Repetitive Acts Now

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ABSTRACT

This paper explains at the intersection of Memory theory, Feminist Theory, Existential Psychology, Faith and Contemporary Art, I have found a way to embrace and integrate memories and experiences into my art and be a more fully integrated, emotionally healthy person living fully in the present moment. I articulate my exploration of the broad concept of memory and addressing unresolved negative memories in order to realize healthy change in forming my identity.

Through art and philosophical research I have found substantial corroboration, conceptually supporting my information supporting my Post Minimal art making process. I employ memory evoking materials through the use of repetitive acts and strict self-imposed rules throughout the art making process, communicating ne living in the present moment, embracing yet uninhibited by their past.
INDEX WORDS: Memory, Identity development, Individual memory, Cultural memory, Traditional historical documentation, Non-traditional historical documentation, Feminism, Feminist documentation, Feminist art, Pattern and Decoration movement, Existentialism, Post Minimalism, Christian Boltanski
REPETITIVE ACTS NOW

by

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REPETITIVE ACTS NOW

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DEDICATION

I would like to dedicate this thesis to my loving parents, Robin and Kathy Peacock. They have offered me support physically, emotionally, and financially throughout this wonderful educational and creative experience. Without my parents aid, my thesis show would not be the success it is today.
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1 INTRODUCTION

“We both know what memories can bring – They bring diamonds and rust.” – Joan Baez, 1975

For the last 3 years, my work as an artist has been concerned conceptually with the theme of memory. Childhood recollections, in particular, play an important role. Experiences in both private and public spheres distort the memories from my early youth and contribute to perceptions and beliefs in adulthood. An idea or perceived certainty from childhood is difficult to alter and let go in order to mature intellectually and even spiritually. I have focused my exploration of this broad concept toward addressing unresolved negative memories in order to realize healthy change in forming my identity. Through art and philosophical research I have found substantial information supporting and cultivating my art process and concepts. At the intersection of Memory theory, Feminist Theory, Existential Psychology, Faith and Contemporary Art, I have found a way to embrace and integrate memories and experiences into my art and be a more fully integrated, emotionally healthy person living fully in the present moment.

The integration between my art process and the materials I utilize is significant. I use fragments of clothing, found objects and archival paper as a metaphor for memory or event in one’s life. Clothing belongs to a specific person, and the more it is worn, the more potent the memories it represents. Insignificant objects, such as a floral printed apron, or embroidered hat can function as an archive, evoking memories of experiences that have shaped a personal or collective identity. I employ memory evoking materials through the use of repetitive acts and strict self-imposed rules throughout the art making process, communicating one living in the present moment, embracing yet uninhibited by their past.

2 IDENTITY DEVELOPMENT IN RELATIONSHIP TO MEMORY

“Memory is the diary we all carry about within us.” – Oscar Wilde

Recalling events, experiences, information and skills; Memory is the framework from which people make sense of the world. Likewise, making connection with an individual sense of self and identity is important for relating and understanding the world. Memory and identity are two broad terms that are frequently used in cultural dialogue. The two are not disparate entities. These two phenomena are intertwined: identity relies on the concept of memory, and memory, in turn, relies on an understanding of identity. Social historian John Gillis argues, “The core meaning of any individual or group identity, namely, a sense of sameness over time and space, is sustained by remembering; and what is remembered is defined by the assumed identity.” A parallel can be seen between the way memory and identity upholds each other and the way they uphold certain subjective positions, social boundaries, and power. Although there is substantial proof that memory can be highly accurate, it is imperative to acknowledge that memory and identity are not fixed and complete.

