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# MFP SEMIANNUAL ANALYTIC RESULTS OF THE MONEY FOLLOWS THE PERSON PROGRAM EVALUATION CHARTBOOK

Presented to: Georgia Department of Community Health
July 2016













## IMPROVING HEALTH STATUS







### INTRODUCTION

The Georgia Health Policy Center (GHPC) has provided evaluation services to Georgia's Money Follows the Person (MFP) program since January 2010. MFP is a Medicaid demonstration program of the Georgia Department of Community Health (DCH).

- The second semiannual report of analyses for Fiscal Year (FY) 2016 includes analyses of:
  - Quality of Life Survey Results
    - Baseline, year-one follow-up, and year-two follow-up interviews with MFP participants
    - Supplemental questions
    - Qualitative comments
  - MFP demonstration grant funding







## QUALITY OF LIFE SURVEY ANALYSIS

- MFP participants are interviewed utilizing a survey instrument designed by Mathematica Policy Research at three intervals:
  - prior to leaving an institution (baseline),
  - one year after leaving an institution (year-one follow-up), and,
  - two years after leaving an institution (year-two follow-up).
- This analysis represents the 641 participants who completed both a baseline and a year-one survey and the 498 participants who completed both a baseline and a year-two survey through June 28, 2016.
- The analysis was conducted using the matched population that completed both a baseline and year-one or year-two interview.







### **MEASURES**

- The MFP QoL survey covers seven topic areas:
  - participants' living situation;
  - participants' choice and control;
  - overall satisfaction with housing, care, and quality of life;
  - participants' access to care and if there are any unmet needs;
  - attitudes about being treated with respect and dignity by others; and,
  - ability to engage in activities; and participants' health status.
- The analysis examines changes over time, except when questions were asked only after transition.







### DATA ANALYSIS

- Cleaned baseline (n = 1,366), year-one (n = 994), and year-two (n = 890) data were matched by Medicaid ID numbers and analyzed.
- The maximum number of respondents per survey question in the tables that follow is 634 at year one and 497 at year two.
- Participants had the option to refuse questions within the guidelines of the informed consent; thus, the final number of responses varies from question to question.







### STATISTICAL ANALYSIS

#### Quantitative Data

- Descriptive Statistics
- Cross-Tabulations: to compare differences in individuals' answers to questions at two time points between baseline and at year one and between baseline and year two
- McNemar Test of Significance
  - The level of statistical significance is represented as follows: \*p < .05, \*\*p< .01, and \*\*\*p<.001</li>

#### Qualitative Data

Thematic analysis







## RESPONDENT CHARACTERISTICS

- Target Population
- Respondent Type
- Descriptive Statistics







## TARGET POPULATION

- The MFP program has five target populations:
  - persons with developmental disabilities (DD),
  - persons with physical disabilities (under age 65) (PD),
  - persons with a Traumatic Brain Injury (TBI),
  - older adults (age 65 and older) (OA), and
  - youth with a mental health diagnosis.\*

\*Transitions began later in the demonstration, and most of the participants are not eligible to complete the QoL due to being under 18 years of age.

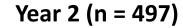


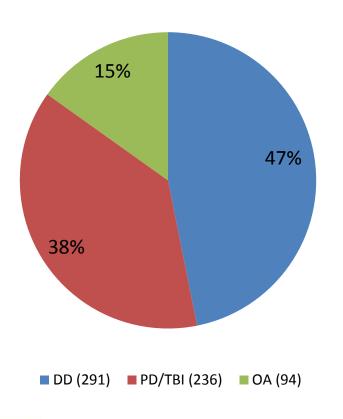


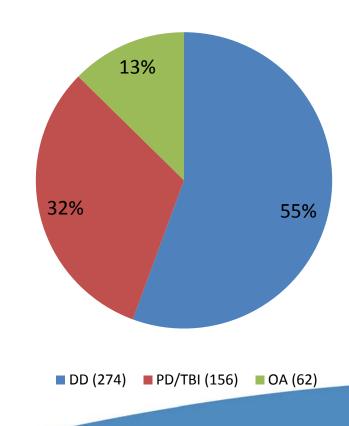


## TARGET POPULATION BREAKDOWN

Year 1 (n = 631)







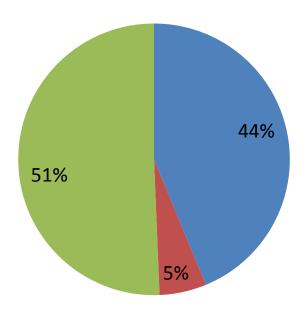




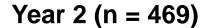


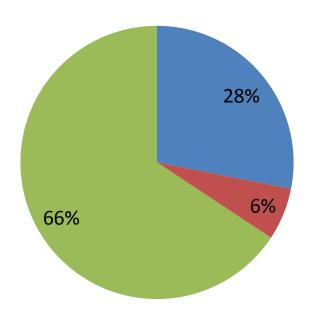
## RESPONDENT TYPE

Year 1 (n = 612)



- Sample Member Alone (268)
- Sample Member with Assistance (34)
- Proxy (310)





- Sample Member Alone (132)
- Sample Member with Assistance (29)
- Proxy (308)







### DESCRIPTIVE STATISTICS

#### Year 1

- Majority male (55%)
- Average age of 55.18 years
- Average length of stay in a facility at baseline 8.51 years

#### Year 2

- Majority male (54%)
- Average age of 54.49 years
- Average length of stay in a facility at baseline 10.47 years







### MODULE 1: LIVING SITUATION

The living situation module assesses a participant's living circumstances.

#### Five items were analyzed:

- If participants lived in a group home or nursing facility
- If participants liked where they live
- If participants helped pick the place to live
- If participants felt safe living there
- If participants could get the sleep they need without noises or other disturbances







# LIVING SITUATION MODULE KEY TAKEAWAYS

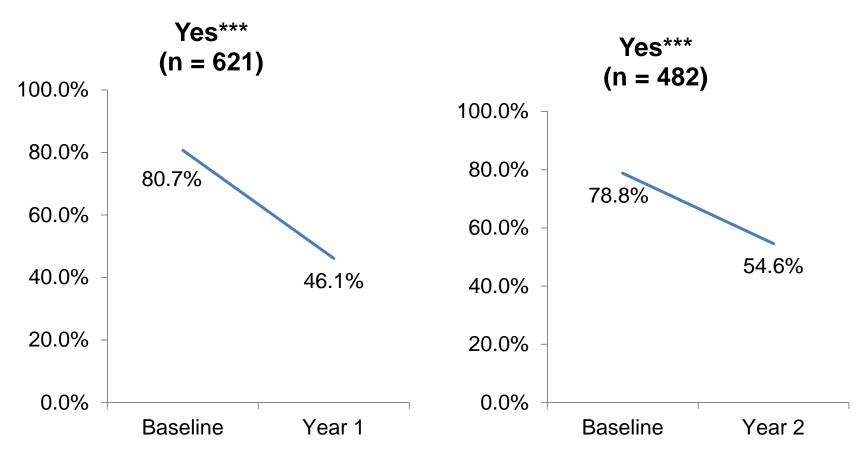
- Compared to the baseline, significantly fewer yearone and year-two participants reported that they lived in a group home or nursing facility.
- Significantly more year-one and year-two
  participants reported that they liked and helped pick
  the place where they lived compared to the baseline.
- Compared to the baseline, significantly more yearone and year-two participants reported that they felt safe living in their home and could get the sleep they needed without noises or other disturbances.







# 2. DOES SAMPLE MEMBER LIVE IN A GROUP HOME OR NURSING FACILITY?\*



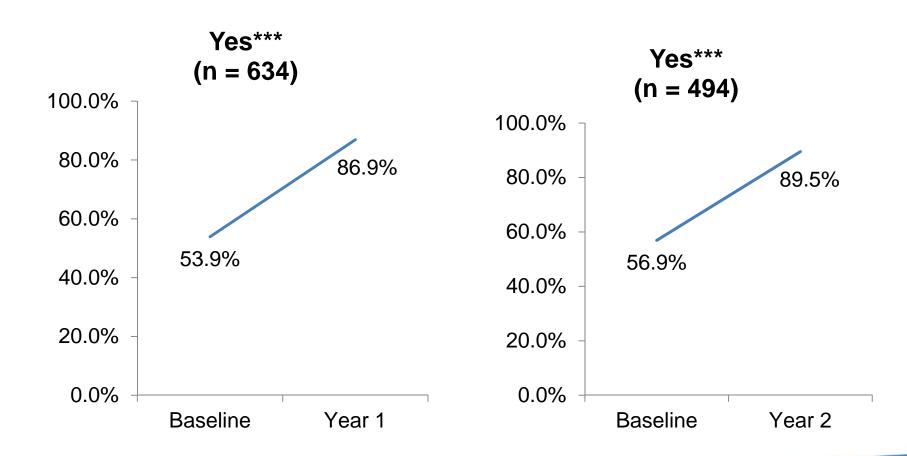
\*Includes group or personal care homes of 4 people or fewer







#### 3. DO YOU LIKE WHERE YOU LIVE?

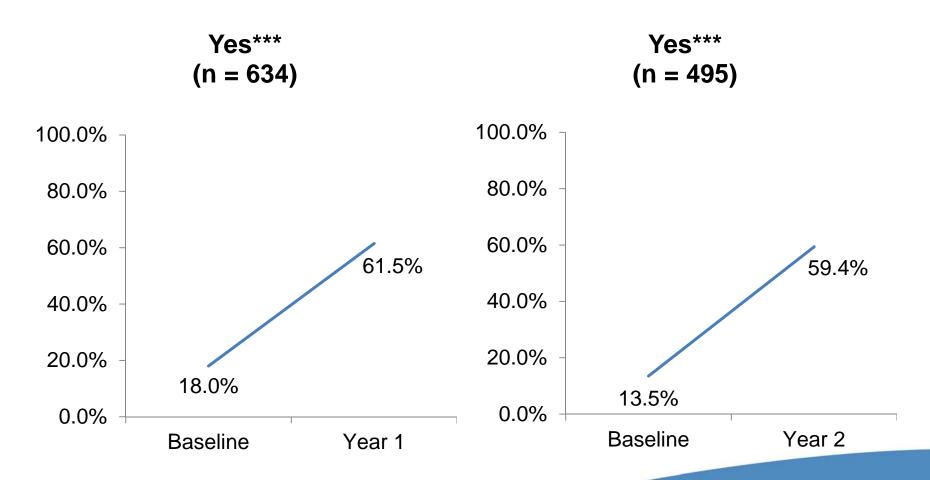








#### 4. DID YOU HELP PICK THIS PLACE?

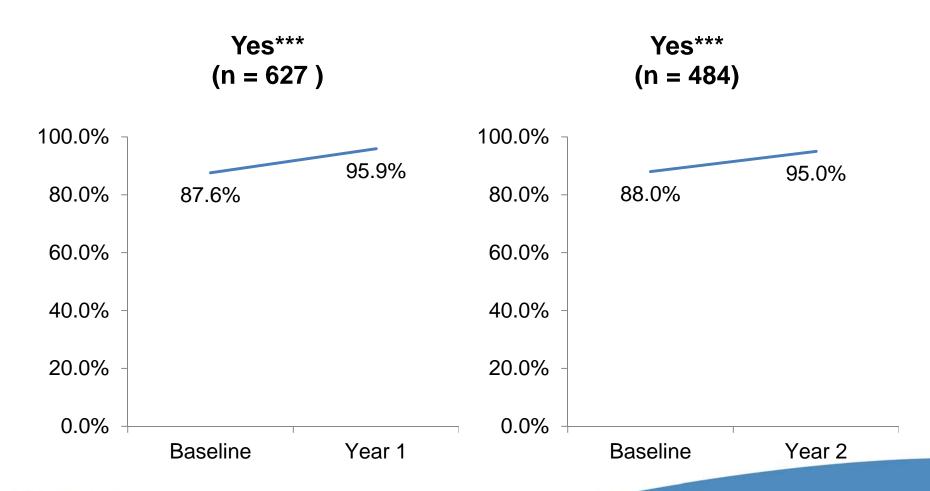








#### 5. DO YOU FEEL SAFE LIVING THERE?

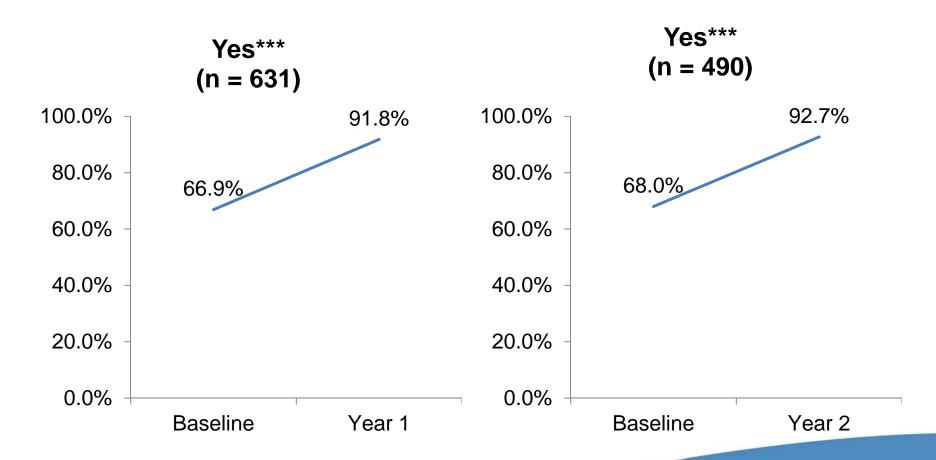








# 6. CAN YOU GET THE SLEEP YOU NEED WITHOUT NOISES OR DISTURBANCES WHERE YOU LIVE?









### MODULE 2: CHOICE AND CONTROL

The choice and control module assesses a participant's ability to have choice and control over everyday activities.

