>61.0496</td>
<td>0.0000</td>
<td></td>
</tr>
</tbody>
</table>

The variables included in the preliminary model, and which contribute significantly to the response variable of suicidal ideation (SUID) are age (AGE), sex (SEX), depressed mood (MOOD), usage of inhalants to get high (SNF), steroid use (STR), using alcohol and/or drugs prior to intercourse (IDA), vomiting or using laxatives to lose weight or to
keep from gaining weight (VMT), and the race/ethnic groups for Black and African Americans (ETHR3), and Hispanics (ETHR4).

Table 3 lists the variables selected for the preliminary model, as well as the estimated coefficients, standard errors, Wald $\chi^2$ statistics and p-values. Variable statistics from the univariate models are also shown for a comparison of the estimates and changes in significance of a variable from the univariate model to an inclusive model.

Table 3. Estimated Coefficients for Preliminary Model vs the Univariate Model

<table>
<thead>
<tr>
<th>Variable</th>
<th>PRELIMINARY MODEL</th>
<th>UNIVARIATE MODELS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Estimate</td>
<td>StdErr</td>
</tr>
<tr>
<td>AGE</td>
<td>-0.1606</td>
<td>0.0600</td>
</tr>
<tr>
<td>SEX</td>
<td>0.3337</td>
<td>0.0727</td>
</tr>
<tr>
<td>MOOD</td>
<td>1.9329</td>
<td>0.1019</td>
</tr>
<tr>
<td>SNF</td>
<td>0.5864</td>
<td>0.1804</td>
</tr>
<tr>
<td>STR</td>
<td>0.6330</td>
<td>0.2123</td>
</tr>
<tr>
<td>IDA</td>
<td>0.2479</td>
<td>0.1334</td>
</tr>
<tr>
<td>VMT</td>
<td>0.8721</td>
<td>0.1534</td>
</tr>
<tr>
<td>ETHR3</td>
<td>-0.8274</td>
<td>0.1153</td>
</tr>
<tr>
<td>ETHR4</td>
<td>-0.1975</td>
<td>0.0921</td>
</tr>
</tbody>
</table>

An assumption of logistic regression modeling is that the logit is linear in nature. Many times continuous variables may not be linear, and thus must undergo a transformation. Age is the only continuous variable that is included in the preliminary model, and is investigated further to determine if a transformation is necessary for maintaining linearity of the logit. Using the log-likelihood of several different models with age as the independent variable for predicting suicidal ideation, we can compare the log-likelihood ratios to the linear logit model of age to determine the best transformation of age. Table 4 shows the values for the log-likelihood ratio tests performed for the
transformation analysis of age. Based on the results of the transformations, the linear model and the best J=2 model have the highest log-likelihoods. Using the partial likelihood ratio test, there is not a significant difference in the log-likelihoods between the J=2 model and the linear model, therefore retaining age as a linear variable will not significantly impact the linearity of the logit.

Table 4. Log-Likelihood Ratios for Transformation of Age

<table>
<thead>
<tr>
<th>Transformation Models:</th>
<th>-2 Log L</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best J=2 model: Age = 1 + age^3 + age^3ln(age)</td>
<td>12494.2</td>
</tr>
<tr>
<td>Best J=1 model: Age = ln(age)</td>
<td>12465.1</td>
</tr>
<tr>
<td>Linear model:</td>
<td>12493.4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>df</th>
<th>Partial Likelihood Ratio Test:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>G(1,p1)= -56.644 p= 1.0000</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>G(p1,p2)= 58.256 p= 0.0000</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>G(1,p2)= 1.612 p= 0.6567</td>
<td></td>
</tr>
</tbody>
</table>

Age : No Transformation Needed

Transformation Check:

<table>
<thead>
<tr>
<th>Linear -2 Log L= 12493.4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age transformed -2 Log L= 12494.2</td>
</tr>
<tr>
<td>$\chi^2 = 1.612$ p-value = 0.6567</td>
</tr>
</tbody>
</table>

Interaction effects are an important consideration for any model, and must be thoroughly explored to determine if there is a significant interaction that should be included in the final model. Based on the variables remaining in the preliminary model, interaction terms were created as the product of two variables for each combination of the significant independent variables, and then tested for significance in the main effects model to determine if the interaction term should be included in a final model. The level of significance for interaction terms to be included as significant to a model is based on a traditional significance level of $\alpha = 0.05^{12}$. The only interaction significant at the $\alpha = 0.05$
level for the YRBSS data is the interaction between SEX and MOOD. There is a significant amount of literature available in regards to the interaction between sex and depressed mood\textsuperscript{2,4}. Studies show that females are much more likely to attempt suicide, and to suffer depression, although males are much more likely to succeed in their attempts of suicide\textsuperscript{7}.

Based on the results of the variable selection process, a final model has been developed to help determine the risk factors associated with suicidal ideation for the YRBSS data in the study. Table 5 gives the question from YRBSS that determined the risk factors associated with suicidal ideation, the significance level, estimated coefficient and standard error, as well as the Wald $\chi^2$ statistic for each significant variable. The final logistic regression model based on the YRBSS data for suicidal ideation is:

$$
\hat{p}(x) = \frac{\exp\{-1.8129 - 0.1652AGE + 0.5991SEX + 2.2009MOOD + 0.5970SNF + 0.6246STR + 0.2542ID4 + 0.8797\text{VMT} - 0.8167ETHR3 - 0.2010ETHR4 - 0.4680SEX \times MOOD\}}{1 + \exp\{-1.8129 - 0.1652AGE + 0.5991SEX + 2.2009MOOD + 0.5970SNF + 0.6246STR + 0.2542ID4 + 0.8797\text{VMT} - 0.8167ETHR3 - 0.2010ETHR4 - 0.4680SEX \times MOOD\}}
$$