2.1 Artwork Description and Process

After recognizing the relationship between memory and identity, I focused on making art from materials that would symbolize this connection. In order for me to communicate that each of my art works had an identity and a past, I exploited a variety of my failed paintings from earlier years. My old, failed paintings gave me a structure with an authentic past to work on, ultimately creating a new painting. Artist, Christian Boltanski greatly influenced my process. I saw him using groupings of dirty found objects combined with photographs and his drawings to lend the work character and show its history. So I began sanding down my old panels, painting over them again, and drawing on each one

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2 Oscar Wilde, The Importance of Being Earnest, (1895), 2:11.
5 Gilles, 4.
with a specific personal memory in mind. The new painting panels represented the actual event, solid and unchanging. I cut up clothing that held sentimental value to me. I dipped the fragments in clear gel medium and placed them on top of each panel like a souvenir on a display shelf. This combination signified my perceived memory of the event, malleable and metaphysically connected to the original objective happening (the panel). These early works were concerned with individual memory, and my work continued on this trajectory into Cultural Memory.

Figure 1 Memory Self-portrait, 2008, Mixed media
3 CULTURAL MEMORY

While an individual maintains memory and identity, individuals also constitute and influence other private identities, such as family. Individuals also comprise public identities, such as national and cultural identity. Subsequently, this dynamic can cycle showing public memory and identity contributes to the construction of individual memory and identity. Paul Connerton observes,

“Cultural memory is an act in the present by which individuals and groups constitute their identities by recalling a shared past on the basis of common, and therefore often contested, norms, conventions, and practices. These transactions emerge out of a complex dynamic between past and present, individual and collective, public and private, recall and forgetting, power and powerlessness, history and myth, trauma, nostalgia, conscious and unconscious fears or desires.”

Memories can be forgotten over time and even altered or distorted. The recollection of an event can be interpreted in as many ways as the number of individuals giving an account. Memory and identity are highly subjective and can be manipulated subconsciously or deliberately to maintain certain interests and agendas. Many times societies hold beliefs about their pasts that are based on stories and myths that change and develop over time, hardly resembling the events that gave rise to the preliminary beliefs. This misremembering can have the dangerous effects, breeding sexism, elitism, racism, and even genocide. As clearly observed in recent attempts by some erratic groups to deny the occurrence of the Holocaust, memory distortion has the potential to eventually blot out catastrophic atrocities from a society’s memory. While examining collective identity formation and considering memory distortion with the possibility of omitting events from history, it is crucial to examine the agendas of the people

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8 Schacter, 3.
and institutions documenting history, and how the memories are being transmitted to inform future generations.

3.1 Traditional Historical Documentation

For centuries societies relied on that historian’s interpretation of the past, and made that history fundamental in educating future professionals. The historians have almost entirely been property owning, heterosexual, white males writing in support of their social and political interests. Most dissenting views and experiences by minorities and women have been ignored. Gender, along with race and class mark identities in different ways and provide a means by which cultural memory is located in a specific context rather than included into colossal and essentialist categories. Moreover, gender is an inescapable dimension of differential power relations, and cultural memory is always about the distribution of and contested claims to power. What a culture remembers and what it chooses to forget are intricately bound up with issues of power and domination, and thus with gender.

3.2 Non-Traditional Historical Documentation

Recently there has been a push for change in the approach to documenting history. Actually, in relation to time, as Feminism has progressed, so has the shift in documenting the past. There has been considerable interest in scholarship examining the images and uses of history in Western culture. A wide variety of disciplines are now examining assorted ways in which the memories of a society are formed, disseminated, and comprehended. Rather than characterizing a single group or institution’s beliefs about the past, new studies are investigating correlations between different accounts of history within the broader public arena. Individual memory is formed by group communication, intimately

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linked to a collective memory of the community. For example, historian David Glassberg observes, “Historians working with community groups are in a good position to discover the relationship of the memories that circulate within families or among friends, as well as in towns, regions, nation, and mass media.” Now a broader range of credible types of institutions and ideas are being incorporated in conjunction with traditional historical scholarship to construct collective memory. This liberal and expansive documentation of history allows for a more truthful reflection of the past and is capable of more accurately influencing community. Learning the importance of new forms of historical documentation is exciting to me, and influenced me to consider my work as a type of artistic and historical archive.