#### Six items were analyzed:

- If participants could go to bed when they wanted to
- If participants could be by themselves when they wanted to
- If participants could eat when they wanted to
- If participants could choose the foods that they ate
- If participants could talk on the telephone without anyone listening in
- If participants could watch TV when they wanted to







# CHOICE AND CONTROL MODULE KEY TAKEAWAYS

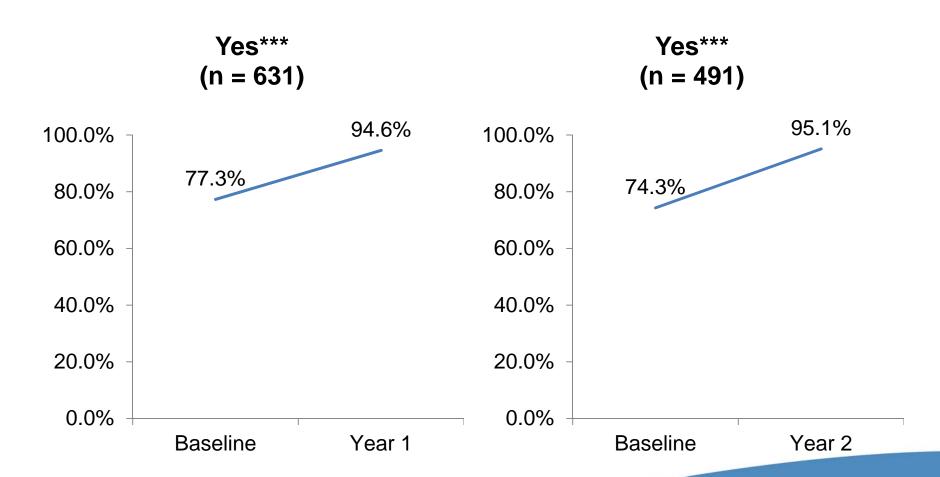
 Compared to the baseline, significantly more year-one and year-two participants reported that they could go to bed when they wanted to, be by themselves when they wanted to, eat when they wanted to, choose the foods that they ate, talk on the telephone privately, and watch TV when they wanted to.







# 7. CAN YOU GO TO BED WHEN YOU WANT TO?

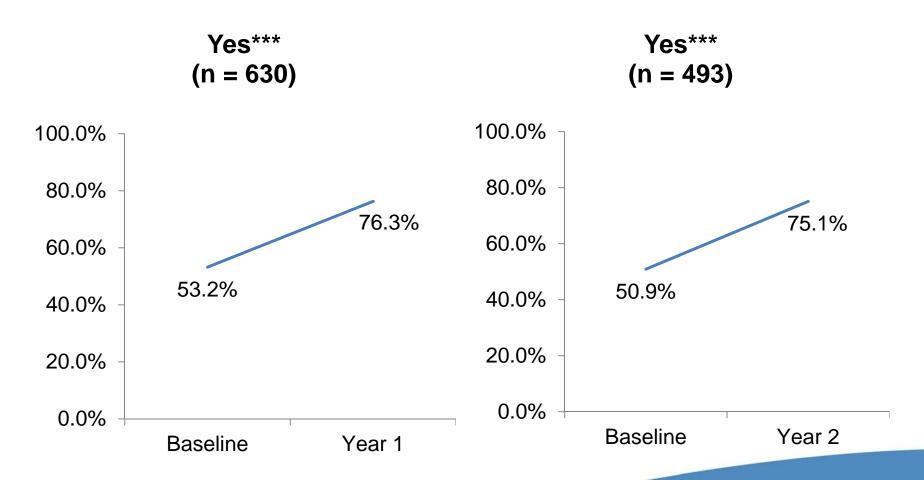








# 8. CAN YOU BE BY YOURSELF WHEN YOU WANT TO?

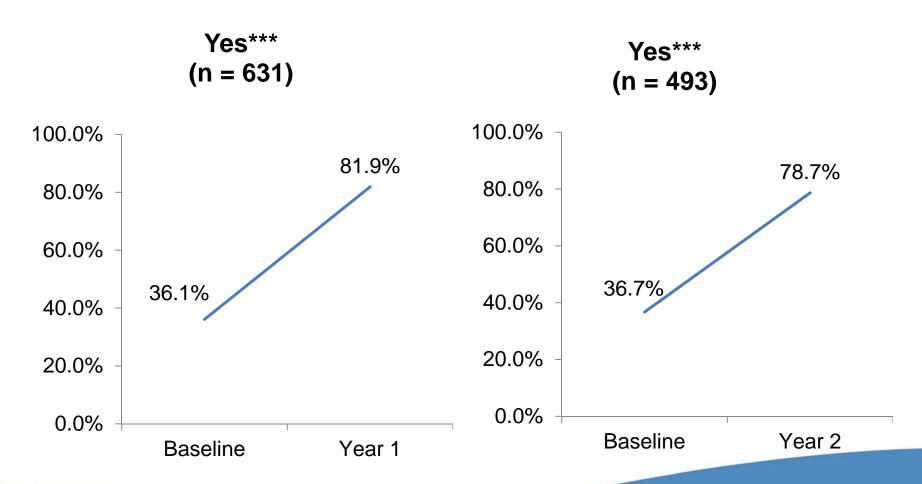








## 9. WHEN YOU ARE AT HOME, CAN YOU EAT WHEN YOU WANT TO?

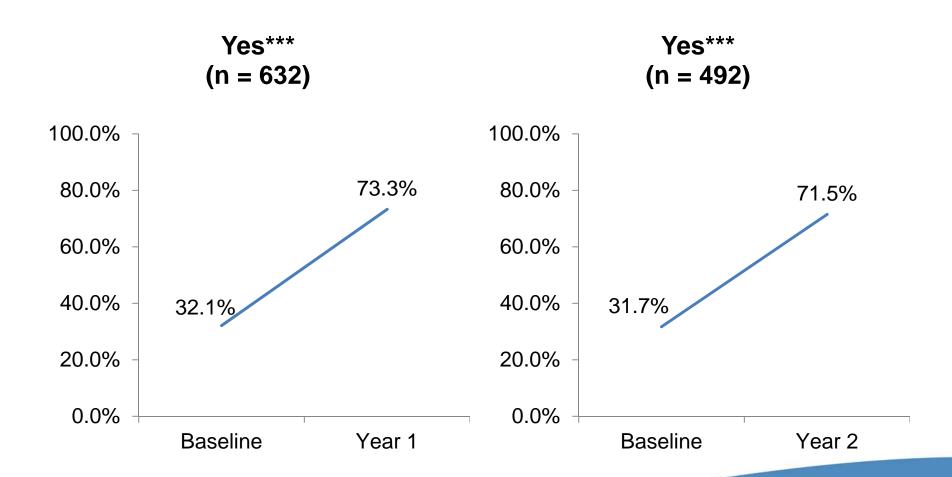








# 10. CAN YOU CHOOSE THE FOODS THAT YOU EAT?

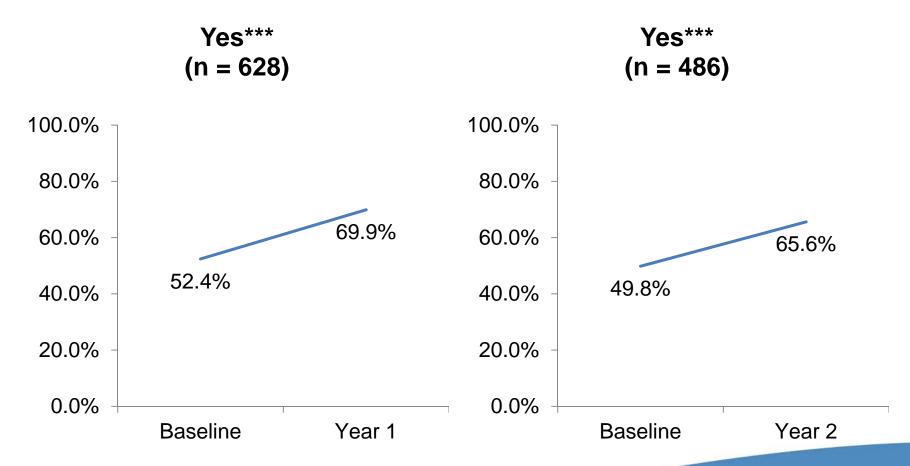








# 11. CAN YOU TALK ON THE TELEPHONE WITHOUT ANYONE LISTENING IN?

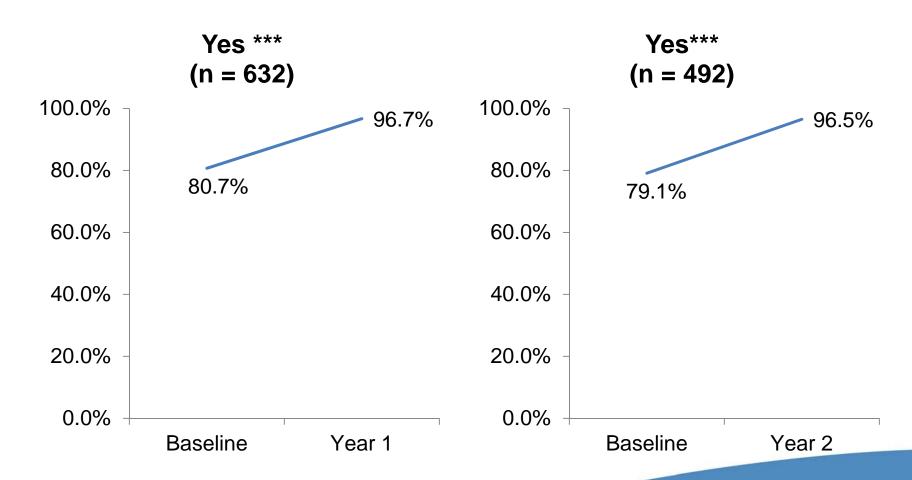








# 12. CAN YOU WATCH TV WHEN YOU WANT TO?









### MODULE 3: ACCESS TO PERSONAL CARE

The access to personal care module assesses a participant's ability to access personal care that can help with everyday activities.

#### Twelve items were analyzed:

- If participants had help with some everyday activities
- If the person who helped the participant was paid
- If the participants picked the people who help them
- If participants ever went without a bath or shower when they needed one
- If participants ever went without a meal when they needed one
- If participants ever went without taking their medicine when they needed it
- If participants ever went without using the bathroom when they needed it
- If participants spoke with a case manager or support coordinator about any special equipment or changes to their homes
- If the participant received requested equipment or changes
- If participants needed more help with things around the house
- If participants' family members or friends helped with things around the house
- The estimated number of hours participants' family or friends helped







# ACCESS TO PERSONAL CARE MODULE KEY TAKEAWAYS

- Compared to the baseline, more year-two participants reported not having paid caregivers who helped them.
- At the year-one and year-two follow-up, more participants reported having a choice in picking the people who were paid to help them.
- At year-two follow-up, significantly more participants reported taking a bath or shower when they needed one.
- At the year-one follow-up, significantly more participants reported using the bathroom when they needed it compared to the baseline.







# ACCESS TO PERSONAL CARE MODULE KEY TAKEAWAYS

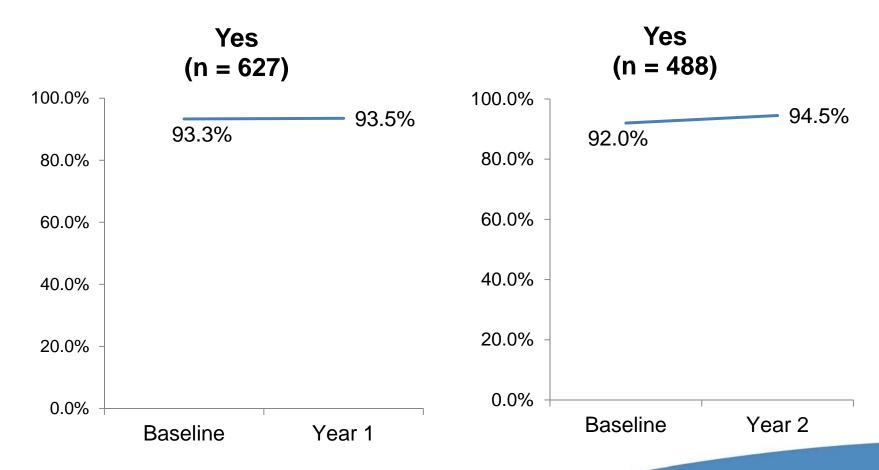
- Compared to year-one participants, fewer year-two participants reported requesting special equipment or changes to their home to make their life easier.
  - Of those who asked for equipment or changes, about the same amount of participants from year one and year two indicated that they had received them.
- Fewer participants at year two indicated that they received help from family or friends.
  - Of those who did receive help, family members or friends spent, on average, about eight hours on the previous day helping participants with things around the house at year one and year two.