Table 6 gives model fit statistics for both the preliminary model, without any interactions, and also for the final model, including the sex*mood interaction term. Each of these models are significant in terms of their score tests, likelihood ratios, and the Wald statistic. More discussion in terms of the model fit for the final model will be addressed in the following chapter.
Table 5. Significant Variables Included in Final Model for Risk Behaviors and Suicidal Ideation

<table>
<thead>
<tr>
<th>Variable Description</th>
<th>Parameter</th>
<th>DF</th>
<th>$\hat{\beta}$</th>
<th>Error</th>
<th>$\chi^2$</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intercept</td>
<td></td>
<td>1</td>
<td>-1.8129</td>
<td>0.3244</td>
<td>31.2276</td>
<td>0.0000</td>
</tr>
<tr>
<td>Age Range 12 – 18 years old</td>
<td>AGE</td>
<td>1</td>
<td>-0.1652</td>
<td>0.0596</td>
<td>7.6805</td>
<td>0.0056</td>
</tr>
<tr>
<td>Female = 1</td>
<td>SEX</td>
<td>1</td>
<td>0.5991</td>
<td>0.1452</td>
<td>17.0191</td>
<td>0.0000</td>
</tr>
<tr>
<td>Student felt so sad or hopeless almost every day for two weeks or more in a row that he/she stopped doing some usual activities**</td>
<td>MOOD</td>
<td>1</td>
<td>2.2009</td>
<td>0.1745</td>
<td>159.0890</td>
<td>0.0000</td>
</tr>
<tr>
<td>Student sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times***</td>
<td>SNF</td>
<td>1</td>
<td>0.5970</td>
<td>0.1824</td>
<td>10.7085</td>
<td>0.0011</td>
</tr>
<tr>
<td>Student took steroid pills or shots without a doctor’s prescription one or more times***</td>
<td>STR</td>
<td>1</td>
<td>0.6246</td>
<td>0.2211</td>
<td>7.9827</td>
<td>0.0047</td>
</tr>
<tr>
<td>Student had sexual intercourse during the past three months, and drank alcohol or used drugs before last sexual intercourse</td>
<td>IDA</td>
<td>1</td>
<td>0.2542</td>
<td>0.1345</td>
<td>3.5712</td>
<td>0.0588</td>
</tr>
<tr>
<td>Student vomited or took laxatives to lose weight or to keep from gaining weight*</td>
<td>VMT</td>
<td>1</td>
<td>0.8797</td>
<td>0.1509</td>
<td>33.9826</td>
<td>0.0000</td>
</tr>
<tr>
<td>Black or African American</td>
<td>ETHR3</td>
<td>1</td>
<td>-0.8167</td>
<td>0.1163</td>
<td>49.2724</td>
<td>0.0000</td>
</tr>
<tr>
<td>Hispanic</td>
<td>ETHR4</td>
<td>1</td>
<td>-0.2010</td>
<td>0.0914</td>
<td>4.8375</td>
<td>0.0278</td>
</tr>
<tr>
<td>Interaction Between Sex and Mood</td>
<td>SEX*MOOD</td>
<td>1</td>
<td>-0.4680</td>
<td>0.2213</td>
<td>4.4709</td>
<td>0.0345</td>
</tr>
</tbody>
</table>

*During past 30 days
**During past 12 months
***Anytime during life
Table 6. Model Fit Statistics for Preliminary and Final Logistic Regression Models

<table>
<thead>
<tr>
<th>Preliminary Model</th>
<th>Final Model</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Criterion</strong></td>
<td><strong>Intercept</strong></td>
</tr>
<tr>
<td>AIC</td>
<td>4511.658</td>
</tr>
<tr>
<td>SC</td>
<td>4518.072</td>
</tr>
<tr>
<td>-2 Log L</td>
<td>4509.658</td>
</tr>
<tr>
<td><strong>Test</strong></td>
<td><strong>DF</strong></td>
</tr>
<tr>
<td>Likelihood Ratio</td>
<td>10</td>
</tr>
<tr>
<td>Score</td>
<td>10</td>
</tr>
<tr>
<td>Wald</td>
<td>10</td>
</tr>
<tr>
<td><strong>Association of Predicted Probabilities</strong></td>
<td><strong>Association of Predicted Probabilities</strong></td>
</tr>
<tr>
<td>%Concordant</td>
<td>79.8</td>
</tr>
<tr>
<td>% Discordant</td>
<td>19.1</td>
</tr>
<tr>
<td>% Tied</td>
<td>1.1</td>
</tr>
<tr>
<td>Pairs</td>
<td>3482269</td>
</tr>
</tbody>
</table>

**Goodness of Fit**

Once a model has been established, it is important to determine if the model is a good fit of the data, a good predictor for the response variable, and to determine if the overall terms of the model are relevant in representing the predicted outcomes. Many tests are available to assess goodness of fit for a logistic regression model derived from a simple random survey; however, with complex sample surveys the methods of obtaining many of these tests have not been implemented into any current software packages, such as SAS, SUDAAN or STATA\textsuperscript{12}. By using the complex sample survey data to find a model with consideration taken for strata, psu’s and weights, the analysis is considered design-based, whereas evaluating the data as if it came from a simple random sample by ignoring the cluster stratification would be considered model-based\textsuperscript{12}. The current evaluation techniques for complex sample surveys is to use the design-based method in order to select
a significant model using the methods previously discussed; however, determining influential and outlier points for complex sample surveys requires further study to determine the best approach for identifying these covariate patterns. Current literature suggests to use a model-based approach for model fit using the model found by the design-based methods. The tests we will use to assess the fit of this logistic regression model will be the Hosmer-Lemeshow (HL) test, the Wald F test and the adjusted Wald F test\(^ {12} \). The sensitivity and specificity can be computed as well; however, this is also accomplished by using the model-based method for obtaining these results. The issue of finding influential or outlier points with the \( \Delta \chi^2 \), \( \Delta \hat{\beta} \), or \( \Delta D \) diagnostics are unavailable as options in the current software programs used for analysis of complex sample survey designs, and continued research and simulation studies should be conducted to find suitable methods for obtaining these diagnostic tools\(^ {12} \).