3.3 Feminist Documentation

I continue to be encouraged with the route my art takes when I look to feminist studies. Feminist studies and current memory studies invariably support each other. Both presuppose that the present is defined by a past that is constructed and contested. Feminism and memory studies assume that the public studies the past to meet the needs and concerns of the present time. Both fields emphasize the uniqueness of the individual in his or her social and historical context and are therefore suspicious of universal categories of experience. Developments in feminism and a number of Psychology studies on cultural memory demonstrated that the content, sources, and experiences that are recalled, forgotten, or suppressed are of profound political significance. What we know about the past, and thus, our understanding of the present, is shaped by the voices that speak to us out of history, making all testimonies crucial for realizing an accurate identity.

12 Glassberg, 10.
14 Schacter, 2.
FEMINIST ART

I continue to observe that the accepted forms of legitimate historical archives are growing, due in part to feminist art. From feminist and other varieties of social history, I have learned that public media and official archives memorialize the experiences of the powerful. To find the testimonies of the oppressed, feminists have turned to alternate archives such as visual images, music, ritual, performance, material and popular culture, oral history and silence. Feminist theory questions claims to the reliability and bias of narrative, seeking to understand innovative ways in which truthfulness might be assessed and used. Feminist scholars and particularly Feminist artists analyze and document the practices of private everyday experiences, recognizing that they are as politically revealing as any event played out in the public arena. Redefining culture from the perspective of women through the retrieval and inclusion of women’s work, stories, and artifacts is an ongoing process, where I believe my art can be placed. Marianne Hirsch observes, “Feminist readings of autobiography and memoir, and feminist oral history have struggled to define the gendered manifestations of these literary genres and therefore began to analyze gender differentiations in acts of personal and cultural memory.”¹⁵ In the same vein, Glassberg comments, “It seems that men narrate history as a succession of events, whereas women curate history as a web of objects and places.”¹⁶ Essays on history, literature and psychoanalysis are supplemented by poems, visual texts and art that are in themselves, acts of memory. Psychological and political structures of forgetting or repression have disempowered women or enabled them to cover their own painful past. Forgetting and suppression must be contested by active remembering. Therefore, the practice and analysis of cultural memory can in itself be a form of political activism.

Art functions as an act of memory and is critical in developing collective identities, as well as individual identities. Hirsch articulates, “Always mediated, cultural memory is the product of fragmentary

¹⁵ Hirsch, 3.
¹⁶ Glassberg, 22.
personal and collective experiences articulated through technologies and media that shape even as they transmit memory. So, acts of memory are acts of performance, representation, and interpretation.”  

Therefore art can be a form of memory transference, because both require communicators and specific contexts.

This is certainly true for the recall of traumatic events. Art and other cultural artifacts such as photographs and published texts of all kinds can mediate between the parties to the traumatizing scene and between these and the reader or viewer. The recipients of the account perform an act of memory that is potentially healing, as it calls for political and cultural solidarity in recognizing the traumatized party’s predicament. Empathy between the teller and listener is required for this healing to take place. Significantly, Empathetic Identification is considered by scholars to be gendered or more predominant in women.

Clothing can function as a representation for the abstraction of the human body and other human qualities. Some women artists have employed clothing as a medium in contemporary art. The contribution of early feminist theory to more recent clothing related work cannot be overestimated. Nina Felshin documents, “In the celebration of women’s lives and experience- including “women’s work”- 1970s feminist artists recognized such traditionally feminine materials as fabric, methods of sewing, and forms as clothing as viable subject matter and formal means for art.”

Artists of the 1980s and 90s, whose works acknowledge or adapt the feminist critique of representation with theories of sexual difference, theories of psychoanalysis, and theories of construction and deconstruction of sexual and cultural identity are indebted to the formal precedent established by first generation feminists.