# 14. DOES ANYONE HELP YOU WITH THINGS LIKE BATHING, DRESSING, OR PREPARING MEALS?

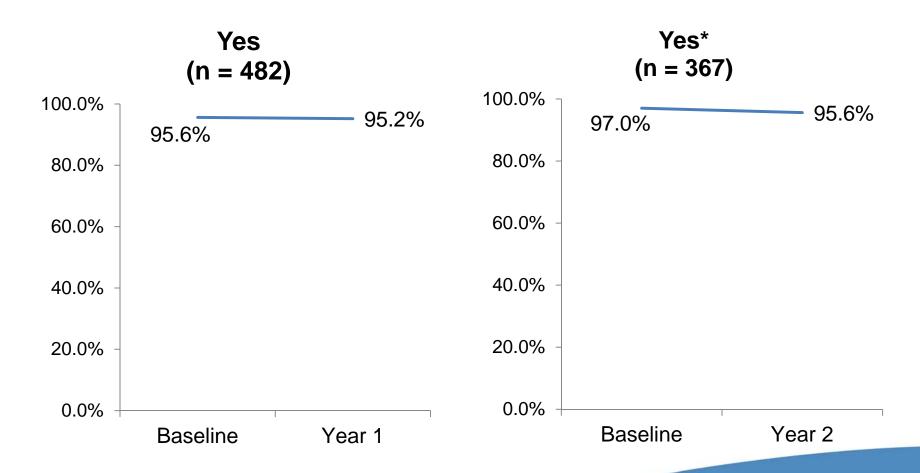








# 14A. DO ANY OF THESE PEOPLE GET PAID TO HELP YOU?

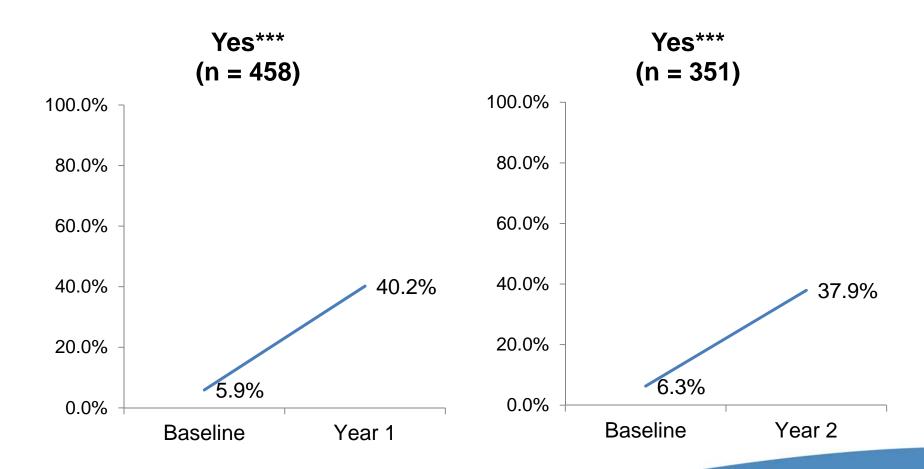








# 14B. DO YOU PICK THE PEOPLE WHO ARE PAID TO HELP YOU?

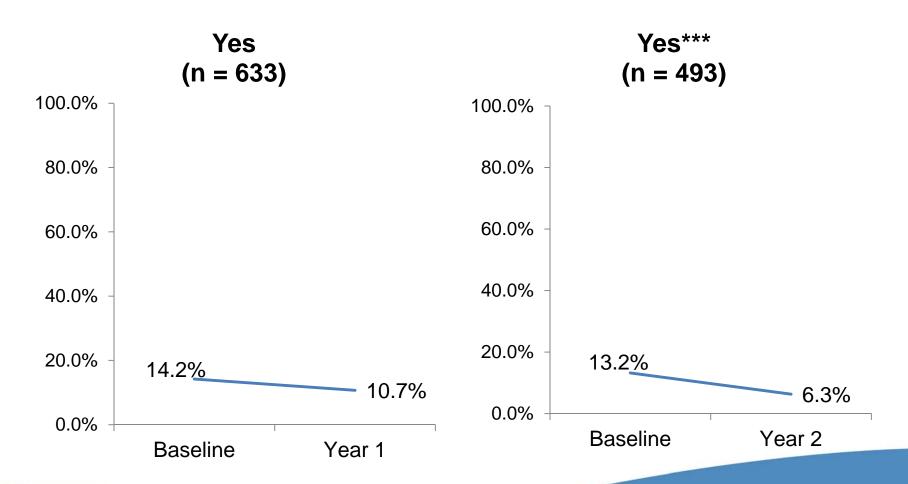








# 15. DO YOU EVER GO WITHOUT A BATH OR SHOWER WHEN YOU NEED ONE?

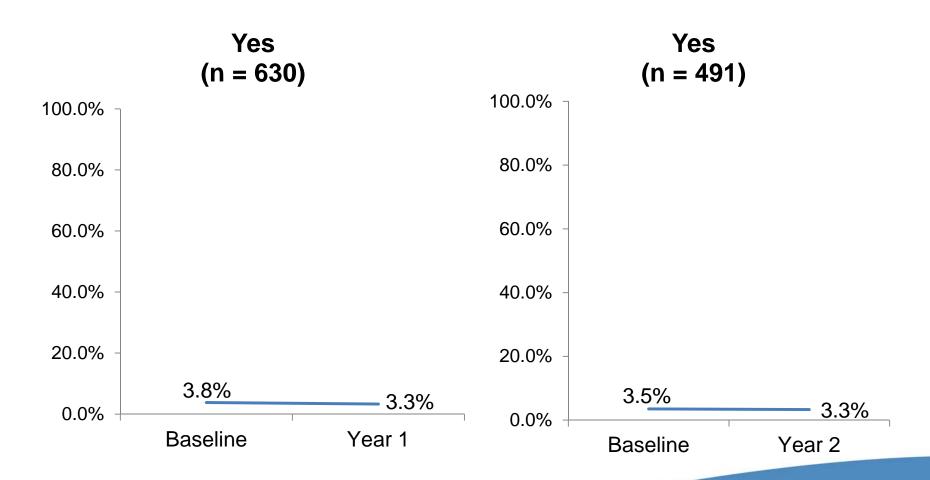








# 16. DO YOU EVER GO WITHOUT A MEAL WHEN YOU NEED ONE?

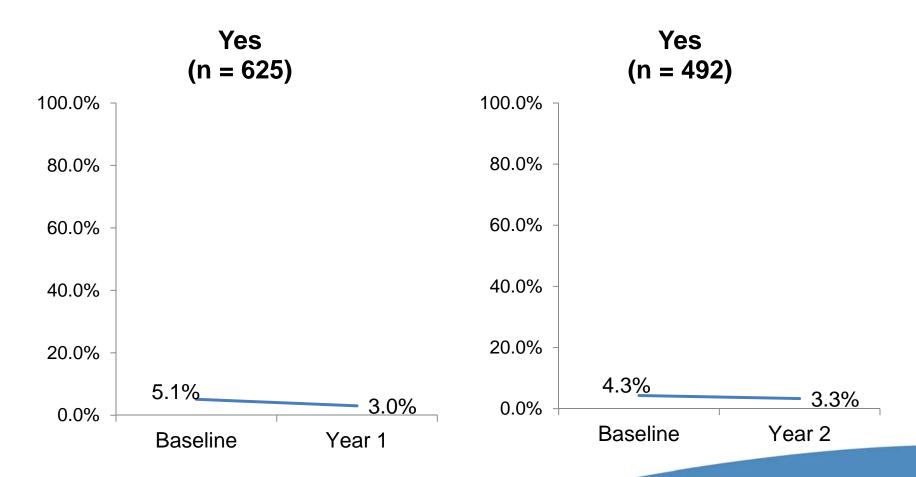








# 17. DO YOU EVER GO WITHOUT YOUR MEDICINE WHEN YOU NEED IT?

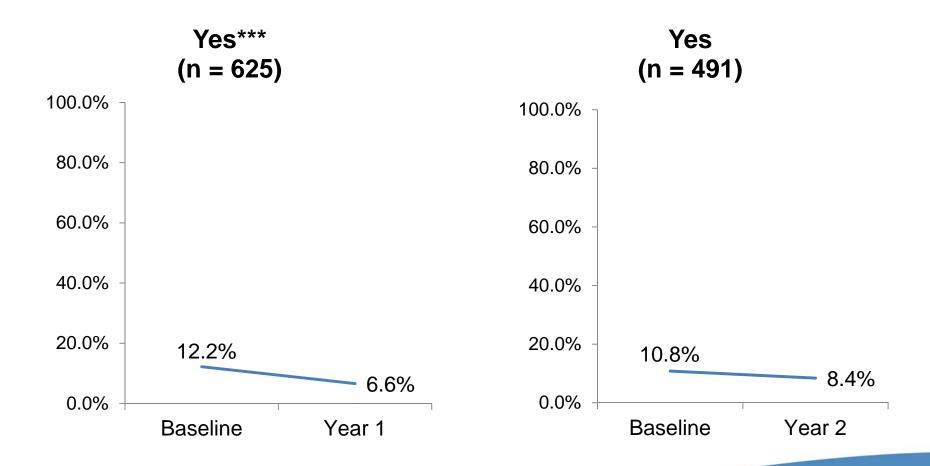








## 18. ARE YOU EVER UNABLE TO USE THE BATHROOM WHEN YOU NEED TO?

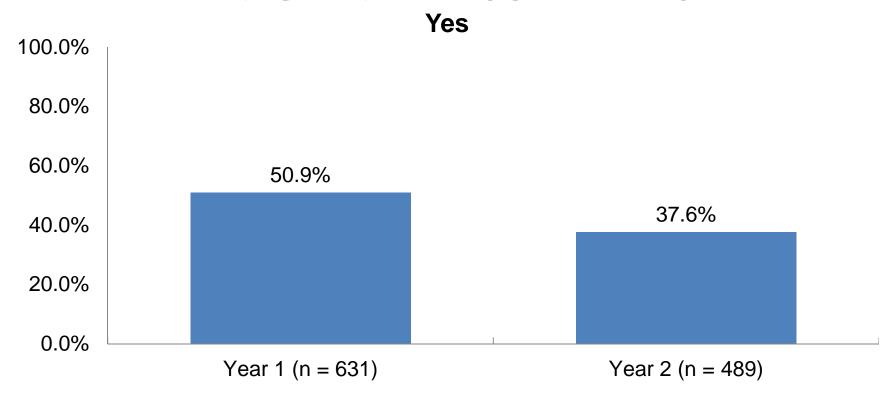








# 19. HAVE YOU EVER TALKED WITH A CASE MANAGER OR SUPPORT COORDINATOR ABOUT ANY SPECIAL EQUIPMENT OR CHANGES TO YOUR HOME THAT MIGHT MAKE YOUR LIFE EASIER?



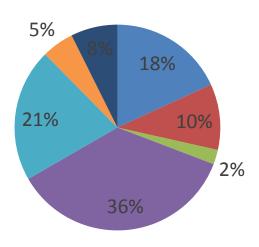






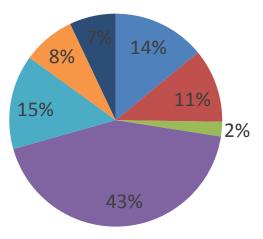
## 19A. WHAT EQUIPMENT OR CHANGES DID YOU TALK ABOUT?

Year 1 (n = 298)



- Bathroom Renovations (79)
- Home Modifications (45)
- Car Modifications (10)
- Medical Equipment (156)
- Ramps, Rails, Lifts (91)
- Household Goods & Furniture (22)
- Other (32)

Year 2 (n = 228)



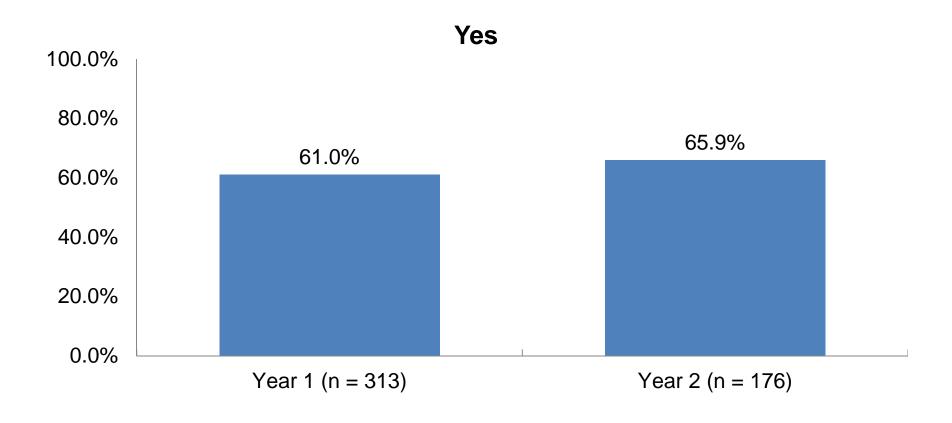
- Bathroom Renovations (44)
- Home Modifications (35)
- Car Modifications (7)
- Medical Equipment (135)
- Ramps, Rails, Lifts (45)
- Household Goods & Furniture (25)
- Other (22)







# 19B. DID YOU GET THE EQUIPMENT OR MAKE THE CHANGES YOU NEEDED?

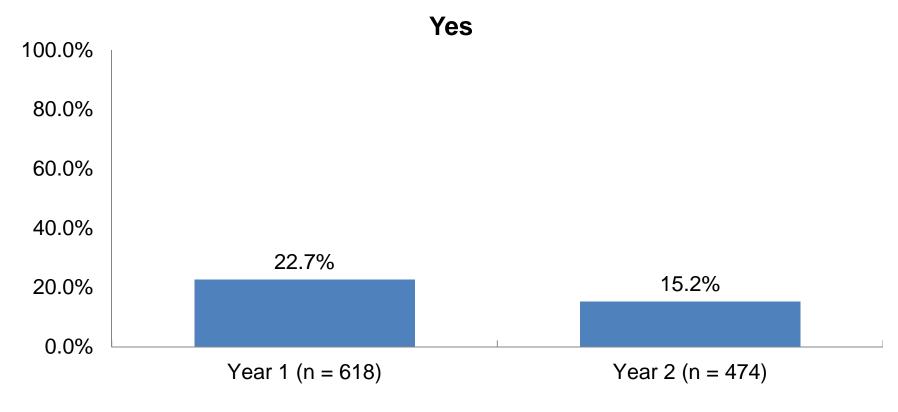








# 20. DO YOU NEED MORE HELP WITH THINGS AROUND THE HOUSE THAN YOU ARE NOW RECEIVING?

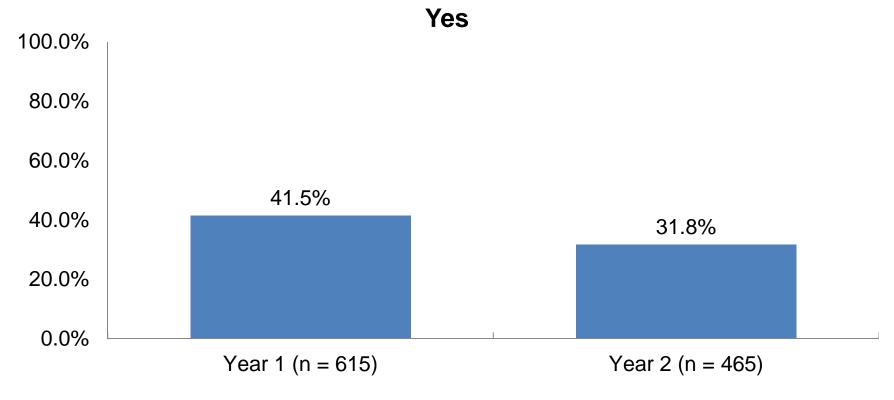








# 21. DURING THE LAST WEEK, DID ANY FAMILY MEMBER OR FRIENDS HELP YOU WITH THINGS AROUND THE HOUSE?



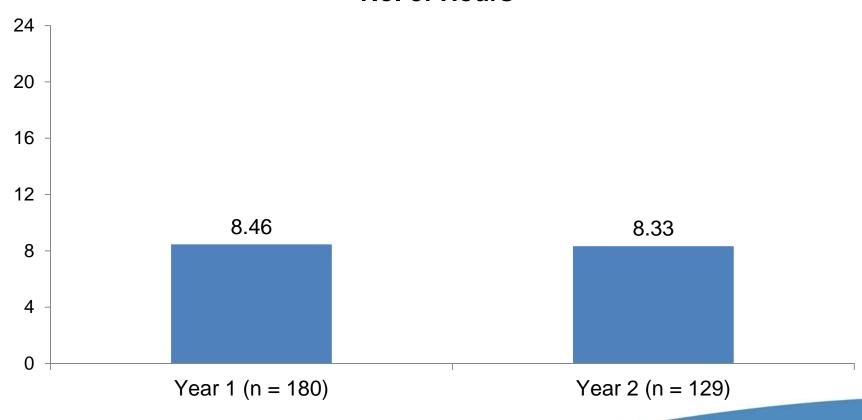






# 21A. PLEASE THINK ABOUT ALL THE FAMILY MEMBERS AND FRIENDS WHO HELP YOU. ABOUT HOW MANY HOURS DID THEY SPEND HELPING YOU YESTERDAY?