The HL Goodness of Fit test is a diagnostic tool to assess the overall fit of the model. The null hypothesis being tested with the HL test is that the model is a good fit. The first step in computing the HL test is to divide the number of covariate patterns into ten approximately equal groups after sorting the covariate patterns in ascending order of \( \hat{\pi} \). Once each group has been established, the average estimated probability for each group is computed, as well as the number of positive responses in each group. The HL test is then computed by the formula:

\[
\hat{C} = \sum_{k=1}^{g} \frac{(o_k - n_k \hat{\pi}_k)^2}{n_k \hat{\pi}_k (1 - \hat{\pi}_k)}
\]
where $n'_k$ is the total number of subjects in the $k^{th}$ group, $o_k$ is the total number of positive responses in the group, and $\hat{\pi}_k$ is the expected probability for group $k$. Once the $\hat{C}$ statistic has been obtained, the distribution of the statistic can be approximated by the $\chi^2$ distribution with $g - 2$ degrees of freedom. Table 7 shows the ten HL groups, and the distribution of observed versus expected values for SUID = 0 and SUID = 1. Based on the results of the HL test, $\chi^2 = 6.7116$, and $p$-value = 0.5680, we conclude that the null hypothesis can not be rejected, and therefore the model is a good fit.

Table 7. Hosmer-Lemeshow Goodness of Fit Tests

<table>
<thead>
<tr>
<th>Group</th>
<th>Total</th>
<th>SUID = 1</th>
<th>SUID = 0</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>$y_j$</td>
<td>$\pi_j$</td>
</tr>
<tr>
<td>1</td>
<td>449</td>
<td>13</td>
<td>14.65</td>
</tr>
<tr>
<td>2</td>
<td>447</td>
<td>18</td>
<td>23.35</td>
</tr>
<tr>
<td>3</td>
<td>480</td>
<td>35</td>
<td>31.00</td>
</tr>
<tr>
<td>4</td>
<td>458</td>
<td>44</td>
<td>38.02</td>
</tr>
<tr>
<td>5</td>
<td>393</td>
<td>48</td>
<td>43.50</td>
</tr>
<tr>
<td>6</td>
<td>451</td>
<td>63</td>
<td>61.37</td>
</tr>
<tr>
<td>7</td>
<td>451</td>
<td>96</td>
<td>110.19</td>
</tr>
<tr>
<td>8</td>
<td>450</td>
<td>170</td>
<td>161.16</td>
</tr>
<tr>
<td>9</td>
<td>454</td>
<td>198</td>
<td>200.04</td>
</tr>
<tr>
<td>10</td>
<td>477</td>
<td>304</td>
<td>305.72</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HL Tests:</th>
<th>$\chi^2 = 6.7116$</th>
<th>$y_j$ - Observed</th>
<th>$\pi_j$ - Expected</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$p$-value = 0.5680</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The Wald F test is another measure for testing coefficient significance and for comparing the significance of the overall model with an intercept only model. The results for the Wald F test are shown in Table 8, and based on the $p$-values, we are able to conclude that the overall model is significant as well as the estimated coefficients of the full
model. The model with the intercept only is also significant, but since the Wald score is much lower, this indicates that the overall model is more significant.

Table 8. Wald F Test for Coefficient Significance

<table>
<thead>
<tr>
<th>Contrast</th>
<th>DF</th>
<th>Wald F</th>
<th>p-value</th>
<th>Adj WaldF</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Model</td>
<td>11</td>
<td>121.73</td>
<td>0.0000</td>
<td>92.04</td>
<td>0.0000</td>
</tr>
<tr>
<td>Model - Intercept</td>
<td>10</td>
<td>79.34</td>
<td>0.0000</td>
<td>61.92</td>
<td>0.0000</td>
</tr>
<tr>
<td>Intercept</td>
<td>1</td>
<td>30.34</td>
<td>0.0000</td>
<td>30.34</td>
<td>0.0000</td>
</tr>
<tr>
<td>AGE</td>
<td>1</td>
<td>7.38</td>
<td>0.0096</td>
<td>7.38</td>
<td>0.0096</td>
</tr>
<tr>
<td>SEX</td>
<td>1</td>
<td>16.72</td>
<td>0.0002</td>
<td>16.72</td>
<td>0.0002</td>
</tr>
<tr>
<td>MOOD</td>
<td>1</td>
<td>173.20</td>
<td>0.0000</td>
<td>173.20</td>
<td>0.0000</td>
</tr>
<tr>
<td>SNF</td>
<td>1</td>
<td>10.69</td>
<td>0.0022</td>
<td>10.69</td>
<td>0.0022</td>
</tr>
<tr>
<td>STR</td>
<td>1</td>
<td>8.20</td>
<td>0.0066</td>
<td>8.20</td>
<td>0.0066</td>
</tr>
<tr>
<td>IDA</td>
<td>1</td>
<td>3.77</td>
<td>0.0590</td>
<td>3.77</td>
<td>0.0590</td>
</tr>
<tr>
<td>VMT</td>
<td>1</td>
<td>33.63</td>
<td>0.0000</td>
<td>33.63</td>
<td>0.0000</td>
</tr>
<tr>
<td>ETHR3</td>
<td>1</td>
<td>48.81</td>
<td>0.0000</td>
<td>48.81</td>
<td>0.0000</td>
</tr>
<tr>
<td>ETHR4</td>
<td>1</td>
<td>4.67</td>
<td>0.0365</td>
<td>4.67</td>
<td>0.0365</td>
</tr>
<tr>
<td>SEX*MOOD</td>
<td>1</td>
<td>4.99</td>
<td>0.0311</td>
<td>4.99</td>
<td>0.0311</td>
</tr>
</tbody>
</table>