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17 Hirsch, 5.
4.1 Pattern and Decoration Movement

Miriam Schapiro is credited with establishing the movement called Pattern and Decoration (or P & D). This art movement challenged traditional Western European art by foregrounding decorative patterns and textiles from other cultures such as Chinese, Indian, Islamic, and Mexican. Schapiro is a pioneer in feminist art who reevaluates roles assigned to women in art and society. She embraces those crafts traditionally associated with women, and uses them as a foundation for her art in an attempt to give further authority and credibility to the role that women have played in the history of art. Schapiro coined the term "Femmage," which stands for the female laborer's hand-sewn work (such as embroidery, quilting, cross-stitching, etc.) that rivals and precedes the "high-art" collage. Schapiro is one of the first artists in history to make art addressing the feminine experience. Women’s clothing used in contemporary art can evoke the owner of the clothing and comment on the shared experience of being female in society. Properties of the materials themselves dictate sculptural forms, the worn clothing, like all recycled material, embodies histories and references that then become part of the meaning of the pieces. Materials and such connective processes as the needle arts (and by extension, experiences) that are associated with women become viable subject matter for art.

4.2 Artwork Description and Process

At the end of my 1st year in the MFA Program at Georgia State University, I focused on making work that visually expressed the paralleling characteristics that clothing and memory have as protection and comfort, constraint, sentimental attachment formed, power, energy, and the idea of individual and collective memory. I embraced traditionally female materials and found objects as personal and cultural archives by creating a series of fabric sculptures, fabric stacks and cut-out men’s shirt collars and pant crotches. My new knowledge of “the archive” and Feminist Art influenced me to maintain a symbolic connection between the materials employed and also to embrace working with them intuitively.
I think of the fabric sculptures as loose portraits or archives. In constructing them, I began recalling my own memories and stories others had shared with me, mixing parts of the two together and forming a new version of the original events. Next, I compiled objects and clothes that seemed to fit with the new portrait and its new story. I cut up the clothing into small fragments. Then, I joined all of the objects for the portrait with tape, string and glue to form the body of the sculpture. Lastly, I took the clothing fragments and bound each one to cover the majority of the body, now giving the piece its own clothes or skin. Although the materials and clothing of each sculpture were deliberately chosen, the combination was a much more intuitive process.

Figure 2  *Baseball*, 2009, Mixed

Figure 3  *Drill Bits*, 2009, Mixed Media

Around this same time, I started experimenting with stacking fabric in an effort to symbolically indicate one’s memory of an event and the truth of the event. I began cutting squares and rectangles of the same size and stacking them on top of each other forming 1-3” blocks for each piece. The fabric blocks were derived from outfits that were at one point in time worn together (jeans, tee-shirt, cardi-
gan, panties). The outfits signify what the individual wore during the recalled event. The cutting up of the clothing references fragmented perceptions and the diverse layers of one’s memory of the event. The clothing stacks are a way to give a voice to an experience that might be considered insignificant to others, supporting a feminist archive.

Considering the personal and cultural archive, I am strongly influenced by Christian Boltanski’s art. His installations with old clothes, lamps and recycled materials resonate with me visually and conceptually. However, I work on a smaller scale. During my 2nd year, I began cutting out the collars of men’s button down work shirts and the crotches out of pants and hung them in groupings of three. Again, the collection of these shirts and crotches denote an archive. The number of shirts or crotches was not so important to me. More so was the idea of their plurality in general. The collars were hung on the wall in an oval shape that formally references a vagina, yet the form is made from men’s work shirts. The crotches clearly have a gendered and sexual connotation. I wanted to hint at the complex dynamics between men and women in private and in public spheres. The physical, emotional and political power struggles rooted in and perpetuated by gender stereotypes or gendered expectations that I have experienced inspired these pieces. However, I did not want to be too literal in connoting what these shirts and crotches could mean. I left only enough information for the viewer to contribute their own story.
5 existential psychology influence

“The historical sense involves a perception, not only of the pastness of the past, but of its presence.” – T.S. Eliot