#### No. of Hours









### MODULE 4: RESPECT & DIGNITY

The living situation module assesses a participant's feelings of being treated with respect and dignity by those who helped them.

#### Two items were analyzed:

- Treatment of MFP participants
- If the people who helped listened to what was asked of them







# RESPECT & DIGNITY MODULE KEY TAKEAWAYS

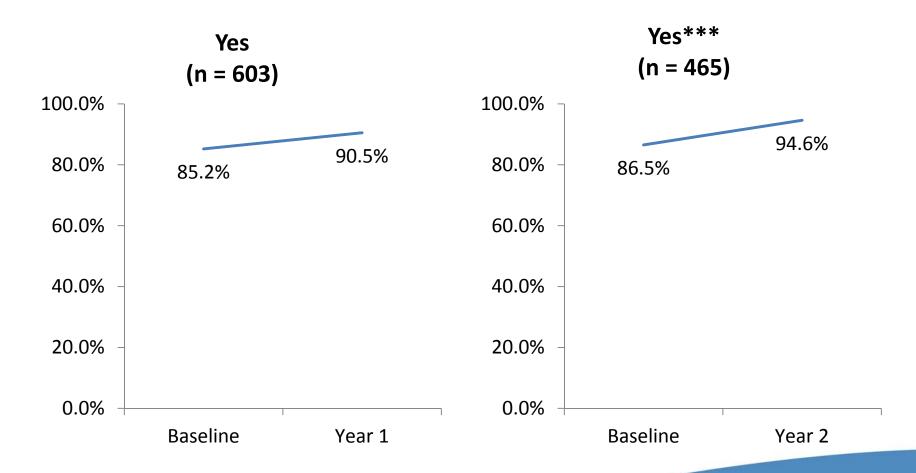
- Respondents reported being treated the way they wanted by the people who helped them more frequently post-transition as compared to the baseline.
  - A significant, seven percentage point increase was measured between baseline and year two.
- Significantly more participants reported that the people who helped them listened carefully to what was asked of them post-transition when compared to the baseline.







## 22. DO THE PEOPLE WHO HELP YOU TREAT YOU THE WAY YOU WANT?

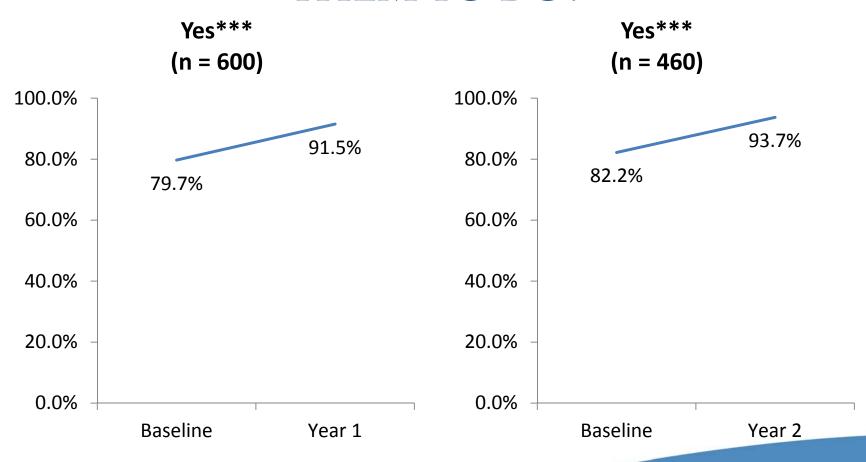








# 23. DO THE PEOPLE WHO HELP YOU LISTEN CAREFULLY TO WHAT YOU ASK THEM TO DO?









### MODULE 5: COMMUNITY INTEGRATION AND INCLUSION

Module 5 is a 17-item measure used to evaluate whether participants have accessed and engaged in social or community outings, events, or activities.

#### Twelve items were analyzed:

- if participants could see friends and family
- whether transportation was available
- if additional outings were desired
- if participants needed help when they went out
- if they felt they needed more help than they currently receive
- if they went out to do fun things in their communities
- the amount of time required to plan going somewhere
- if activities were missed
- if medical care had not been received
- if they were employed or did volunteer work (post-transition only)
- if they would like to work or do a volunteer activity (post-transition only)







## COMMUNITY INTEGRATION AND INCLUSION MODULE KEY TAKEAWAYS

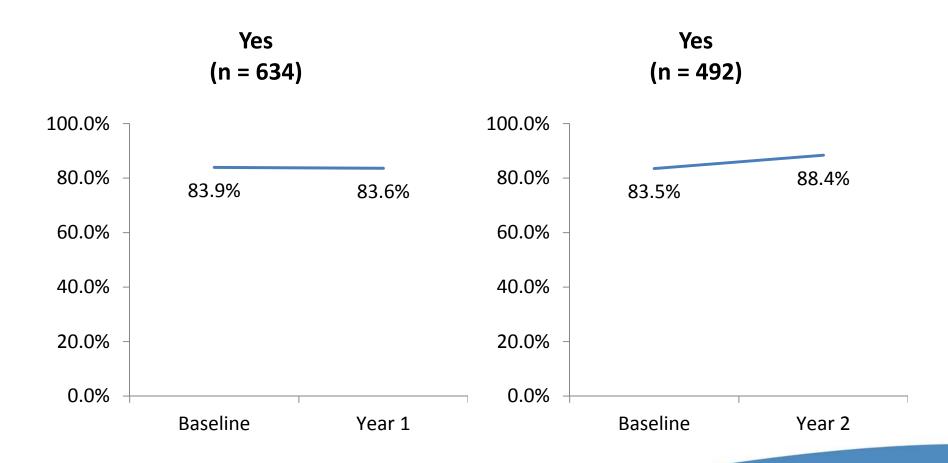
- Fewer year-one participants indicated that they could see friends and family when they wanted post-transition as compared to the baseline.
- Significantly fewer respondents stated that there were things they
  wanted to do outside of the home that they could not do currently
  at year one and year two as compared to the baseline.
- More year-one and year-two participants indicated that they needed more help getting around than they were currently receiving.
  - A significant, 14 point increase was measured at year one.
- Fewer year-one respondents reported doing fun things in the community compared to the baseline; however, the trend changes and is mitigated at year two.







## 27. CAN YOU SEE FRIENDS AND FAMILY WHEN YOU WANT TO SEE THEM?

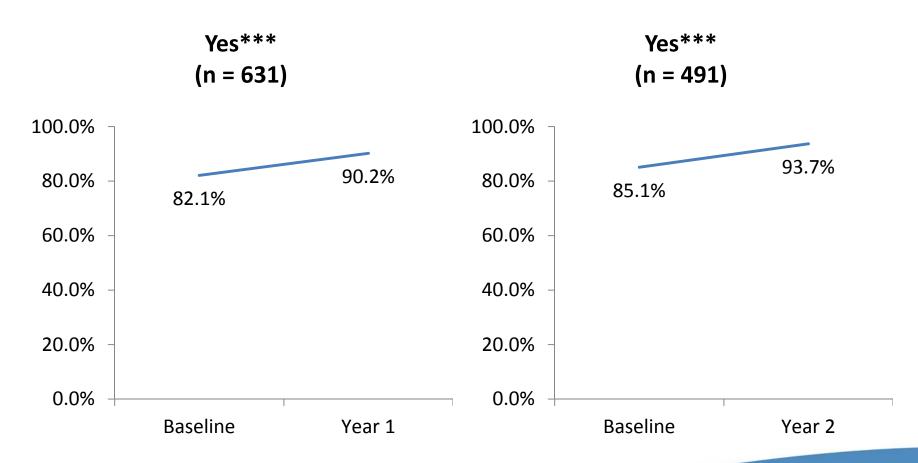








# 28. CAN YOU GET TO THE PLACES YOU NEED TO GO, LIKE WORK, SHOPPING, OR THE DOCTOR'S OFFICE?

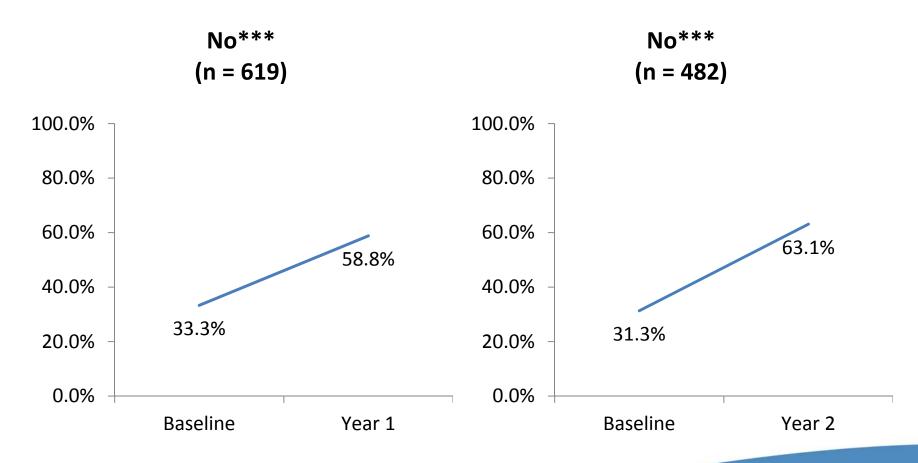








# 29. IS THERE ANYTHING YOU WANT TO DO OUTSIDE [THE FACILITY/YOUR HOME] THAT YOU CAN'T DO NOW?



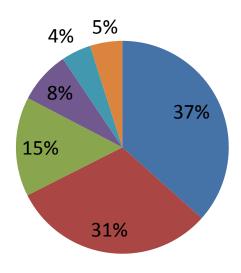




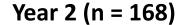


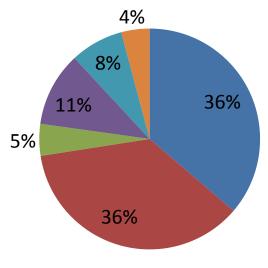
### 29A. WHAT WOULD YOU LIKE TO DO THAT YOU DON'T DO NOW?

#### Year 1 (n = 227)



- Social Outings/Travel (97)
- "Things I used to" (82)
- Visit Family/Friends (40)
- School/Work/Day Program (21)
- Different Living Situation (12)
- Other (13)





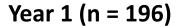
- Social Outings/Travel (70)
- "Things I used to" (70)
- Visit Family/Friends (9)
- School/Work/Day Program (21)
- Different Living Situation (15)
- Other (8)

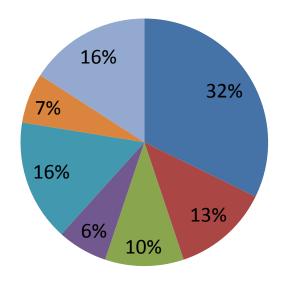






### 29B. WHAT DO YOU NEED TO DO THESE THINGS?





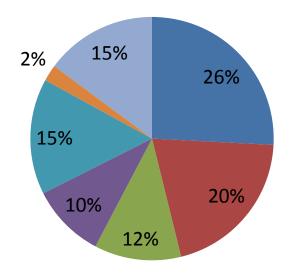
■ Help/Assistance (27)

■ Planning/Coordination (14)

■ Finances (14)

- Transportation (69)
- Medical Equipment (22)
- Improved Health (34)
- Other (34)

Year 2 (n = 168)



- Transportation (47)
- Medical Equipment (21)
- Improved Health (28)
- Other (27)

- Help/Assistance (37)
- Finances (18)
- Planning/Coordination (4)