Sensitivity and specificity are two diagnostic measurements used to assess the model in terms of reliability of the model to classify observations correctly. Sensitivity measures the number of observations that are correctly classified as true positives, or in the case of this study, those students who answered ‘Yes’ to the suicidal ideation question would be classified as ‘at risk’ based on the model. Specificity is the measure of how many subjects were classified as negatives, and responded negatively as well, so students who answered ‘No’ for the suicidal ideation question would be classified as ‘not at risk’. Classifying observations as correct or incorrect requires setting a cutoff point for predicted probabilities to be considered either at risk or not at risk. The typical cutoff point is at $\hat{\pi} = 0.5$, and so for each $\hat{\pi} \geq 0.5$, it would be classified as ‘at risk’ whereas for each
\( \hat{\pi} < 0.5 \), it would be considered ‘not at risk’. Using a different cutoff point such as 
\( \hat{\pi} = 0.35 \), for each observation where \( \hat{\pi} \leq 0.35 \), then \( \hat{\pi} = 0.35 \), and observations where 
\( \hat{\pi} < 0.5 \), then \( \hat{\pi} = 0.65 \). For the final model of the YRBSS data, Table 9 lists the cutoff 
points, sensitivity and specificity for the expected and observed values for the YRBSS data.

Table 9. Classification Table for Sensitivity and Specificity

<table>
<thead>
<tr>
<th>Cutoff Point</th>
<th>Correctly Identified</th>
<th>Incorrectly Identified</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>False Negatives</th>
<th>False Positives</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>SUID=1</td>
<td>SUID=0</td>
<td>SUID=1</td>
<td>SUID=0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0.05</td>
<td>968</td>
<td>591</td>
<td>2930</td>
<td>21</td>
<td>97.90</td>
<td>16.80</td>
</tr>
<tr>
<td>0.10</td>
<td>854</td>
<td>1957</td>
<td>1564</td>
<td>135</td>
<td>86.30</td>
<td>55.60</td>
</tr>
<tr>
<td>0.15</td>
<td>770</td>
<td>2431</td>
<td>1090</td>
<td>219</td>
<td>77.90</td>
<td>69.00</td>
</tr>
<tr>
<td>0.20</td>
<td>754</td>
<td>2544</td>
<td>977</td>
<td>235</td>
<td>76.20</td>
<td>72.30</td>
</tr>
<tr>
<td>0.25</td>
<td>687</td>
<td>2761</td>
<td>760</td>
<td>302</td>
<td>69.50</td>
<td>78.40</td>
</tr>
<tr>
<td>0.30</td>
<td>657</td>
<td>2833</td>
<td>688</td>
<td>332</td>
<td>66.40</td>
<td>80.50</td>
</tr>
<tr>
<td>0.35</td>
<td>601</td>
<td>2938</td>
<td>583</td>
<td>388</td>
<td>60.80</td>
<td>83.40</td>
</tr>
<tr>
<td>0.40</td>
<td>470</td>
<td>3149</td>
<td>372</td>
<td>519</td>
<td>47.50</td>
<td>89.40</td>
</tr>
<tr>
<td>0.45</td>
<td>366</td>
<td>3281</td>
<td>240</td>
<td>623</td>
<td>37.00</td>
<td>93.20</td>
</tr>
<tr>
<td>0.50</td>
<td>290</td>
<td>3356</td>
<td>165</td>
<td>699</td>
<td>29.30</td>
<td>95.30</td>
</tr>
<tr>
<td>0.55</td>
<td>246</td>
<td>3399</td>
<td>122</td>
<td>743</td>
<td>24.90</td>
<td>96.50</td>
</tr>
<tr>
<td>0.60</td>
<td>182</td>
<td>3434</td>
<td>87</td>
<td>807</td>
<td>18.40</td>
<td>97.50</td>
</tr>
</tbody>
</table>

For a continuous range of cutpoints, the sensitivity and specificity can be calculated 
and plotted as Sensitivity vs. 1-Specificity, which results in a Receiver Operating 
Characteristic (ROC) curve\(^{12}\). The area under the ROC curve provides a measure of 
discrimination for the model. Figure 3 plots the sensitivity/specificity versus all cutoff 
points, and Figure 4 gives the ROC curve for the YRBSS data. In Figure 3, the intersection 
of the two curves would be considered the optimum cutoff level for the sensitivity and 
specificity measures. The area under the ROC curve is also calculated in SAS under the 
Association of Predicted Probabilities information, listed as c. The YRBSS suicidal
ideation model has an area under the ROC curve of $c = 0.805$, which is considered to be an excellent discrimination level.

![ROC Curve Diagram]

Figure 3: Sensitivity Versus 1–Specificity Plotted Against $\hat{\pi}$

In evaluating goodness of fit for the YRBSS model, model fit statistics obtained have given sufficient evidence supporting that the model is a good representation for determining the risk behaviors associated with suicidal ideation for adolescents in the YRBSS study. We now can expand the model to interpret and make predictions for suicidal ideations for adolescents based on the estimates obtained from the logistic regression model.
Figure 4: Receiver Operating Characteristic Curve (ROC)
Chapter 3

RESULTS

Odds Ratios

Once a logistic regression model has been found, the odds ratios for the model are
looked at to determine the impact of the independent variables on the response variable, in
this case, suicidal ideation. The most significant factor in assessing an adolescent’s risk of
suicidal ideation, based on the obtained model, is the student feeling sad or depressed for
more than 2 weeks at a time in the previous 12 months. The estimated odds for an
individual to consider suicide is 5.580 as compared to the general sample population, with
a 95% confidence interval of 4.392 to 7.090. Other factors that increase the odds of
suicidal ideation are using glue, aerosols or other inhalants to get high, with odds ratio of
1.682, using steroids without a doctor’s consent with an odds ratio of 1.688, drug or alcohol
use prior to having sexual intercourse with odds ratio of 1.333, and the use of laxatives or
inducing vomiting to lose weight or to keep from gaining weight with an odds ratio of
2.330. In terms of race and ethnicity, Black and African Americans have an odds ratio of
0.525, indicating a lower risk of suicidal ideation for that particular racial group. Table 10
shows odds ratios and 95% confidence intervals for these risk factors of suicidal ideation.