Through researching the formation of individual and cultural identities and memory, I became interested in humanist theory and in Existential Psychology. At the end of my second year of graduate school, I needed a way to move forward in my art and my personhood by using my memories, yet not allowing them to trap me in the past. I found this pathway in my Christian faith and in Existential Psychology. Existentialism derived from Danish philosopher Søren Kierkegaard’s studies. Kierkegaard was a Christian who fused theology and philosophy. He was one of the first philosophers concerned with an individual’s subjective history rather than a scientific, objective history. Thus, one should not only believe Christian theology, but one should put action to Christian doctrines for a closer relationship with God. Philosopher Matthew Gerhard Jacoby explains,

“Kierkegaard emphasizes the fact that it is empirical being that is the object of thinking, and that with this everything is placed into a ‘process of becoming’ since the object is unfinished. What ensues from this is that truth is something that includes the thinking subject; it is the manner of the relationship between the mode of the subject’s thinking and his/her concrete being.”

I acknowledge if one can think, choose and is continually in the ‘process of becoming’, then one is capable of healing from past experiences.

German philosopher Martin Heidegger (1889-1976) expounds on Kierkegaard’s theories. Heidegger addresses the idea of an individual’s being, existing as his/her own subject. His studies looked at events in terms of their meaning for the individual, phenomenological coordinates of time, space, causality, and materiality and how these are experienced in order to derive one’s total worldview. Heidegger...

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ger defined his philosophy as ‘speculative philosophy for which man’s existence consists chiefly in receiving the gift of Being, which he has not created.’

Christian Existentialism has had a strong influence on my artistic journey. This theology allows for revisiting memories and accepting validation through faith in order to heal. With Christian Existentialism, an individual has the freedom to make choices and is held responsible for those choices. Without the freedom to decide, one cannot have true responsibility or authenticity. Natural consequences, good or bad, will ensue. However, love is inherent to Christian principle and by extension forgiveness for harmful choices made to oneself and to others, alike. Christian Existentialism explains an important part of the healing process. Kierkegaard’s theory of the spheres of existence has a strongly influenced the healing aspect of my art. The three spheres are the aesthetic, the ethical, and the religious. Most people live an aesthetic life in which nothing matters but appearances, pleasures, and happiness. It is in accordance with the desires of this sphere that people receive their validation from ever changing and often morally corrupt social conventions. Kierkegaard also considered the pursuit of fame or having a reputation for rebelliousness to be a personal aesthetic choice. The second group is the ethical sphere. In this sphere, people try their best to do the right thing and are not concerned with social achievements. The third and highest sphere is the faith sphere. The people living in the faith sphere give themselves entirely to God out of choice. They have a personal relationship with Him and receive validation from only Him. Living in the faith sphere and giving and receiving love and forgiveness are part of my worldview and give me a place from which to create art.

5.1 Artwork Description and Process

“Life can only be understood backwards; but it must be lived forwards.” –Soren Kierkegaard

While concluding my second year of graduate school, the experience of healing and validation through my faith began to influence my work. I continued to employ materials commonly associated

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with feminism such as needles and thread. However, I wanted to symbolize a reassessment of memories and acknowledgment that perfection by other’s terms is impossible. I created a series of work in which I attempted to stitch multiple straight lines across an archival piece of paper by hand. Each piece was time consuming and surprisingly labor intensive. As hard as I tried, my stitched lines were never perfectly straight. The imperfect stitches represent my belief that perfection is not possible in any capacity. This implies redemption and forgiveness from God is a priceless gift. Living in Kierkegaard’s faith sphere, one can pass the gift of forgiveness to others, as well as oneself. Forgiving does not erase past actions but frees and heals one from mental angst attached to past memories, allowing for their healthy integration in one’s present life.

Following that series of stitched works on paper, I began experimenting with a large scale sculpture to give the viewer a visceral sense of inner healing. In retrospect, I recognize the size of the sculpture I attempted correlates with the emotional impasse one can experience when only dwelling on the past, never healing and then moving forward. I built a 7 foot, human-sized cocoon out of pink Styro-
foam, chicken wire and plywood. This sculpture has a spiral base with an opening down one side so the viewer can enter the cocoon. The cocoon is wrapped in large strips of clothing, ranging from female baby clothes to adult clothes. This piece signifies a woman’s use of her memories to build a more sheltering environment. The opening allows her to leave the wall she built up around herself – her protection and constraint. The cocoon’s conceptually and physically engaging enormity forces the viewer to notice its presence.