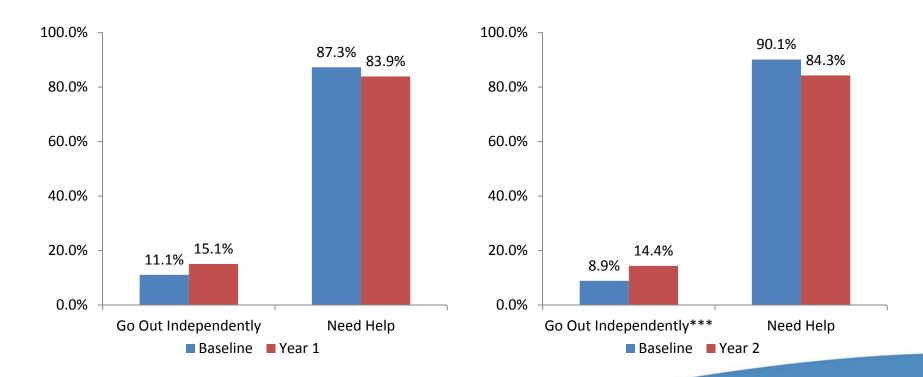






### 30. WHEN YOU GO OUT, CAN YOU GO OUT BY YOURSELF OR DO YOU NEED HELP?



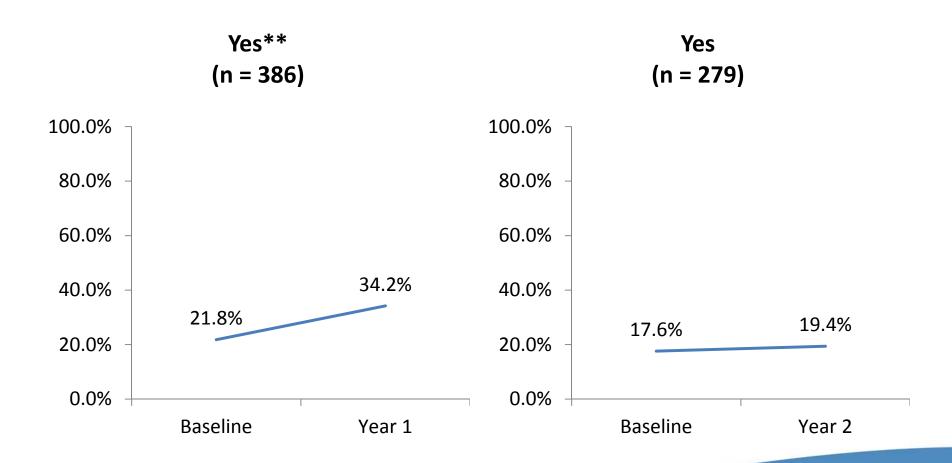








### 30A. DO YOU NEED MORE HELP GETTING AROUND THAN YOU ARE NOW RECEIVING?

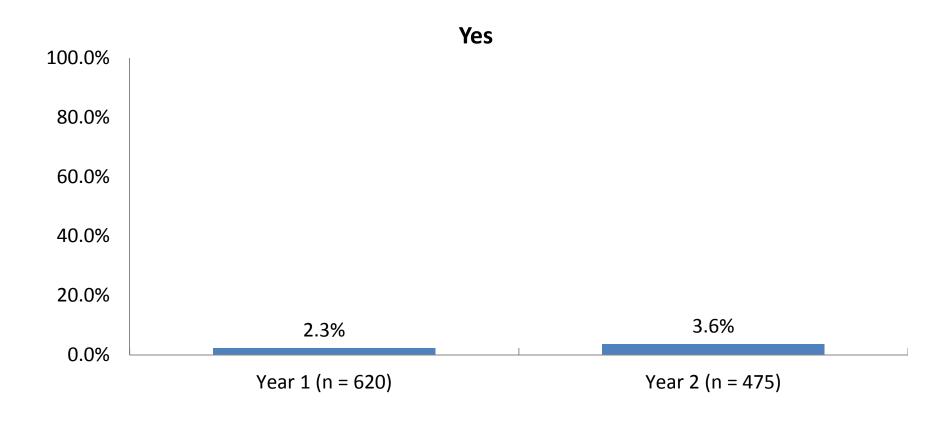








## 31. ARE YOU WORKING FOR PAY RIGHT NOW? (POST-TRANSITION ONLY)

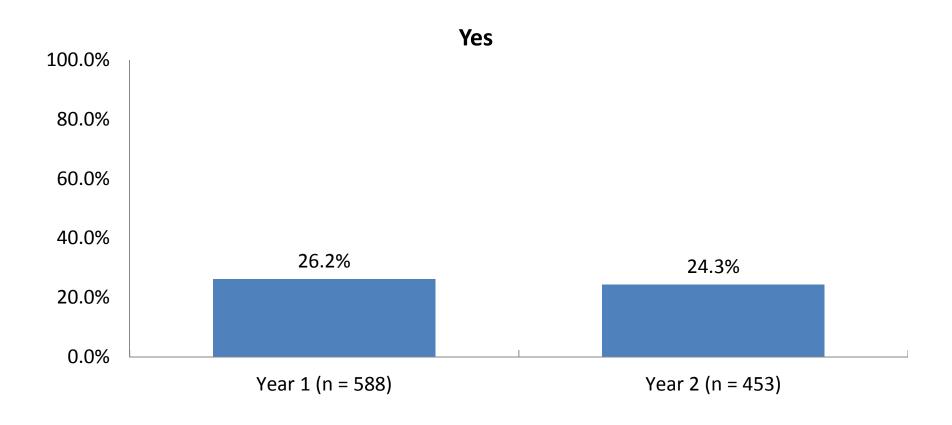








## 31A. DO YOU WANT TO WORK FOR PAY? (POST-TRANSITION ONLY)

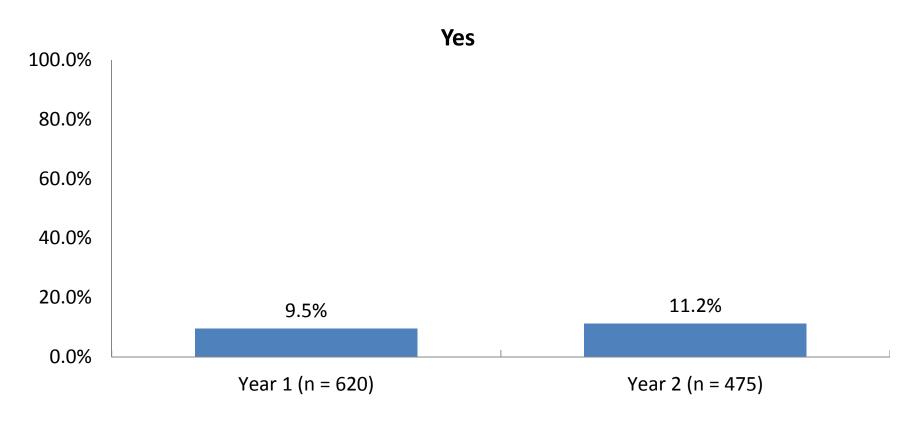








# 32. ARE YOU DOING ANY VOLUNTEER WORK OR WORKING WITHOUT GETTING PAID? (POST-TRANSITION ONLY)

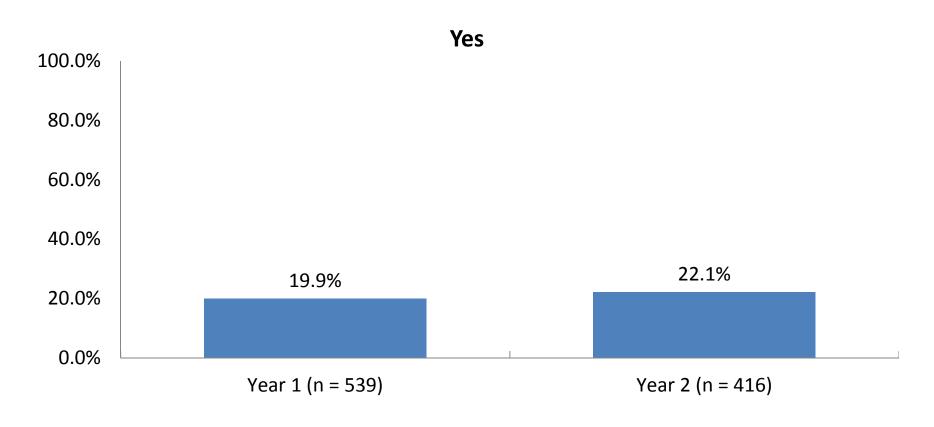








# 32A. WOULD YOU LIKE TO DO VOLUNTEER WORK OR WORK WITHOUT GETTING PAID? (POST-TRANSITION ONLY)

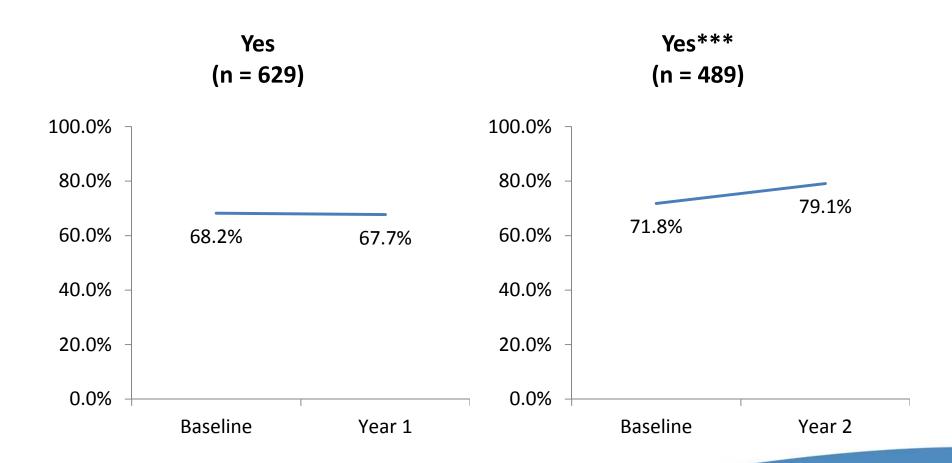








### 33. DO YOU GO OUT AND DO FUN THINGS IN YOUR COMMUNITY?

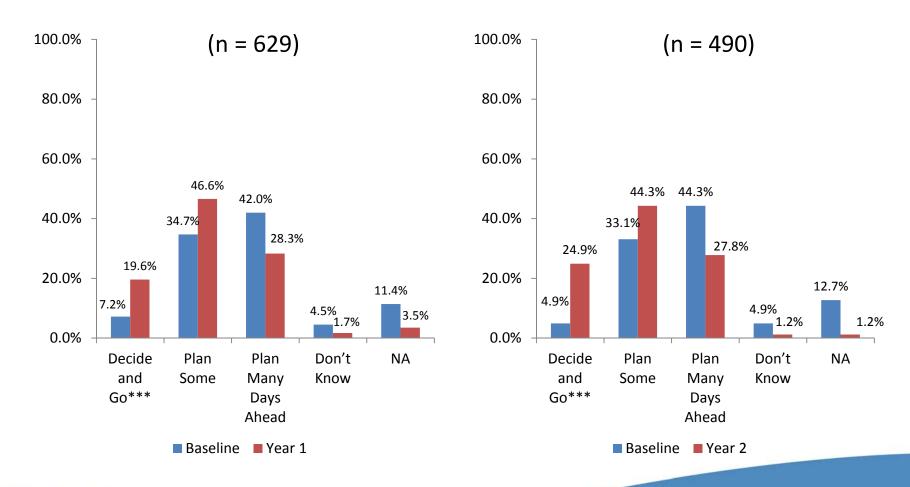








# 34. WHEN YOU WANT TO GO SOMEWHERE, CAN YOU JUST DECIDE AND GO, DO YOU HAVE TO MAKE SOME ARRANGEMENTS, OR DO YOU HAVE TO PLAN DAYS AHEAD AND ASK PEOPLE FOR HELP?

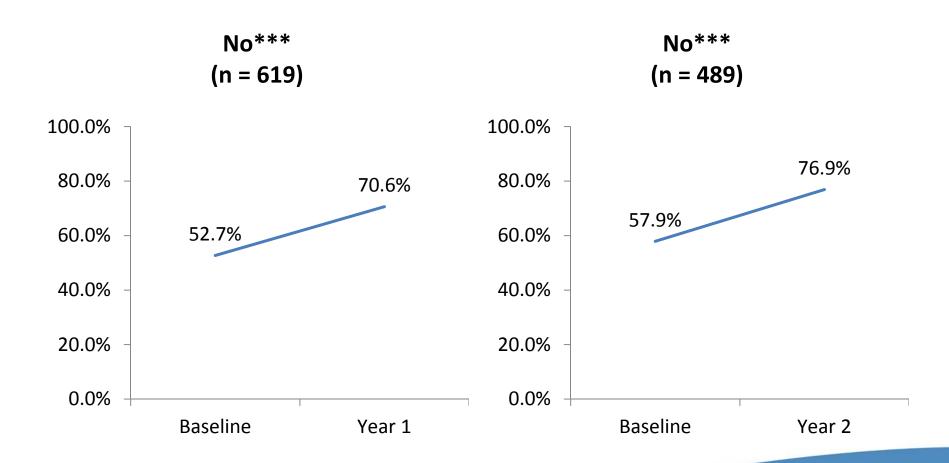








# 35. DO YOU MISS THINGS OR HAVE TO CHANGE PLANS BECAUSE YOU DON'T HAVE A WAY TO GET AROUND EASILY?

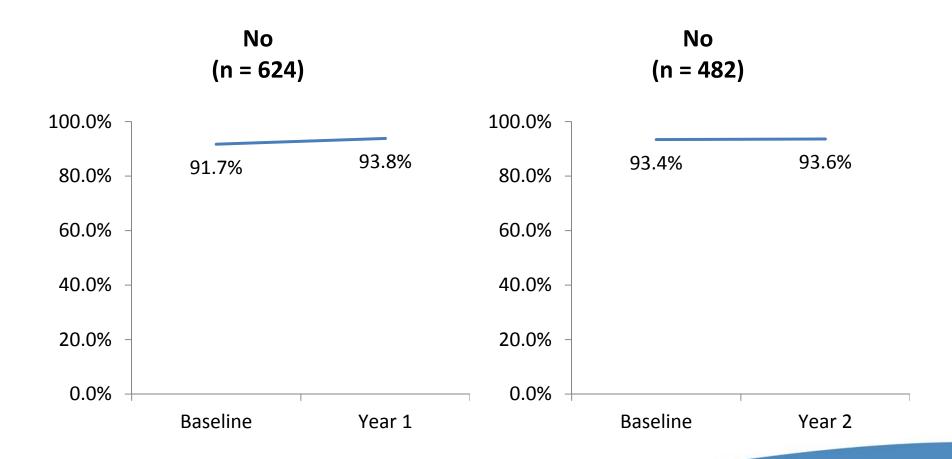








# 36. IS THERE MEDICAL CARE WHICH YOU HAVE NOT RECEIVED OR COULD NOT GET TO WITHIN THE PAST MONTH?









## MODULE 6: SATISFACTION

Module 6 is a 6-item measure used to measure participants' overall satisfaction with their circumstances.

#### Two items were analyzed:

- if participants were satisfied with the help they received with chores around the home and getting around the community
- if participants were satisfied with how they lived their lives







### SATISFACTION MODULE KEY TAKEAWAYS

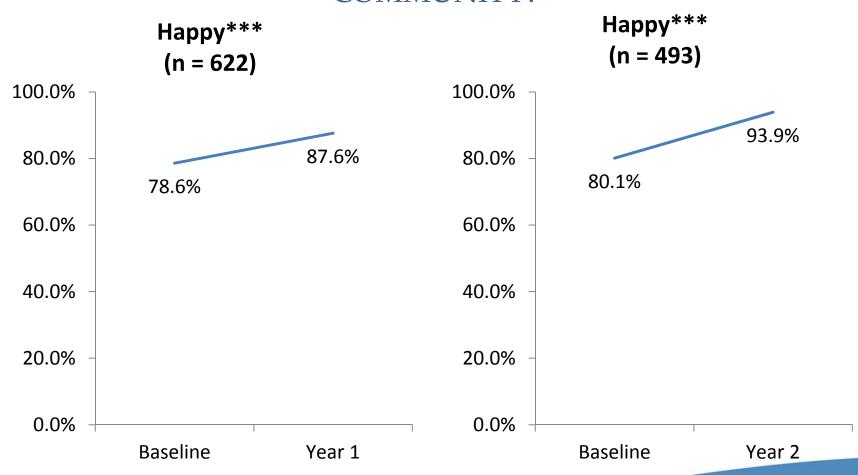
- A significant increase in participants' happiness with the help they received is measured at year one and year two.
  - An increase of 10 percent at year one and 13.8 percent at year two was measured from the baseline.
- Participants reported being significantly happier with the way that they lived their lives post-transition.
  - A 9.7 percent increase in participants reporting that they were happy was observed at year one and a 15 percent increase at year two.