Calculation of odds ratios for risk factors that interact with each other, such as sex
and mood, must be computed in a different manner than those of risk factors not involved
in interactions. For a risk factor that is not affected by interaction, the odds ratio is
calculated fairly quickly using the equation \( OR = e^{\hat{\beta}} \). With interaction, the logit is calculated as:

\[
g(f, x) = \beta_0 + \beta_1 f + \beta_2 x + \beta_3 f \times x,
\]

where \( f \) is the level of factor 1, \( x \) is the level of factor 2, and \( f \times x \) is the product of the two levels. To compare the odds ratios for one of the factors, in our case sex, the odds ratio would be calculated by taking the difference of the logit between females and males, and exponentiating the difference. Thus, to compute the odds ratio for the interaction of sex and mood for females versus males where \( f_1 \) is female and \( f_0 \) is male, the equation yields:

\[
OR = \exp[0.5991(f_1 - f_0) - 0.4680x(f_1 - f_0)].
\]

Table 10. Estimated Odds Ratios and 95% Confidence Intervals

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>*OR's</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race/Ethnicity</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black or African American</td>
<td>0.525</td>
<td>0.388</td>
</tr>
<tr>
<td>Hispanic</td>
<td>0.992</td>
<td>0.789</td>
</tr>
<tr>
<td>Females</td>
<td>1.820</td>
<td>1.370</td>
</tr>
<tr>
<td>Feeling Sad or Depressed for More Than 2 Weeks at a Time*</td>
<td>5.580</td>
<td>4.392</td>
</tr>
<tr>
<td>Using Glue, Aerosols, or Other Inhalants to Get High*</td>
<td>1.682</td>
<td>1.145</td>
</tr>
<tr>
<td>Using Steroids Without a Doctor's Consent*</td>
<td>1.688</td>
<td>0.945</td>
</tr>
<tr>
<td>Using Drugs and/or Alcohol Before Last Sexual Intercourse*</td>
<td>1.333</td>
<td>0.893</td>
</tr>
<tr>
<td>Vomiting or Using Laxatives to Lose Weight*</td>
<td>2.330</td>
<td>1.514</td>
</tr>
<tr>
<td>Interaction between Sex and Depressed Mood</td>
<td>0.626</td>
<td>0.406</td>
</tr>
</tbody>
</table>

Based on the results from Table 11 showing the odds ratios for the interaction between sex and mood, it is clear to see that females have a higher rate of suicidal ideation both in terms of having a depressed mood, with an odds ratio of 1.681 for females versus 1.474 for males, and in absence of a depressed mood with females having an odds ratio of
0.297 versus males at 0.163. It is also very important to note that a depressed mood for 2 weeks or more at a time significantly increases the risk of suicidal ideation for both males and females.

Table 11. Odds Ratios For Interaction Between Sex & Depressed Mood

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th></th>
<th></th>
<th>No</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>OR</td>
<td>95% CI</td>
<td>OR</td>
<td>95% CI</td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>1.681</td>
<td>1.635</td>
<td>1.727</td>
<td>0.297</td>
<td>0.285</td>
</tr>
<tr>
<td>Male</td>
<td>1.474</td>
<td>1.434</td>
<td>1.515</td>
<td>0.163</td>
<td>0.157</td>
</tr>
</tbody>
</table>

Many other factors affect the risks of suicidal ideation for males and females at different rates. In order to determine some of the risk factors that are more significant for a particular sex, odds ratios have been calculated for males and females separately to determine which risk factors are more significant in terms of sex. In terms of race and ethnicity, the odds ratios for Black and African Americans and Hispanics were lower for both male and female for suicidal ideation, however females had a higher odds ratio for each of these groups. Black and African American females have an odds ratio of 0.525, whereas males have an odds ratio of 0.304. For Hispanics, the odds ratio for females is 0.992, and males again have a lower risk with odds ratios of 0.607. Use of inhalants, aerosol sprays and glue to get high has a larger effect on males than females, where males have an odds ratio of 2.101 and the odds ratio for females is 1.682. There is a difference between sexes for the other risk factors; however the differences are not as significant for these other variables. Table 12 gives the estimated odds ratios and 95% confidence limits for all of the variables in the final model by sex.
Table 12. Estimated Odds Ratios For Males and Females

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Females</th>
<th>Males</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>*OR’s</td>
<td>95% CI</td>
</tr>
<tr>
<td>Race/Ethnicity</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Black or African American</td>
<td>0.525</td>
<td>0.388</td>
</tr>
<tr>
<td>Hispanic</td>
<td>0.992</td>
<td>0.789</td>
</tr>
<tr>
<td>Age</td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤ 14</td>
<td>0.852</td>
<td>0.758</td>
</tr>
<tr>
<td>15</td>
<td>0.725</td>
<td>0.646</td>
</tr>
<tr>
<td>16</td>
<td>0.618</td>
<td>0.550</td>
</tr>
<tr>
<td>17</td>
<td>0.526</td>
<td>0.469</td>
</tr>
<tr>
<td>Using Glue, Aerosols, or Other Inhalants to Get High</td>
<td>1.682</td>
<td>1.145</td>
</tr>
<tr>
<td>Using Steroids Without a Doctor's Consent</td>
<td>1.688</td>
<td>0.945</td>
</tr>
<tr>
<td>Using Drugs and/or Alcohol Before Last Sexual Intercourse</td>
<td>1.333</td>
<td>0.893</td>
</tr>
<tr>
<td>Vomiting or Using Laxatives to Lose Weight</td>
<td>2.330</td>
<td>1.514</td>
</tr>
</tbody>
</table>
Chapter 4

DISCUSSION

The rates of adolescents attempting suicide have remained fairly steady since the 1990’s.\(^9\) While suicide ideation showed a decrease in the 1990’s,\(^7\) the rates have not changed in recent years, as shown in Table 13. Many studies have shown the link between suicidal ideation and suicidal attempts\(^2\,11\). In order to try and decrease the suicide rate of adolescents, prevention needs to start early\(^6\) when risk behaviors begin\(^2\). If even one death can be prevented based on prevention methods used when risk behaviors are first evaluated, the efforts of this study, and others like it, will be worth the life of a young person just starting out in life.