Through acknowledging the possibility of healing in Existentialism and Christianity, my art made a significant shift, an impetus to communicate inner healing. The weight of emotional baggage can be crippling, and I wanted to create pieces representing a counteraction to that. My next work (titled Life Line) was made out of 4, 12 foot ropes. I thought of this piece as pulling someone emotionally higher, out of their troubles to a place of weightlessness. I coiled large strips cut from old clothes around each rope. One rope had only white clothing strips coiled around it. This rope symbolized the presence of a pure, higher being. All four ropes were braided together for strength. The rope hangs vertically from the ceiling, coiled at the bottom on the floor.
6  POST MINIMALISM

In reviewing my art created during the last three years, Post Minimalism tendencies have become apparent to me. I utilize simple, everyday objects as non-traditional art materials in visually formal ways. Artists Eva Hesse and Tom Friedman emphasized the manufacturing of art using unconventional materials encouraging the expansion of newly accepted issues and media in art, and have a great aesthetic and conceptual influence on my art. The repetition of the visual elements in my art (square and rectangle- individual fabric stacks, fabric stack installation, archival needle poked paper; circles- collars and collar installation, sewing needle holes in archival paper; vertical and horizontal lines- ropes, stacked sewing pattern cutouts, ect.) formally correspond to post modern influences. In addition, my works are a product of my concern with personal and social memories, accurate history archiving, and inner healing. My repetitive actions used to form work (cutting the same shape of fabric, stacking, poking holes in paper, buttoning-unbuttoning, stitching without looking and coiling) also function in reflecting those concepts. Post Minimalist art highlights and exhibits the physical processes involved in creating art, as my work does. Embracing my affinity to this art movement has helped me to understand my work in the broader context of art history. Realizing the paralleling characteristics of Post Minimalism and my art is important because now my work is more cohesive conceptually, philosophically, and physically than at any previous point.
7 CONCLUSIONS

During my thesis year I am focusing on how to assess what happens after healing takes place, and how my art can shift to indicate a state of post-healing. Working from a new place, embracing more succinct and universal concepts, results in my work being increasingly minimal and process oriented. I focus on being mentally and physically present during the creation of each piece. Parameters and guidelines are established for this new work. I rely on these parameters, guidelines and the repetition of action to create my work. My materials are a fusion of archival paper, sewing needles, and thread. My repetitive actions include punching holes through the paper for different durations of time without any preconceived pattern. The hole-punching is intuitive and meditative. I stitch for stretches of time as well, sewing off the paper and around it, enjoying rhythmic motions and interacting with the materials in an instinctive way. The papers present and hold supple textures from the needles breaking their surface time after time, referencing a slow decay. The more holes punched, the softer the paper appears, and the pieces begin to suggest fabric. The stitching encourages this reference to fabric. I do not alter the color of the papers, sewing only with white and flesh colored string, adding monochromatic layers to
the non-dyed papers. These stitches appear subtly in the translucent paper, implying surgical stitches, giving the pieces a bodily reference. The holes punched create shadows on the walls behind each piece. The clusters of shadows are faint, abstract and impermanent, ephemeral, blurring in many places and distorted depending on each curve and crease of the papers. These shadows are important elements to this series because they represent the nature of memory; subjective to each individual, yet created by a physical event.

In all of my work throughout the last 3 years, I intentionally avoid revealing specific personal memories. My art is premised on personal memory, but the details are not important to share with the audience. By evading any anecdotal storytelling, my art becomes more universal and less about me. The individual works are open for the viewer to project their own thoughts and memories onto. Through my thesis work, I see the relations of Feminism, Post Modernism, healing and memory and how they are intertwined. Because of these things, my impetus to create new work has never been stronger.
8 REFERENCES