# 37. DURING THE PAST WEEK, HAVE YOU BEEN HAPPY OR UNHAPPY WITH THE HELP YOU GET WITH THINGS AROUND THE HOUSE OR GETTING AROUND YOUR COMMUNITY?

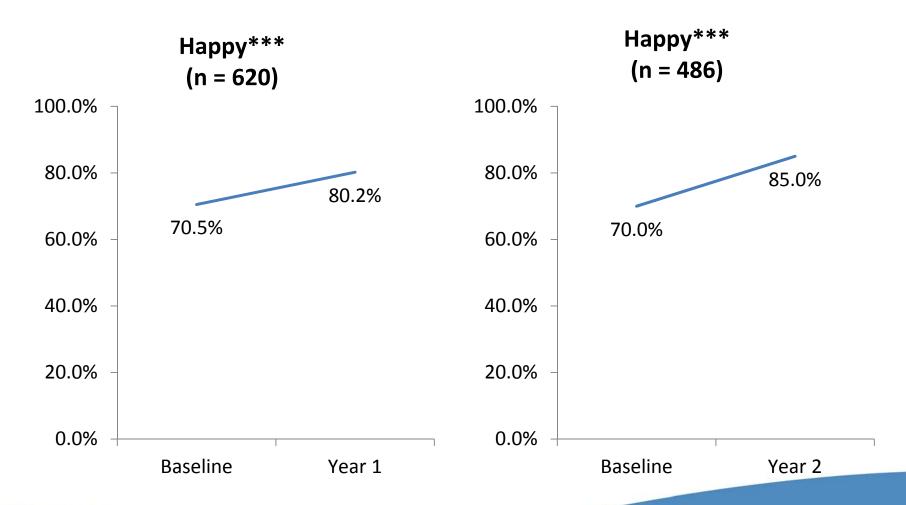








### 38. DURING THE PAST WEEK, HAVE YOU BEEN HAPPY OR UNHAPPY WITH THE WAY YOU LIVE YOUR LIFE?









## MODULE 7: HEALTH STATUS

Module 7 is a six-item measure used to assess the overall mental and physical health status of MFP participants.

#### Three items were analyzed:

- if participants felt sad or blue in the past week
- if participants felt irritable in the past week
- If participants had aches and pains in the past week







### HEALTH STATUS MODULE KEY TAKEAWAYS

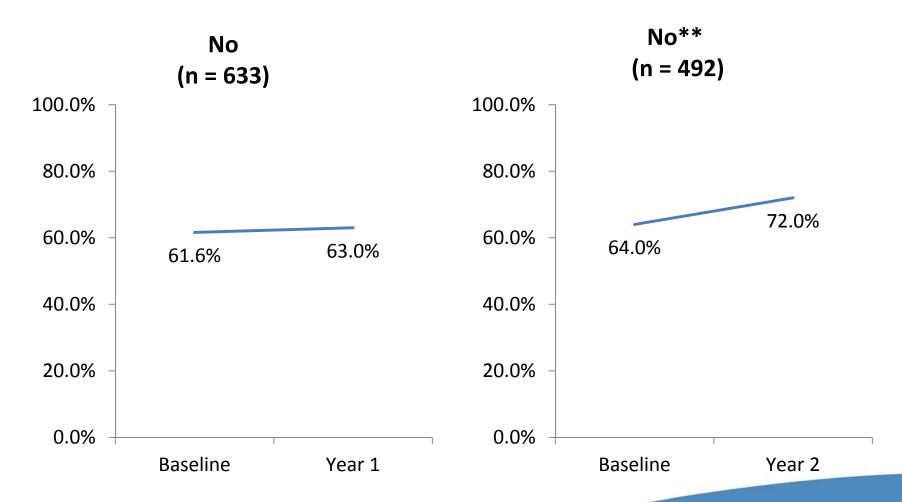
- At year one, participants reported similar levels of sadness, irritability, and pain when compared to the baseline.
- There is a shift in the trend at year two, with fewer participants indicating feeling sadness and irritability compared to the baseline.
  - A significant decrease in the number of individuals reporting feeling sad or blue in the past week was measured at year two when compared to the baseline.







## 39. DURING THE PAST WEEK, HAVE YOU FELT SAD OR BLUE?

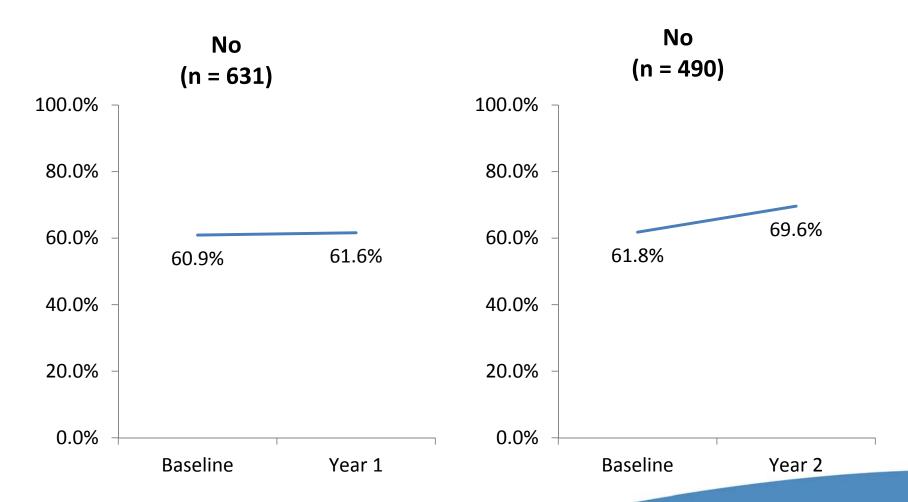








## 40. DURING THE PAST WEEK, HAVE YOU FELT IRRITABLE?

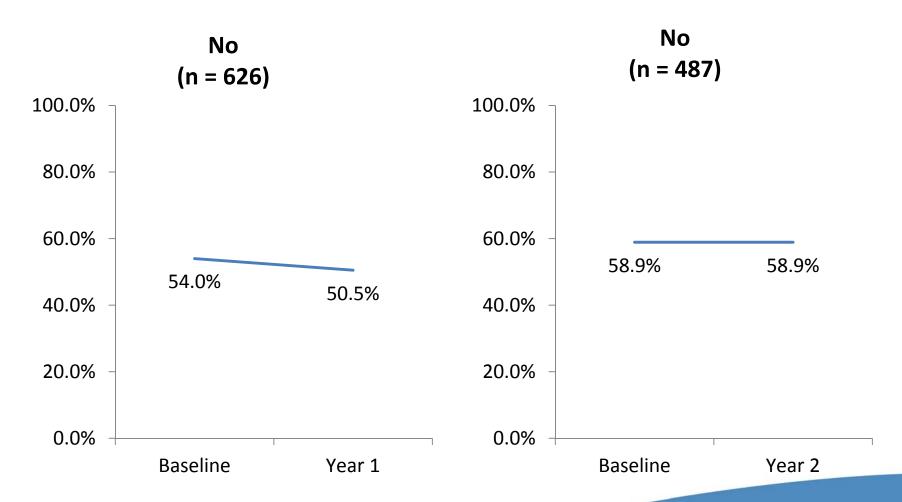








## 41. DURING THE PAST WEEK, HAVE YOU HAD ACHES AND PAINS?









#### SUPPLEMENTAL QUESTIONS

The GHPC and DCH developed 18 supplemental questions to the Quality of Life (QoL) survey. The questions were phased in between June, 2012 and November, 2012.

#### Nine items were analyzed:

- Transportation
- Living Situation
- Communication with Family or Friends
- Diet
- Housing Clarification
- Proxy Relationship
- Health Status
- Assistive Technology Devices and Durable Medical Equipment
- Employment







#### SUPPLEMENTAL QUESTIONS KEY TAKEAWAYS

- More than three-fourths of year-one and year-two participants indicated that they were able to get to the places they wanted to go as compared to baseline.
- About a third of year-one participants live in an apartment, while nearly half of year two participants live in a group/personal care home.
  - The majority of participants indicated that their current living arrangement was where they wanted to live.
- Of the participants who responded that there were areas of their life at home where they would like to increase their independence, the majority indicated that they wanted to be able to manage their activities of daily living.
- The top barrier given for not being able to work for pay or do volunteer work for year one and year two participants was their health condition.

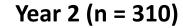


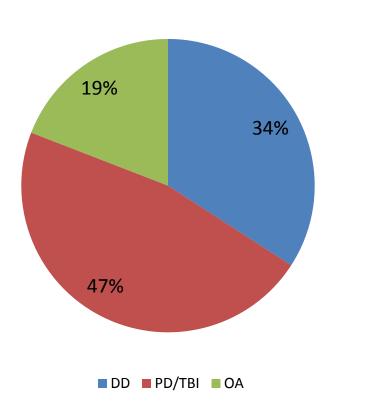


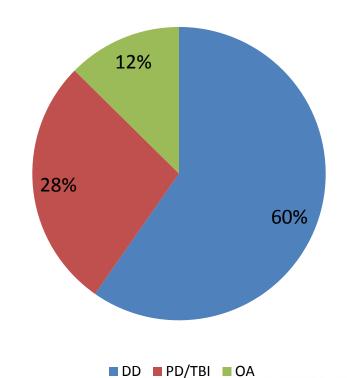


# SUPPLEMENTAL QUESTIONS: TARGET POPULATIONS

Year 1 (n = 246)