Although this study has identified ten significant risk factors for predicting suicidal ideation, many other risk behaviors for suicidal ideation and attempts may be present, and further research into the risk factors is imperative to assure that youth are able to face the challenges of adolescence without having to think in terms of extreme measures, such as suicidal ideation, which in turn can lead to attempts and/or success of suicide\(^4\,5\).
Table 13. Trends in the Prevalence Rate of Suicidal Ideation and Attempts

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Seriously considered attempting suicide</strong>&lt;br&gt;(During the 12 months preceding the survey.)</td>
<td>29.0 (±1.5)</td>
<td>24.1 (±0.9)</td>
<td>24.1 (±1.1)</td>
<td>20.5 (±2.3)</td>
<td>19.3 (±1.2)</td>
<td>19.0 (±1.4)</td>
<td>16.9 (±0.7)</td>
<td>16.9 (±0.9)</td>
<td>Decreased, 1991–2003</td>
<td>No change</td>
</tr>
<tr>
<td><strong>Made a suicide plan</strong>&lt;br&gt;(During the 12 months preceding the survey.)</td>
<td>18.6 (±1.5)</td>
<td>19.0 (±1.1)</td>
<td>17.7 (±1.4)</td>
<td>15.7 (±1.3)</td>
<td>14.5 (±1.4)</td>
<td>14.8 (±1.1)</td>
<td>18.5 (±2.3)</td>
<td>13.0 (±2.9)</td>
<td>Decreased, 1991–2005</td>
<td>No change</td>
</tr>
<tr>
<td><strong>Attempted suicide</strong>&lt;br&gt;(One or more times during the 12 months preceding the survey.)</td>
<td>7.3 (±0.9)</td>
<td>8.6 (±0.8)</td>
<td>8.7 (±0.8)</td>
<td>7.7 (±0.9)</td>
<td>8.3 (±1.0)</td>
<td>8.8 (±0.6)</td>
<td>8.5 (±1.1)</td>
<td>8.4 (±0.9)</td>
<td>No change, 1991–2005</td>
<td>No change</td>
</tr>
</tbody>
</table>

1 Based on linear and quadratic trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade.
2 Based on Poisson analysis.
3 95% confidence interval.

Limitations

The limitations of this study include issues such as limited availability of influential and outlier diagnostics, reliability of self-reporting from a survey, non-representation of subjects successful at suicide, and other questions not addressed in the survey questionnaire. Further study should be done to investigate methods that are able to more reliably obtain diagnostic tests for outlier and influential subjects. Another limitation arising from the complex sample survey data is that for model fit analysis, observations with any missing data are not included for model fit tests. Methods such as imputation can be implemented to help account for the missing values of an observation for complex sample surveys, and increase reliability of model fit assessment. Limitations are present with any sample survey in that although careful design of the sample population is implemented, certain populations may still be
underrepresented by the sample population, especially in considering risk factors for suicidal attempts when information would not be available for those succeeding in suicidal attempts\(^3\). Students at the age of 16 are no longer required by law to attend school, and the risks associated with suicidal ideation could be very different for this population, but due to the sample design of the YRBSS the sample population is unable to account for dropouts since the survey is conducted through school attendance.

Other studies have shown links between suicidal ideation and risk factors such as previous suicide attempts\(^2\), homosexuality and sexual identity issues\(^2,4\), and also biological and genetic markers\(^4,7\). The YRBSS survey has not implemented questions dealing with sexual identity issues, and survey data can not account for biological risk factors or genetic markers either. Therefore, additional studies focusing on these factors could help in determining the rates of risk associated with these particular variables.

Continued research in the risk factors associated with suicidal ideation identified in this study, as well as risk factors mentioned previously should be investigated further to address the limitations of this study. The more information on risk behaviors that influence suicidal ideation can help local, state and other agencies to create and fund additional prevention and treatment plans targeting the risk behaviors and to help prevent an adolescent from engaging in risky behaviors that could lead to suicidal ideations, and potentially prevent future suicidal behaviors in adolescents.
REFERENCES