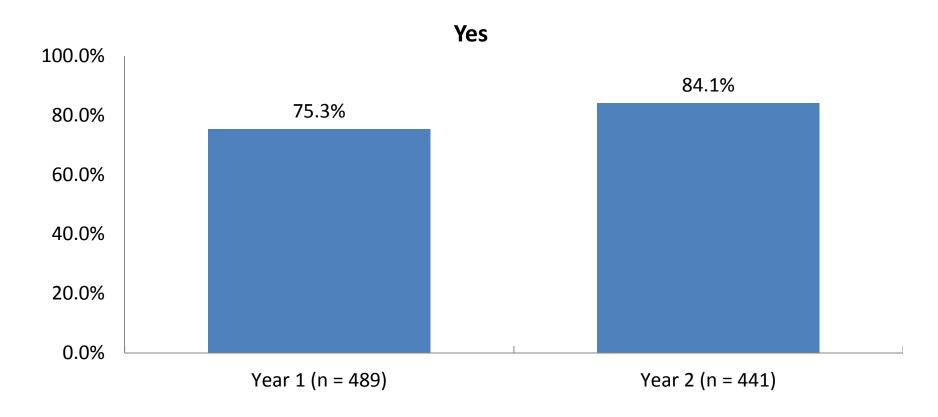








# 1. NOT INCLUDING MEDICAL APPOINTMENTS, CAN YOU GET TO THE PLACES THAT YOU WANT TO GO?

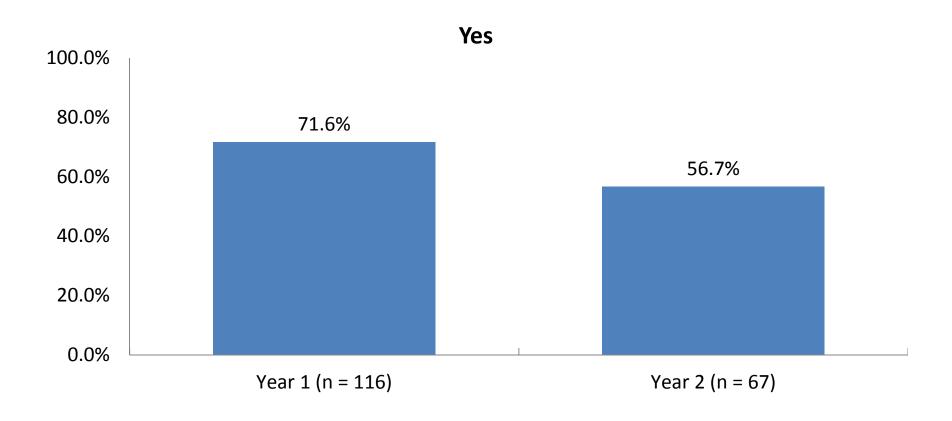








## 1A. IF NO, IS IT BECAUSE TRANSPORTATION IS NOT AVAILABLE?

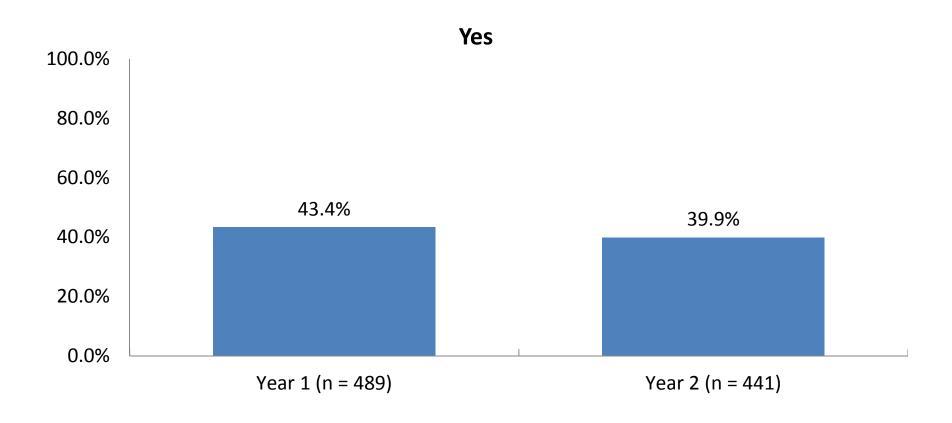








## 2. DO YOU CURRENTLY LIVE WITH FAMILY OR FRIENDS?

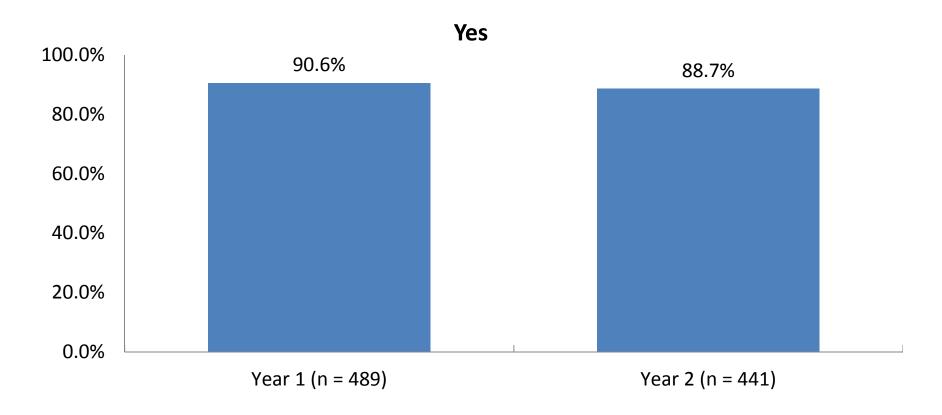








# 3. WOULD YOU SAY THAT YOU ARE ABLE TO COMMUNICATE WITH FRIENDS OR FAMILY WHEN YOU WANT TO?

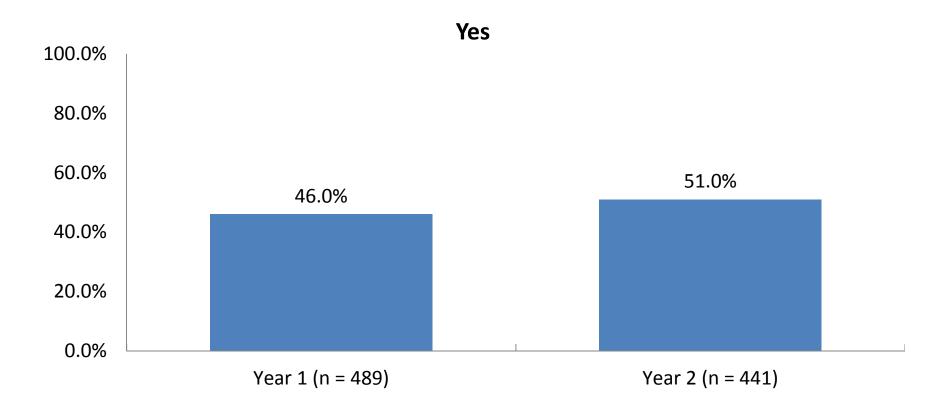








# 4. ARE THERE RESTRICTIONS OR REQUIREMENTS WHICH AFFECT YOUR ABILITY TO EAT WHAT YOU WANT?



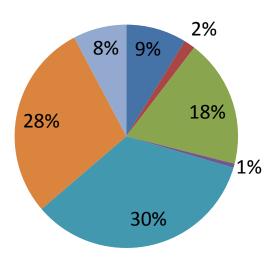






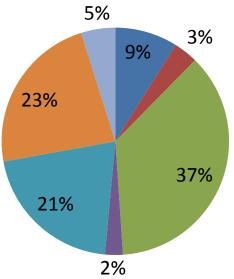
### 5A. HOW WOULD YOU DESCRIBE YOUR CURRENT LIVING ARRANGEMENT?

Year 1 (n = 489)



- Skilled Nursing Facility, Nursing Home, or Hospital (42)
- Host Home (8)
- Group or personal care home of 4 or less individuals (89)
- Group or personal care home of 5 or more individuals (3)
- An apartment (167)
- A house (or condominium) (137)
- Other (37)

Year 2 (n = 441)



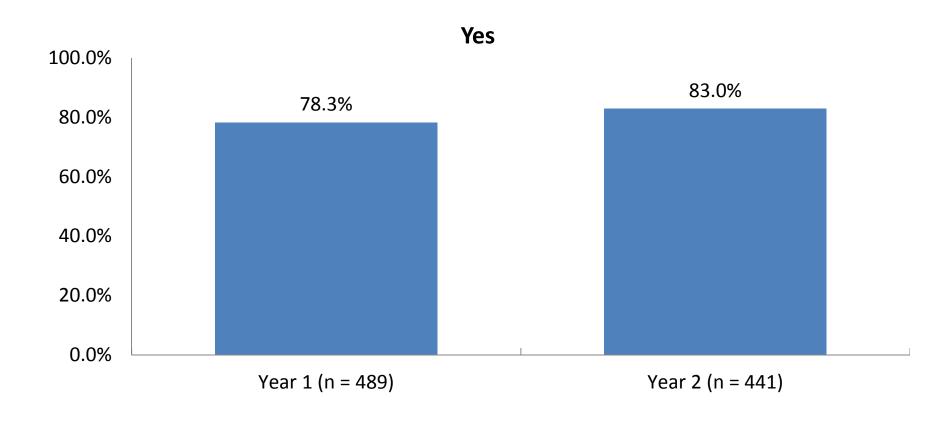
- Skilled Nursing Facility, Nursing Home, or Hospital (39)
- Host Home (15)
- Group or personal care home of 4 or less individuals (159)
- Group or personal care home of 5 or more individuals (11)
- An apartment (90)
- A house (or condominium) (100)
- Other (21)







#### 5B. IS THIS WHERE YOU WANT TO LIVE?



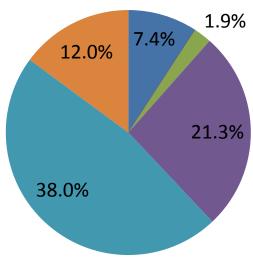






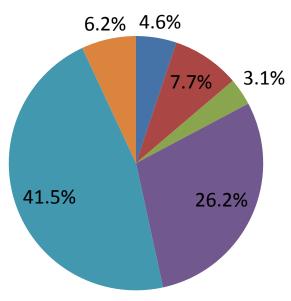
#### 5B1. IF NO, WHERE DO YOU WANT TO LIVE?

#### Year 1 (n = 108)



- Skilled Nursing Facility, Nursing Home, or Hospital
- Group or personal care home of 4 or less individuals
- Group or personal care home of 5 or more individuals
- An apartment
- A house (or condominium)
- Other

#### Year 2 (n = 65)



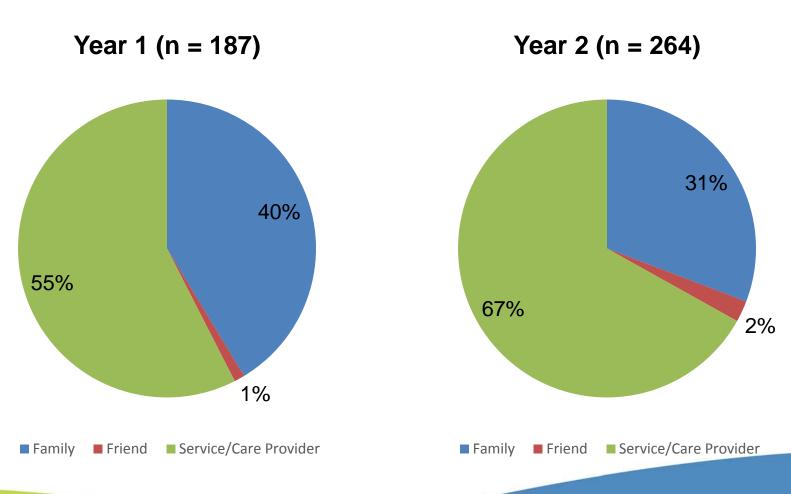
- Skilled Nursing Facility, Nursing Home, or Hospital
- Group or personal care home of 4 or less individuals
- Group or personal care home of 5 or more individuals
- An apartment
- A house (or condominium)
- Other







### 6. IF THE RESPONDENT IS A PROXY, WHAT IS THEIR RELATIONSHIP TO THE PARTICIPANT?

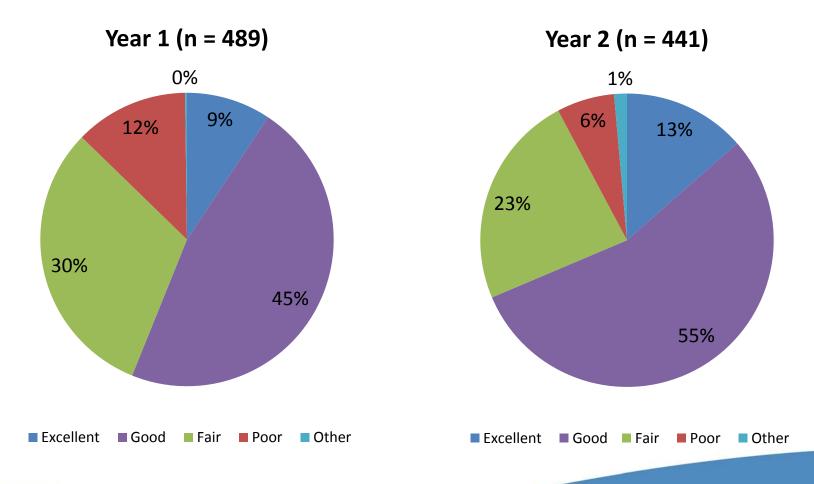








### 7. IN GENERAL, WOULD YOU SAY YOUR HEALTH IS:

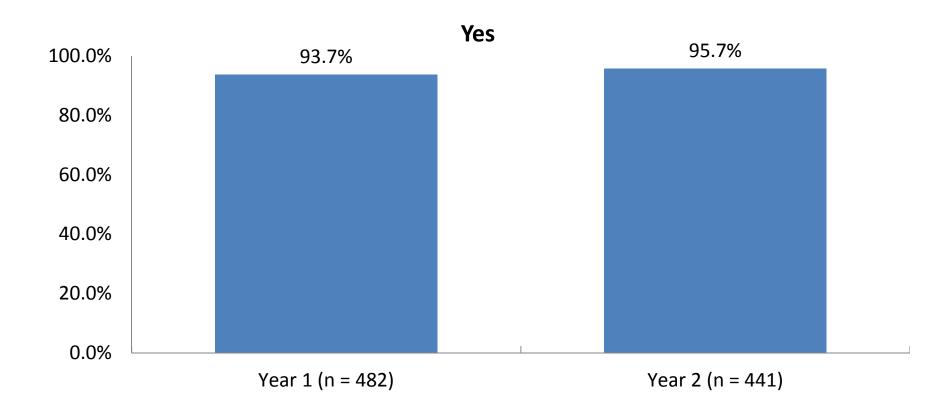








### 8. DO YOU HAVE A DOCTOR OR CLINIC THAT YOU GO TO REGULARLY?

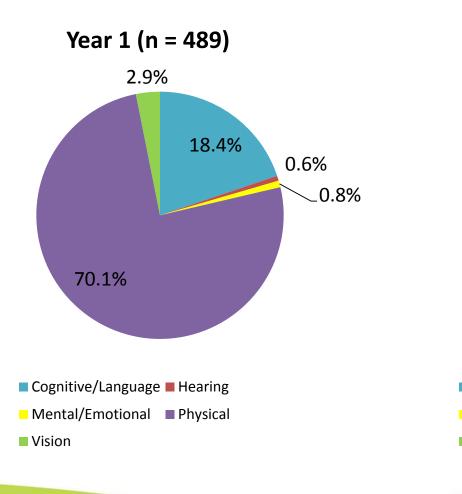


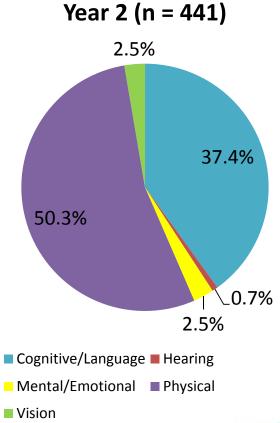






### 9. WHAT WOULD YOU SAY IS YOUR PRIMARY DISABILITY OR LIMITATION?



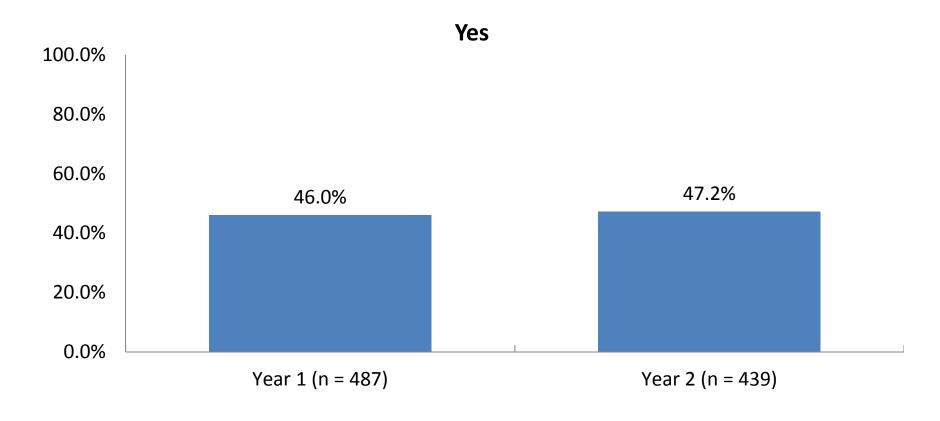








# 10. IS THERE AN AREA OF YOUR LIFE AT HOME WHERE YOU WOULD LIKE TO INCREASE YOUR INDEPENDENCE?

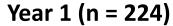


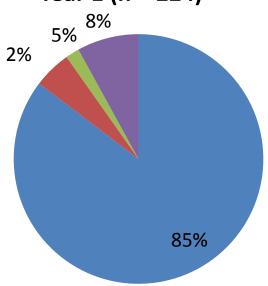




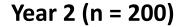


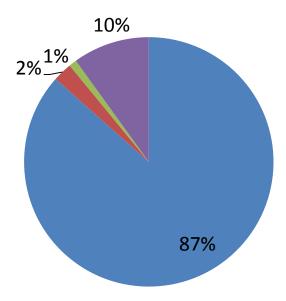
#### 10A. WHAT AREA?





- Activities of daily living & Instrumental ADLs (192)
- Independent social outings (11)
- Working or Volunteering (4)
- Other (18)





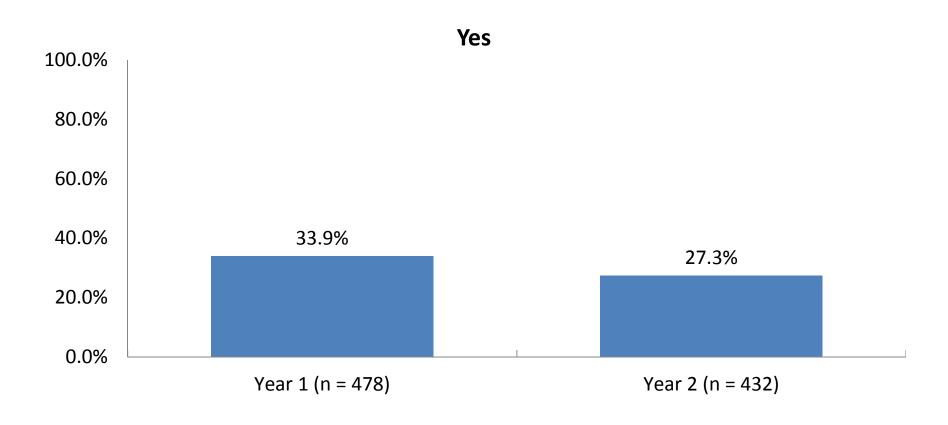
- Activities of daily living and Instrumental ADLs (174)
- Independent social outings (5)
- Working or Volunteering (2)
- Other (20)







# 11. ARE THERE ANY DEVICES OR SPECIAL EQUIPMENT THAT COULD ASSIST YOU TO REMAIN AS INDEPENDENT AS POSSIBLE IN YOUR HOME?





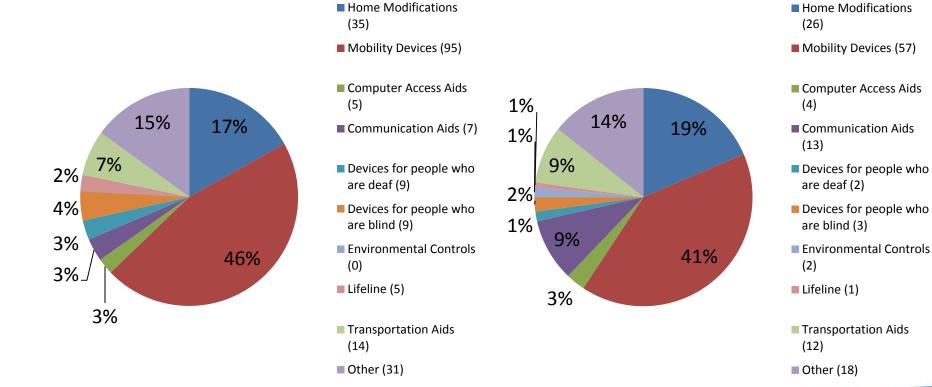




### 11A. WHAT TYPE OF DEVICE OR SPECIAL EQUIPMENT?

Year 1 (n = 212)

Year 2 (n = 124)



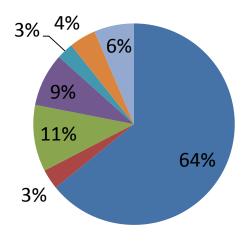






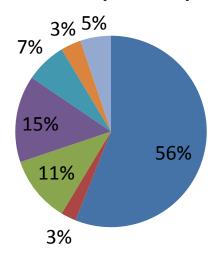
### 12. WHAT KEEPS YOUR FROM WORKING FOR PAY OR DOING VOLUNTEER WORK?

#### Year 1 (n = 153)



- Health Condition (120)
- Not sure where to start (6)
- Transportation (20)
- Personal Preference (16)
- Employer /Supplemental Security Income barriers (5)
- Lakc of equipment, assistive technology or therapy (8)
- Other (12)

#### Year 2 (n = 104)



- Health Condition (65)
- Not sure where to start (3)
- Transportation (13)
- Personal Preference (17)
- Employer /Supplemental Security Income barriers (8)
- Lakc of equipment, assistive technology or therapy (4)
- Other (6)







#### MFP QUALITATIVE ANALYSIS

- MFP participants have the opportunity to provide additional comments regarding their experience during the follow-up interviews.
- The slides that follow include a qualitative analysis of the cumulative comments collected from 143 participants or proxy respondents.
- Four major themes were present: positive transition and overall experience with MFP, challenges with the MFP program, post-transition challenges, and better quality of life post-transition.







## POSITIVE TRANSITION AND OVERALL EXPERIENCE WITH MFP

 A number of participants indicated that they had a positive experience with the overall MFP program in terms of it's services and transitioning back into the community. Participants expressed their happiness and appreciation for the program services and staff.

"This program really helped me and I sure appreciate it." – Participant

"It's a very good program. I was very grateful when I found out about it and was able to participate" – Participant

"They have been very good. They have not taken long to get me what I need. I didn't feel like they pitied me." – Participant







## CHALLENGES WITH THE MFP PROGRAM

 A number of participants indicated that while they had a good experience with the program, they were met with challenges as they transitioned back into the community. Participants expressed concerns regarding lack of information or clarity about program operations and procedures as well as the need for additional support.

"I was told I could get dental, vision, and hearing but no one followed up and I couldn't get those things." —Participant

"I was never told... that the money is only available for one year and what the amount is; who's spending it when you don't get it all? MFP helped me a lot and got me everything. Without it, I don't know what I would have done!" —Participant







## CHALLENGES WITH THE MFP PROGRAM

 Participants indicated that they experienced problems with the transition process such as delays in receiving services, not receiving services such as supportive devices or modifications they were promised, lack of flexibility among service categories, lack of follow-up, and lack of information or clarity about program operations and procedures.

"They weren't fair. The lady acted like the money was coming our of her pocket. She didn't want to help me and dragged her feet. It [MFP] expired and I wasn't able to get everything I needed." —Participant

"Case manager said she was going to check in with us but she didn't. She did not follow-up. I had to call other people to get in contact with her, and there was still a delay with follow-up even when I was finally able to get in touch with her." —Participant







#### POST-TRANSITION CHALLENGES

- Some of the challenges experienced by MFP participants after their transition included:
  - Staff issues including untrained staff, high staff turnover or the overall need for more hours/staff
  - Need for appropriate community services, activities, and opportunities to socialize
  - Issues with access to medical care, unmet medical needs, and Medicaid continuity problems
  - Limited access to transportation
  - Lack of information about services







#### POST-TRANSITION CHALLENGES

 Participants indicated that they experienced challenges integrating into the community and finding the appropriate care post-transition.

A participants' mother felt that moving back into the community was a challenge and stated, "she does not need to be in the community. I wish they would have kept her in the facility. She is blind and non-verbal and cannot care for herself."

"Aides were not too great, they needed to be instructed a lot and tend to slack off. We had a good experience with transition process, MFP has done a lot. However, it was a hassle to get a nurse to evaluate her [client] when she got out of the hospital." – Participant's son

"I found it to be an excellent program for the people with a handicap but I wish it would last for more than a year." –Participant

"This was a really good program it helped me a lot. I need more help though because you don't want to get a person in the community and just drop them." —Participant







### BETTER QUALITY OF LIFE POST-TRANSITION

- Of the participants who indicated having a positive experience with MFP, many shared the improvements in their quality of life which they frequently attributed to the program.
- Participants reported improvements in different aspects of QoL:
  - Happier
  - Healthier
  - Increased independence
  - Better living conditions
  - Opportunities to socialize
  - Being part of a community
  - Glad to be out of a nursing home







## BETTER QUALITY OF LIFE POST-TRANSITION

 Participants and proxy respondents described several different ways in which the quality of life of participants improved after transitioning to the community.

The participant now lives in a home with his wife and receives support from caregivers. His wife states that "being at home is so much better. I can sleep beside him. His care is attended to better at home."

"This program changed my life. I want to shout it from the rooftops. It gave me my life back and I want everyone that is in my situation to experience this program." —Participant

"Thank God there is MFP or I'd still be in the nursing home eating that food! This [apartment for people with disabilities] is like Mayberry. Everybody gets along. Even the police know me."

-Participant

"I think she is doing real well. In the rehab facilitation center, she would just stare at the ceiling. Now she is doing things that she wants to do and getting it done." —Proxy







#### FISCAL ANALYSIS

Before and after transition from an institution, participants have access to MFP grant funds to help pay for things not typically covered by Medicaid. MFP grant funds can help each individual's transition and accommodate his or her needs. The types of services and supplies covered by MFP grant funds are listed in the table below, along with when the service or supply is covered.

#### **Service Code List**

Service Code	Service	Pre or Post		
HGS	Household Goods and Supplies	Pre		
HHF	Household Furnishings	Pre		
LSC	Life Skills Coaching	Pre		
MVE	Moving Expenses	Pre		
PES	Peer Community Support	Pre		
PSS	Trial Visits	Pre		
SCD	Security Deposits	Pre		
TRN	Transportation	Pre		
TSS	Transition Supports	Pre		
UTD	Utility Deposits	Pre		

Service Code	Service	Pre or Post		
EMD	Environmental Modifications	Post		
EQS	Equipment and Supplies	Post		
HIS	Home Inspections	Post		
OBM/C OB/ HCO	Ombudsman Visits/Community Ombudsman/Home Care Ombudsman	Post		
SEE	Supported Employment Evaluation	Post		
SMS	Specialized Medical Supplies	Post		
SOR	Skilled Out-of-Home Respite	Post		
VAD	Vehicle Adaptations	Post		







### FISCAL ANALYSIS KEY TAKEAWAYS

- An observed decrease in spending on demonstration services has occurred since 2012, which was also the year with the largest enrollment.
- The service categories that accounted for the largest expenditures continue to be Environmental Modifications (EMD), Equipment and Supplies (EQS) and Household Furnishings (HHF).
- The service accessed most frequently was the Home Care Ombudsman (HCO).







#### FISCAL ANALYSIS

		Year													By Service			
Service Code	2009			2010		2011		2012		2013		2014		2015				
	N	Cost	N	Cost	N	Cost	N	Cost	N	Cost	N	Cost	N	Cost	N	Cost Expended	Average Cost	Percentage of Total
EMD	15	\$81,066	123	\$313,588	165	\$416,417	175	\$739,799	119	\$458,811	124	\$538,416	91	\$374,287	812	\$2,922,384	\$3,599	33.5%
EQS	59	\$26,327	218	\$101,515	423	\$245,707	607	\$319,673	556	\$279,588	582	\$308,693	621	\$324,474	3,066	\$1,605,976	\$524	18.4%
HHF	80	\$43,555	131	\$80,244	273	\$169,843	424	\$283,383	283	\$224,518	262	\$195,311	305	\$215,591	1,758	\$1,212,445	\$690	13.9%
HGS	96	\$17,320	243	\$56,866	246	\$92,472	787	\$152,528	662	\$143,306	477	\$109,919	620	\$124,516	3,131	\$696,928	\$223	8.0%
OBM/COB/HCO	147	\$21,750	331	\$49,350	316	\$47,325	404	\$47,615	635	\$59,550	1,309	\$113,194	920	\$74,652	4,062	\$413,435	\$102	4.7%
SCD	27	\$13,644	75	\$34,588	91	\$37,733	191	\$75,540	175	\$69,834	122	\$61,556	158	\$78,349	839	\$371,244	\$442	4.3%
MVE	40	\$8,661	154	\$31,007	265	\$50,046	376	\$58,454	322	\$53,314	221	\$40,009	268	\$46,611	1,646	\$288,101	\$175	3.3%
SMS							166	\$35,671	446	\$93,398	398	\$62,856	583	\$90,397	1,593	\$282,322	\$177	3.2%
PSS	1	\$1,044	43	\$11,533	44	\$25,477	93	\$40,443	95	\$33,751	63	\$23,088	118	\$54,443	457	\$189,779	\$415	2.2%
UTD	34	\$4,574	73	\$9,973	101	\$15,216	199	\$35,052	193	\$30,854	175	\$29,937	162	\$27,603	937	\$153,209	\$164	1.8%
TRN	7	\$183	65	\$10,003	72	\$14,393	189	\$29,194	157	\$25,796	134	\$23,556	203	\$35,016	827	\$138,141	\$167	1.6%
VAD	1	\$13			12	\$28,741	6	\$18,202	8	\$25,087	8	\$25,431	10	\$25,874	45	\$123,348	\$2,741	1.4%
HIS					3	\$550	60	\$23,016	139	\$29,782	131	\$40,545	108	\$33,075	441	\$126,968	\$288	1.5%
TSS	3	\$798	42	\$7,107	65	\$12,787	95	\$13,366	93	\$12,869	97	\$14,275	111	\$16,942	506	\$78,143	\$154	0.9%
PES	51	\$3,203	211	\$11,080	152	\$14,547	35	\$5,763	11	\$2,734	68	\$17,311	75	\$18,503	603	\$73,140	\$121	0.8%
SOR	1	\$1,379			13	\$9,956	7	\$5,787	4	\$6,459	3	\$1,602	7	\$7,724	35	\$32,907	\$940	0.4%
CGT/COE	1	\$1,200			3	\$940	2	\$575	14	\$3,525	7	\$1,613	12	\$2,691	39	\$10,543	\$270	0.1%
LSC							1	\$100	4	\$1,100	8	\$1,779	4	\$2,450	17	\$5,429	\$319	0.1%
Annual Total	563	\$224,715	1,709	\$716,852	2,244	\$1,182,149	3,817	\$1,884,161	3,916	\$1,554,276	4,189	\$1,609,090	4376	\$1,553,198	20,814		\$419.16	100.0%
Grand Total	Srand Total \$8,724,442																	

Note: N= the number of times a category was accessed. One participant may have accessed a category multiple times.

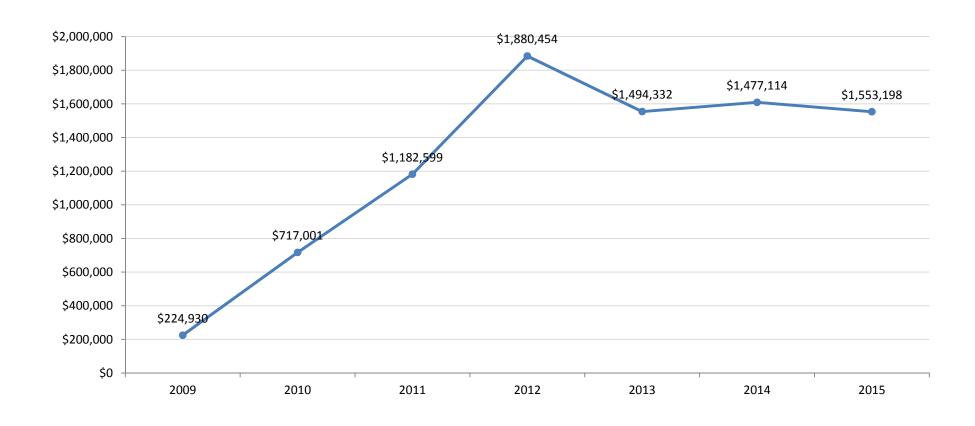






<sup>\*</sup>Services categories were modified and added in June 2012.

### FISCAL ANALYSIS









# FOR QUESTIONS OR COMMENTS ABOUT THIS REPORT, CONTACT:

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