APPENDIX

Appendix A – SAS Code For YRBSS Analysis

options nodate nonumber nocenter skip=0;
libname adol 'C:\YRBSS\SAS Code\';
libname library 'C:\YRBSS\SAS Code\';
data adol.rcyrbs05;
set adol.yrbs05SAS;
if q24 = . then delete;
if q2=2 THEN sex=0; else sex=q2;
if q1='1' THEN age=1; if q1='2' THEN age=2; if q1='3' THEN age=3; if q1='4' THEN age=4;
if q1='5' THEN age=5; if q1='6' THEN age=6; if q1='7' THEN age=7; else age=q1;
if age>=1 or age<=4 THEN age1=1; else age1=0; if age>=5 or age<=7 THEN age2=1; else age2=0;
if q4='1' THEN race1=1; else race1=0; if q4='2' or q4='5' THEN race2=1; else race2=0;
if q4='3' THEN race3=1; else race3=0; if q4='4' or q4='7' THEN race4=1; else race4=0;
if q4='6' THEN race5=1; else race5=0;
array qnr(97) qn1-qnr97;
array qn(97) qn1-qn97;
do i = 1 to 97;
if qn(i)=2 then qnr(i)=0; else qnr(i)=qn(i); end;
if qnfr cig=2 then qnfr cig=0; else qnfr cig=qnfr cig;
if qnany tob=2 then qn any tob=0; else qn any tob=qnany tob;
drop q1-q97 qn1-qn97;
run;
proc surveyfreq data=adol.rcyrbs05;
cluster psu;
strata stratum;
tables age sex qnr23 race1-race5 qnr24;
weight weight; run;
/*Create Interaction Variables*/
data adol.rcyrbs05; set adol.rcyrbs05;
q7or4=qnr70*race4; q7or3=qnr70*race3; ageq50=age*qnr50; ageq23=age*qnr23;
ageq54=age*qnr54; ageq70=age*qnr70; ageq61=age*qnr61; sxq54=sx*qnr54;
q23q61=qnr23*qnr61; q23q54=qnr23*qnr54; q23q50=qnr23*qnr50; q23q70=qnr23*qnr70;
q23r3=qnr23*race3; q23r4=qnr23*race4; q23r5=qnr23*race5; q50q70=qnr50*qnr70;
q50q61=qnr50*qnr61; sxq70=sx*qnr70; sxq61=sx*qnr61; q50q54=qnr50*qnr54;
q50r3=qnr50*race3; q50r4=qnr50*race4; q50r5=qnr50*race5; q54q70=qnr54*qnr70;
q54q61=qnr54*qnr61; q54r4=qnr54*race4; q54r5=qnr54*race5; q61q70=qnr61*qnr70;
q61q61=qnr61*qnr61; ageq2q54=age2*qnr54; ageq1q70=age1*qnr70; ageq2q70=age2*qnr70;
ageq1q61=age1*qnr61; ageq2q61=age2*qnr61;
run;
/*Variable significance testing for Suicide Ideation*/
title 'Variable significance testing for Suicidal Ideation'; ods listing close;
%macro repeat(covlist);
ods output ParameterEstimates=logitout;
proc surveylogistic data=adol.rcyrbs05;
cluster psu;
model qnr24 (descending)=&covlist;
weight weight;
strata stratum;
data sum;
set sum logitout;
%mend;
data sum;
if 1=1 then delete; run;
%repeat(race1)%repeat(race2)%repeat(race3)%repeat(race4)%repeat(qnr70)%repeat(age)
%repeat(race5)%repeat(sex)%repeat(qnr21)%repeat(qnr23)%repeat(qnr90)%repeat(qnr40)
%repeat(qnr42)%repeat(qnr44)%repeat(qnr48)%repeat(qnr49)%repeat(qnrfr cig)%repeat(qnr18)
%repeat(qnr50)%repeat(qnr51)%repeat(qnr52)%repeat(qnr53)%repeat(qnranytob)%repeat(qnr16)
%repeat(qnr54)%repeat(qnr55)%repeat(qnr61)%repeat(qnr68)%repeat(qnr7)%repeat(qnr15)
%repeat(qnr11)%repeat(qnr13)%repeat(qnr84)%repeat(qnr88)%repeat(qnr59)%repeat(qnr4)
ods listing;
proc print data=full; run;
/*Backwards elimination for Suicidal Ideation - FULL MODEL*/
ods listing close;
ods output Surveylogistic.ParameterEstimates=full;
proc surveylogistic data=adol.rcyrbs05;
   cluster psu;
   model qnr24(descending)=age sex qnr7 qnr11 qnr13-qnr16 qnr18 qnr21 qnr23 qnr40
   qnr42
   qnr44 qnr48-qnr55 qnr59 qnr61 qnr68 qnr70 qnr84 qnr88 qnr90 qnranytob qnrfr cig
   race1-race4;
   weight weight;
   strata stratum; run;
ods listing;
proc print data=full; run;
/*Backwards elimination for Suicidal Ideations*/
ods listing close;
ods output Surveylogistic.ParameterEstimates=bkwd1;
proc surveylogistic data=adol.rcyrbs05;
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr48-qnr55 qnr61 qnr70 qnr90 race1 race3
   race4;
   weight weight;
   strata stratum; run;
ods listing;
proc print data=bkwd1; run;
ods listing close;
ods output Surveylogistic.ParameterEstimates=bkwd2;
proc surveylogistic data=adol.rcyrbs05;
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr49 qnr50 qnr54 qnr61 qnr70 race1 race3
   race4;
   weight weight;
   strata stratum; run;
ods listing;
proc print data=bkwd2; run;
ods listing close;
ods output Surveylogistic.ParameterEstimates=bkwd3;
proc surveylogistic data=adol.rcyrbs05;
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr55 qnr54 qnr61 qnr70 race1 race3 race4;
   weight weight;
   strata stratum; run;
ods listing;
proc print data=bkwd3; run;
ods listing close;
ods output Surveylogistic.ParameterEstimates=bkwd4;
proc surveylogistic data=adol.rcyrbs05;
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4;
   weight weight;
   strata stratum; run;
ods listing;
proc print data=bkwd4; run;
/*Check Age for transformation*/
data trans;
  set adol.rcyrbs05;
p1=-2;p2=-1;p3=-0.5;p4=0;p5=0.5;p6=1;p7=2;p8=3;
%macro fractional;
  %do n=1 %to 8;
    %do m=1 %to 8;
      data trans&m%n;&
      set trans;
      if p&m=0 then u4=log(age);else u4=age**p&m;
      if p&m=p&m then u5=log(age)**u4; else if p&m=0 then u5=log(age);
      else u5=age**p&m;
    %end;
  %end;
%mend fractional;
%fractional;
data j1model;
  set trans;
age_2=1/(age**2);
age_1=1/age;
age_5=1/sqrt(age);
age1n=log(age);
age=4=sqrt(age);
age2=age**2;
age3=age**3; run;
ods listing close;
%macro repeat(covlist);
  ods output FitStatistics=logitout;
  proc surveylogistic data=j1model;
    class &covlist;
    cluster psu;
    model qnr24 (descending)=&covlist;
    strata stratum;
  data sum;
  set sum logitout;
  %end;
  data sum;
  if 1=1 then delete; run;
  %repeat(age_2)%repeat(age_1)%repeat(age_5)%repeat(age1n)%repeat(age=4)%repeat(age)
  %repeat(age2)%repeat(age3)
  ods listing;
  proc print data=sum; run;
  ods select FitStatistics;
  ods listing close;
  ods output FitStatistics=fits;
  proc surveylogistic data=fits;
    cluster psu;
    model qnr24 (descending) = age;
    weight weight;
    strata stratum; run;
  ods listing;
  proc print data=fits; run;
/*No Transformation Needed for Age*/
/*Parameter estimates for Interaction terms - QN24*/
%macro repeat(covlist);
  ods output ParameterEstimates=logitout
proc surveylogistic data=adol.rcyrb05;
   cluster psu;
   model qnr24(descending)= &covlist age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4;
   weight weight;
   strata stratum;
data sum;
   set sum logitout;
%mend;
data sum;
   if i=1 then delete; run;
%macro repeat(covlist);
%repeat(ageq23) %repeat(ageq4) %repeat(ageq70) %repeat(ageq61) %repeat(sxq54)
   %repeat(sxq50) %repeat(sxq23) %repeat(sxq61) %repeat(sxq70) %repeat(q23q61) %repeat(q23q54)
   %repeat(q23q50) %repeat(q23q70) %repeat(q23r3) %repeat(q23r4) %repeat(q50q70) %repeat(q50q61)
   %repeat(q50q54) %repeat(q50r3) %repeat(q50r4) %repeat(q54r3) %repeat(q54r70) %repeat(q54r61)
   %repeat(q54r4) %repeat(q54r3) %repeat(q54r70) %repeat(q70r3) %repeat(q70r4)
ods listing;
proc print data=sum; run;
/*Parameter estimates for Interaction terms (Using Adjusted Age Groups) " QN24*/
%macro repeat(covlist);
data sum;
   if i=1 then delete; run;
%repeat(age1q23) %repeat(age2q23) %repeat(age1q54) %repeat(age2q54)
%repeat(age1q70) %repeat(age2q70) %repeat(age1q61) %repeat(age2q61)
ods listing;
proc print data=sum; run;
/*Parameter estimates for Interaction term - SXQ23 " QN24*/
proc surveylogistic data=adol.rcyrb05
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 ageq70 sxq23;
   weight weight;
   strata stratum; run;
proc surveylogistic data=adol.rcyrb05;
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
   weight weight;
   strata stratum; run;
proc surveyfreq data=adol.rcyrb05;
   cluster psu;
   strata stratum;
   tables (sex age age1 age2 qnr23 qnr50 qnr54 qnr61 qnr70 race1 race2 race3 race4 race5 other) * qnr24 / EXPECTED;
   weight weight; run;
ods listing close;
proc surveylogistic data=adol.rcyrb05;
ods output OddsRatios=ageodds;
   cluster psu;
   model qnr24(descending)=age1 sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
   weight weight;
strata stratum; run;
ods listing;
proc print data=ageodds; run;
/*Goodness of Fit Data PROC LOGISTIC USED FOR MODEL CHECK GRAPHS DUE TO ABSENCE OF
COMPARABLE DIAGNOSTICS AVAILABLE FOR COMPLEX SAMPLE SURVEYS.*/
title ' ':;
proc logistic data=adol.rcyrbs05 descending;
  model qnr24=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23/ ctable
     outroc=fit details pprob = (.05 to .6 by .05);
  weight weight;run;
proc gplot data=fit;
  plot _sensit_._1mspec_;
run; quit;
proc logistic data=adol.rcyrbs05 desc;
  model qnr24=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23
     / outroc=roc1;
  weight weight;run;
data roc2;
   set roc1;
   spec = 1._1mspec_;run;
symbol1 i=join v=none;
proc gplot data=roc2;
   plot _sensit_._PROB_=1 spec*_PROB_=1 / overlay haxis=0 to 1 by .25 vaxis=0 to 1 by .1;
run; quit;
title 'Final Model Ready for Model Checking';
proc surveylogistic data=adol.rcyrbs05;
   cluster psu;
   model qnr24(descending)=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
   weight weight;
   strata stratum; run;

Appendix B – SUDAAN Code for YRBSS Analysis

PROC SORT DATA=adol.rcyrbs05;
   By stratum psu;
proc rlogist data=adol.rcyrbs05 FILETYPE=SAS design = wr;
   NEST stratum psu;
   WEIGHT weight;
   model qnr24=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
   OUTPUT / FILENAME=mdlchk1 REPLACE FILETYPE=SAS BETAS=ALL; run;
proc print data=mdlchk1;
run;
proc rlogist data=adol.rcyrbs05 FILETYPE=SAS design = wr;
   NEST stratum psu;
   WEIGHT weight;
   model qnr24=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
   OUTPUT / FILENAME=mdlchk2 REPLACE FILETYPE=SAS TESTS=ALL; run;
proc print data=mdlchk2;
run;
proc rlogist data=adol.rcyrbs05 FILETYPE=SAS design = wr;
   NEST stratum psu;
   WEIGHT weight;
   model qnr24=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
   OUTPUT / FILENAME=mdlchk3 REPLACE FILETYPE=SAS PREDICTED=ALL; run;
proc print data=mdlchk3;
run;
proc rlogist data=adol.rcyrbs05 FILETYPE=SAS design = wr;
NEST stratum psu;
WEIGHT weight;
model qnr24=age sex qnr23 qnr50 qnr54 qnr61 qnr70 race3 race4 sxq23;
OUTPUT HLCHISQ HLCHIP / FILENAME=md1chk4 REPLACE FILETYPE=SAS HLTEST=ALL;
run;